

Στρογγυλό Τραπέζι Ανοσοθεραπεία

*Εξελίξεις της ανοσοθεραπείας στους συμπαγείς όγκους
και στις ανοσολογικές ανεπιθύμητες ενέργειες*

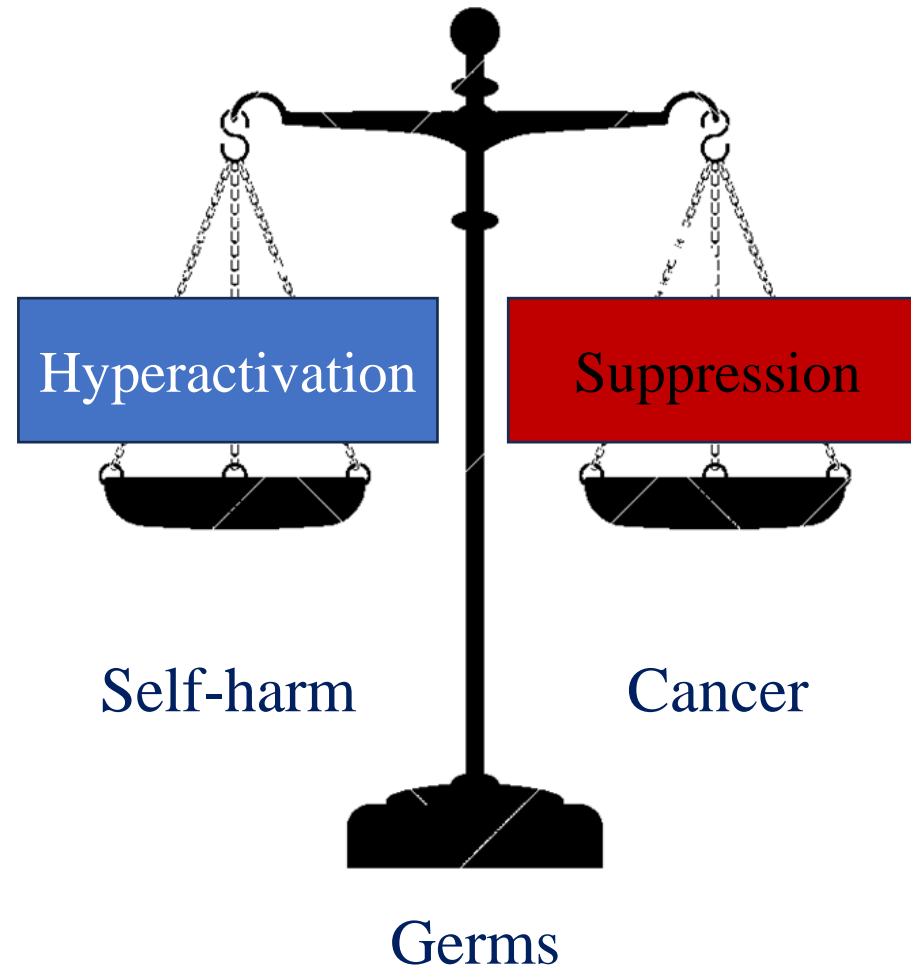
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OCTOBER 03, 2025

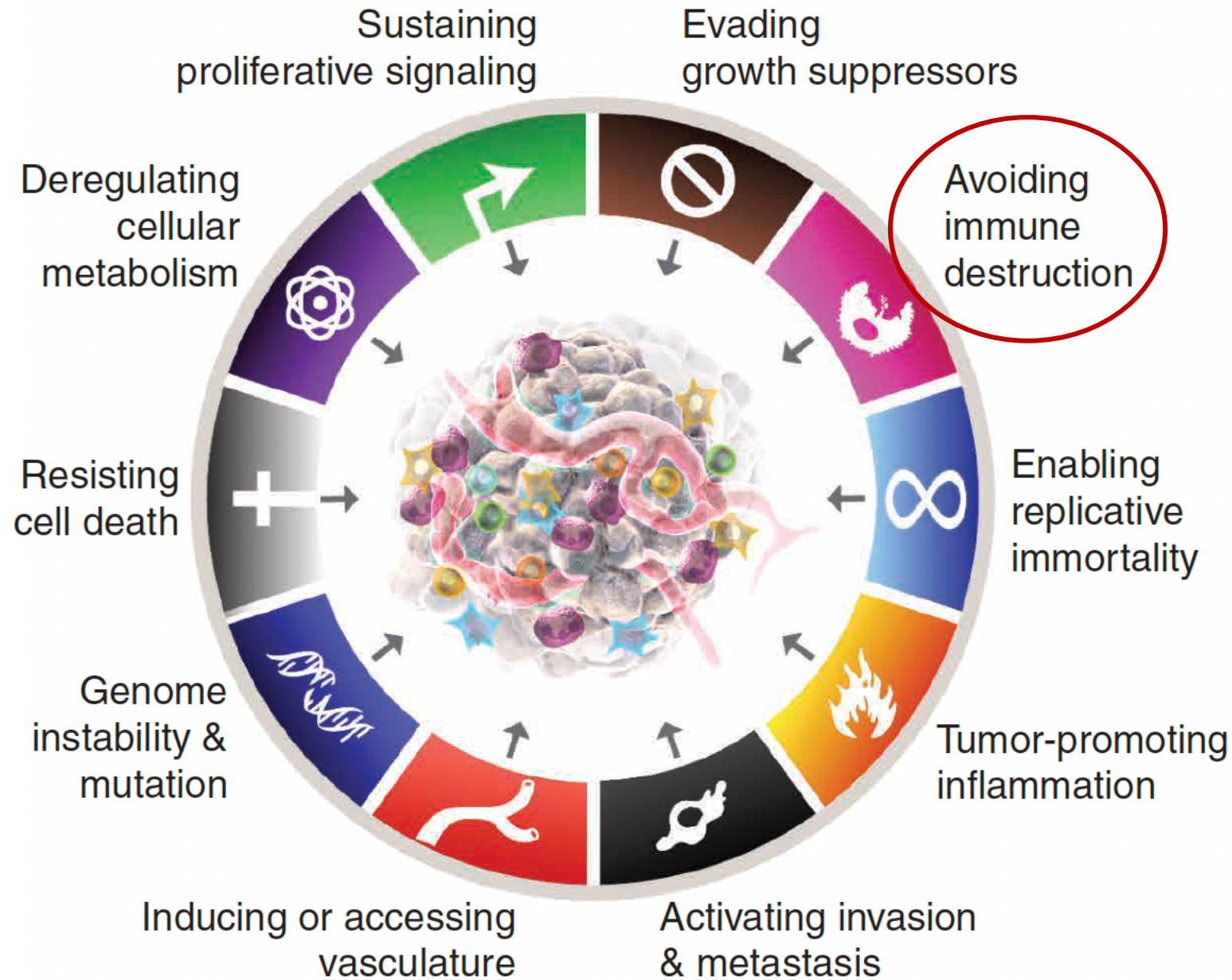
Conflicts of interest

None

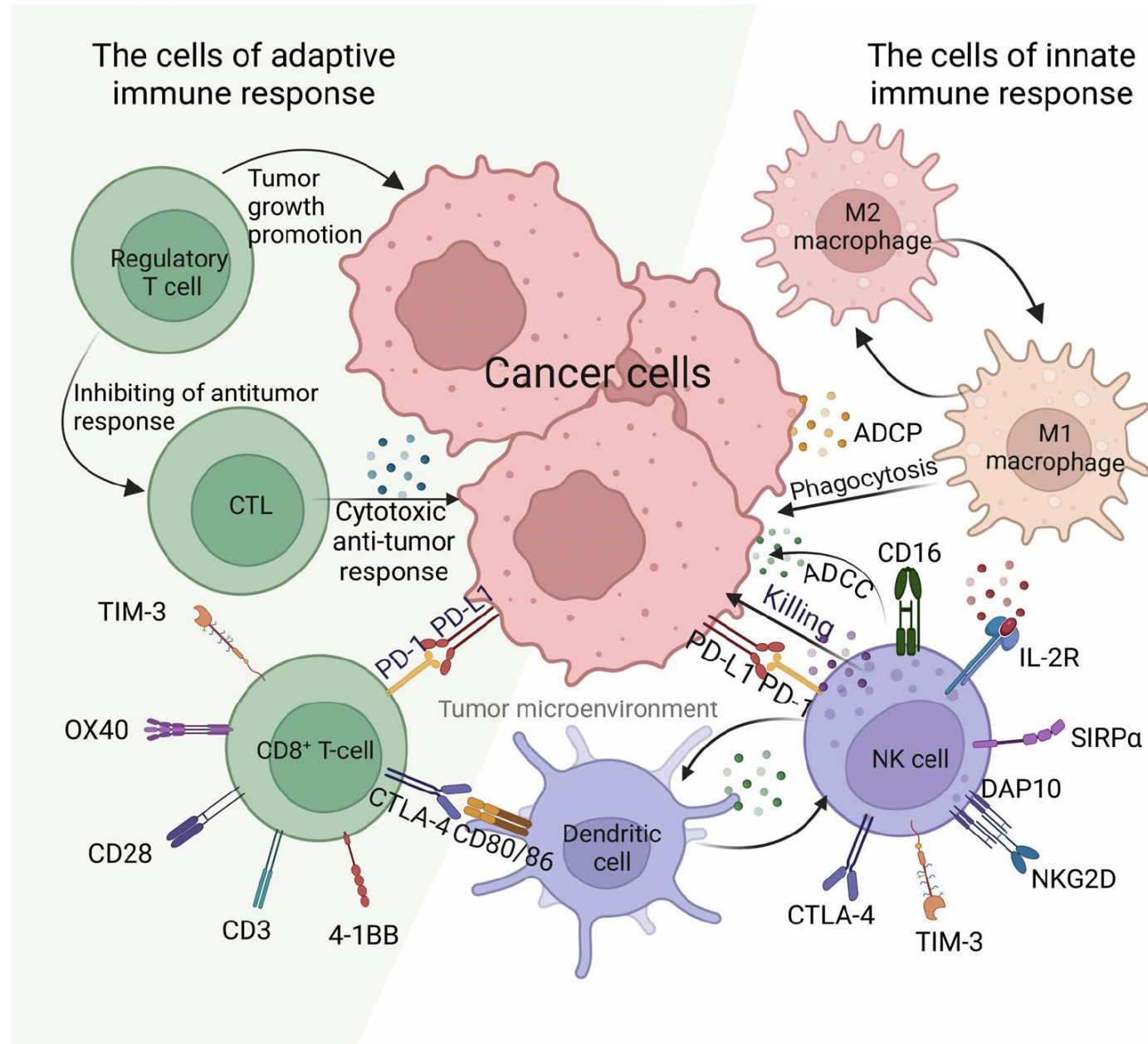
Immune System



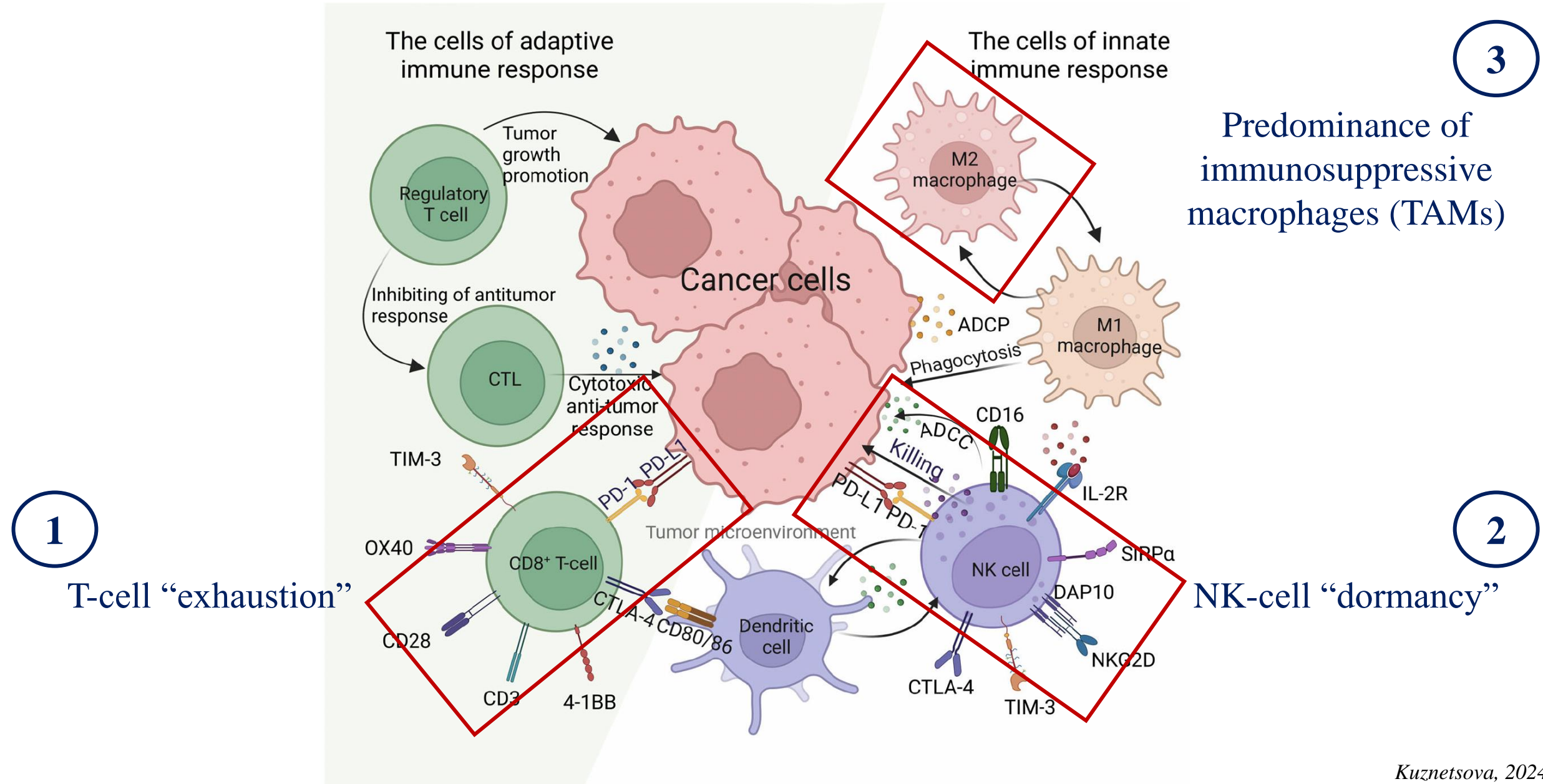
Hallmarks of cancer



The immune landscape of a solid tumor

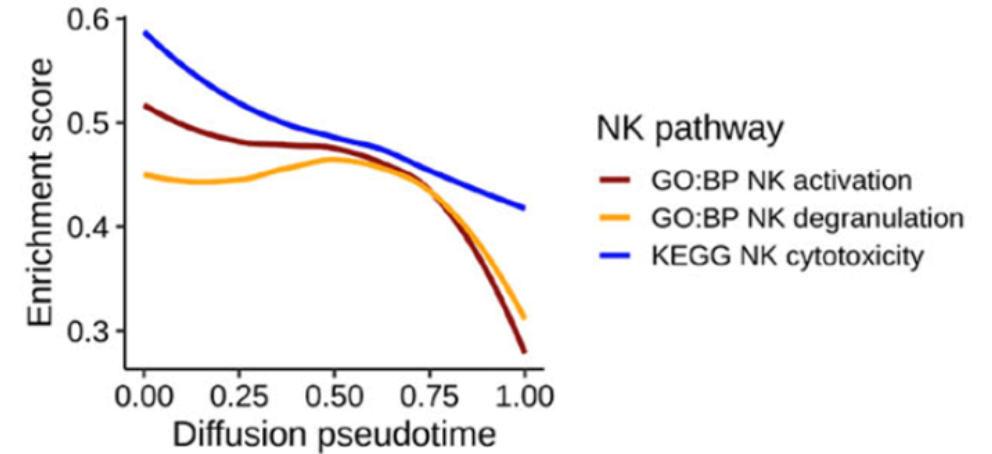
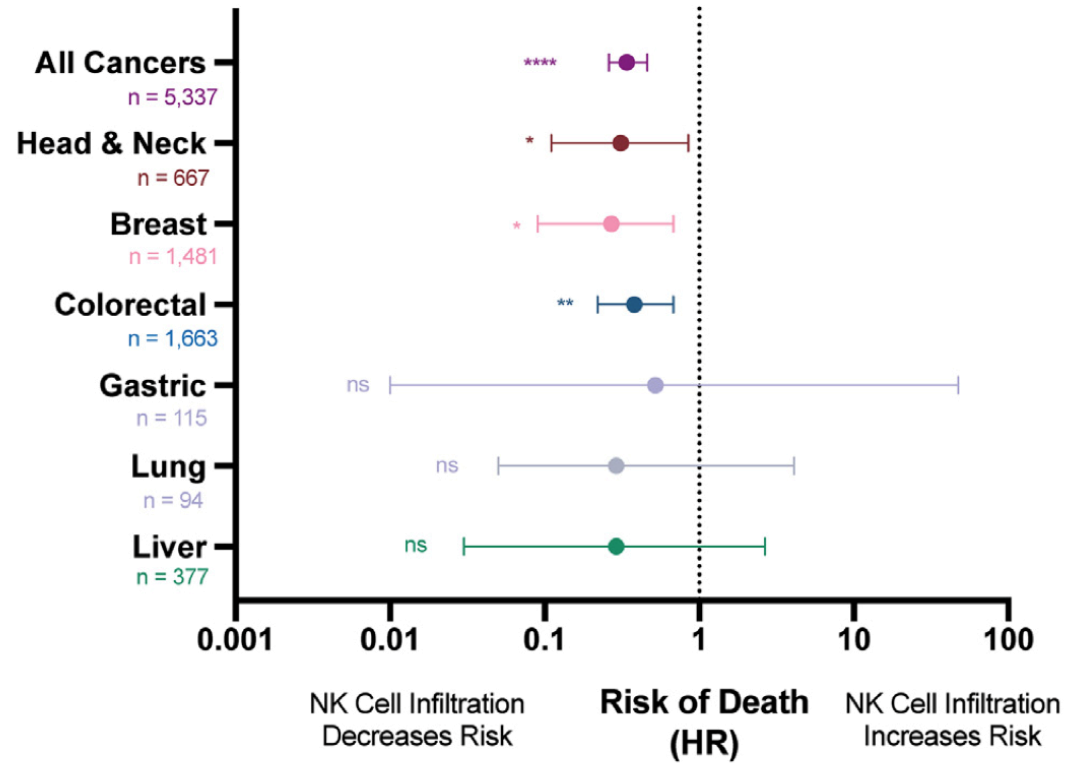


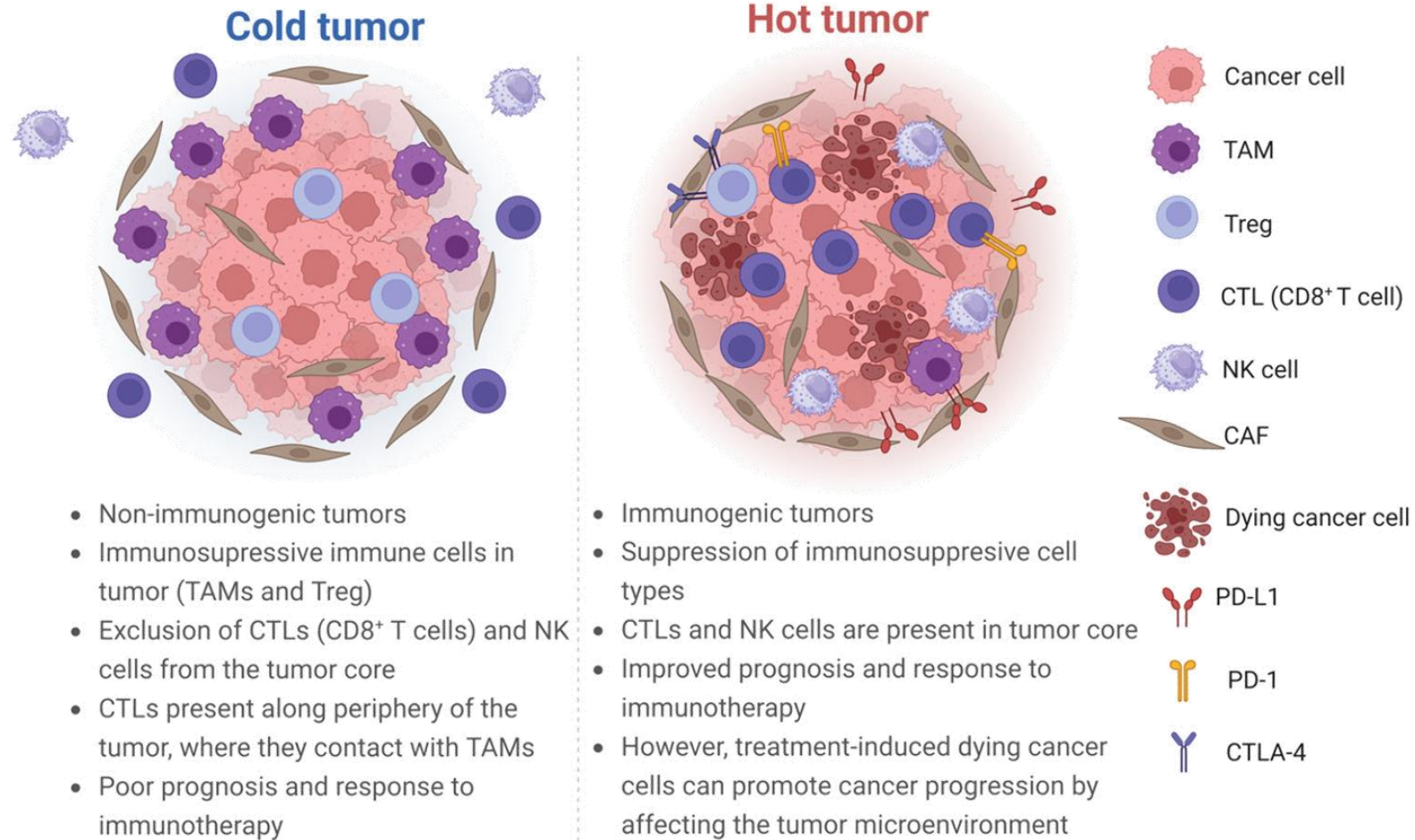
Immune tolerance within the tumor microenvironment (TME)



Modulation of immune cells by the TME - the example of NK cells

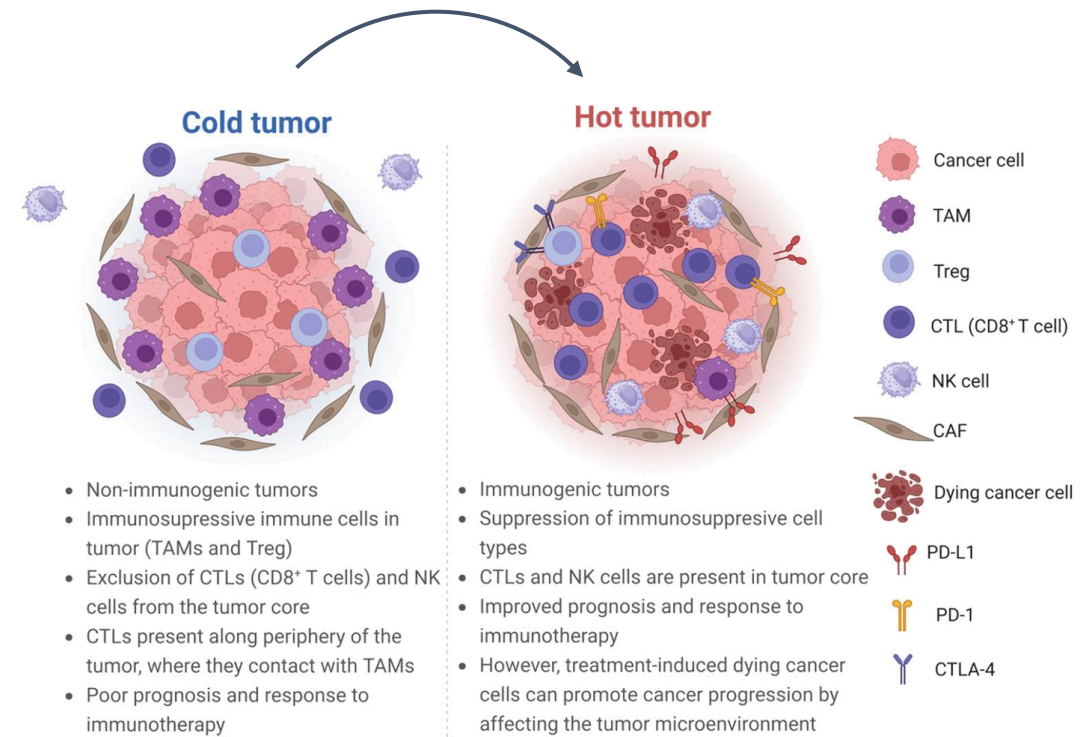
TME induces loss of NK cell effector functions with time



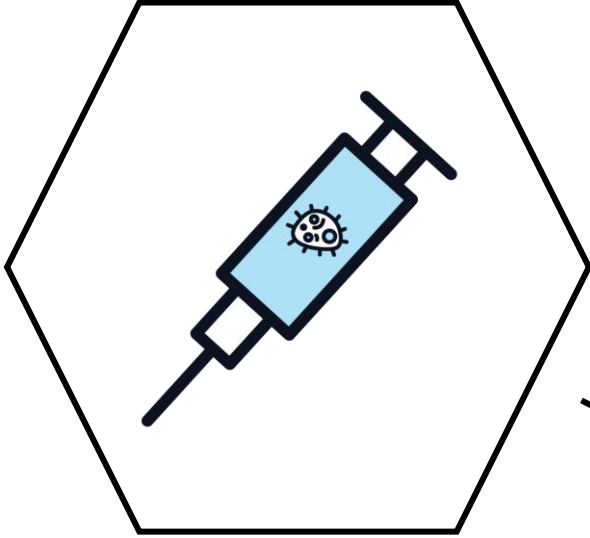


Goals of immunotherapy

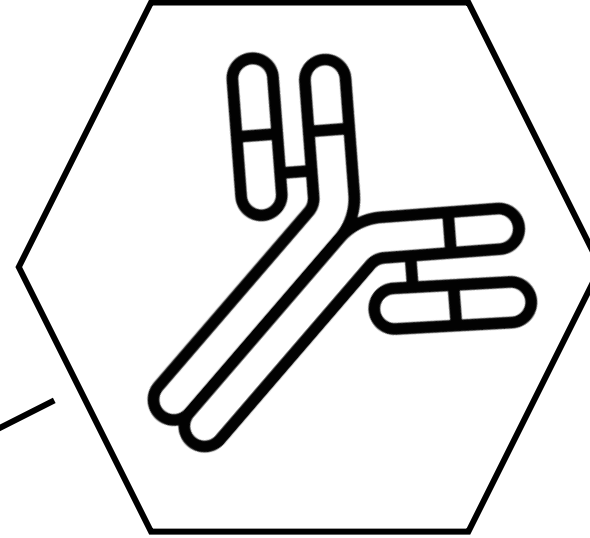
- Improve the infiltration of CTLs, NK cells, M1 macrophages
- Inhibit the infiltration of Tregs, MDSCs, TAMs (M2 macrophages)
- Enhance the effector function of infiltrating immune cells
- Generate immunological memory



Cancer vaccines



Monoclonal antibodies



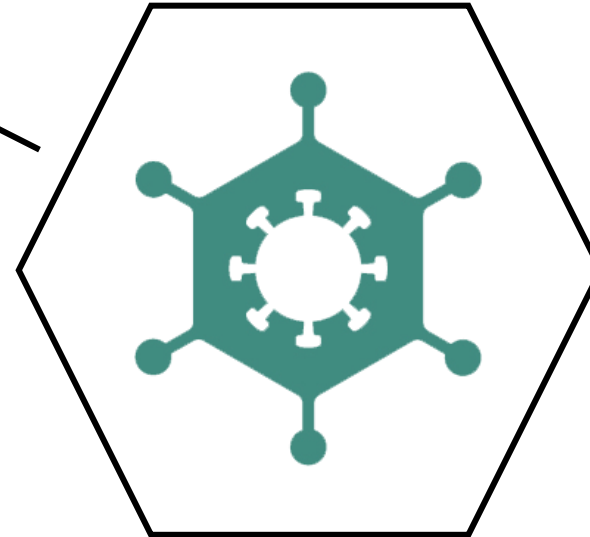
**Immune Checkpoint
Inhibitors (ICIs)**

Antibody-Drug
Conjugates (ADCs)

Bi- or Tri-specific Immune
Cell Engagers (ICEs)

Modes

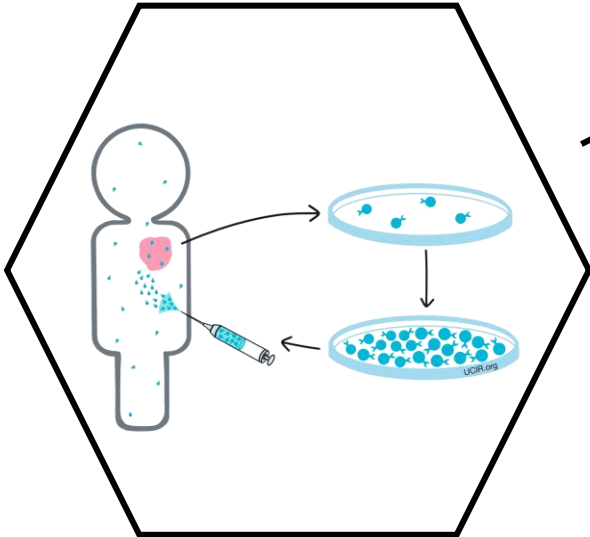
Oncolytic viruses



T-VEC[®]

Adstiladrin[®]

Adoptive cell transfer (ACT)



(TCR) T-cells

CAR-T/NK/M cells

CART.BiTE



Immune checkpoint inhibitors (ICIs) in solid tumors



Cancer survival in the era of ICIs



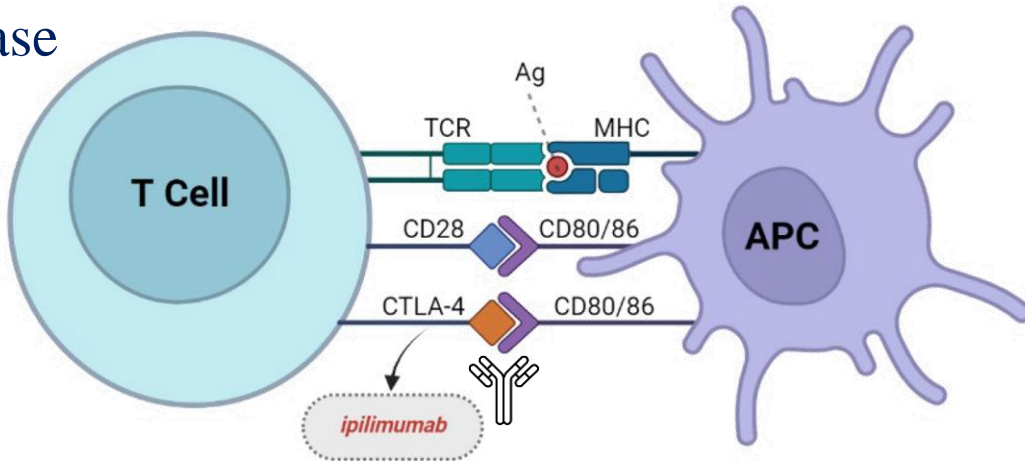
Immune-related adverse events (ir-AEs)



Future challenges



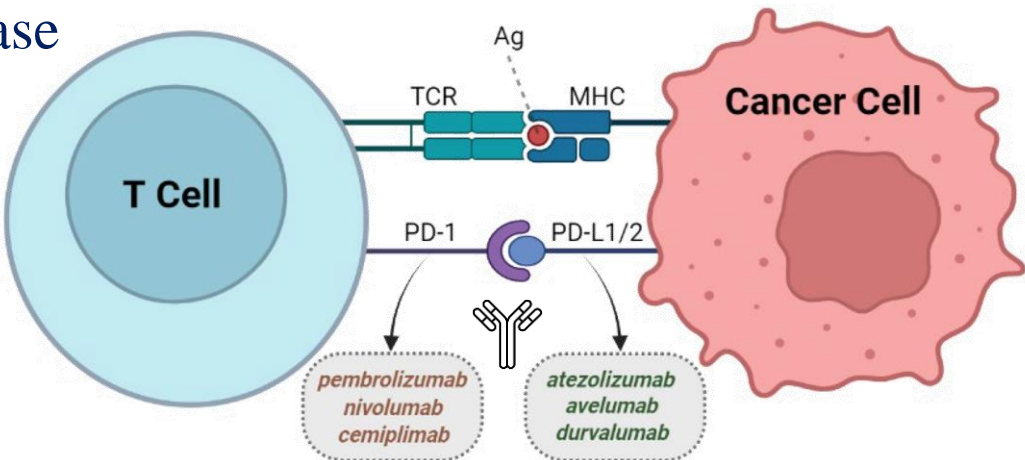
Priming Phase



➤ PD-1 ↔ PD-L1

➤ CTLA-4 ↔ CD80/CD86

Effector Phase



Other targetable immune checkpoints

- LAG-3
- TIM-3
- TIGIT
- CD73
- VISTA
- BTLA
- NKG_{2A}

PD-L1 / PD-1

CTLA-4

LAG-3

Pembrolizumab

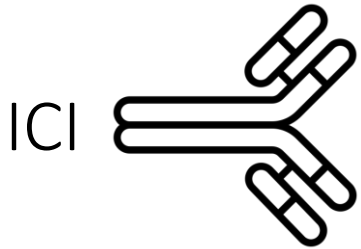
Ipilimumab

Relatlimab

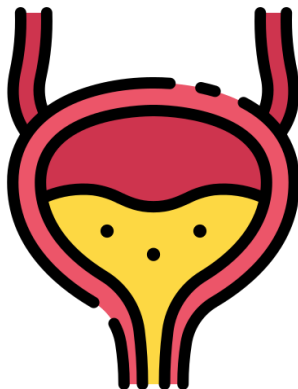
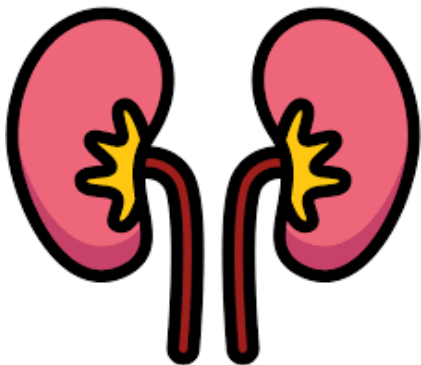
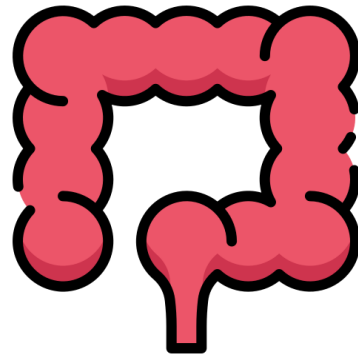
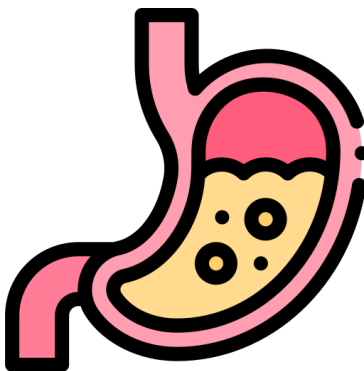
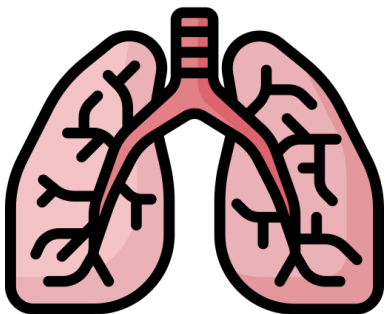
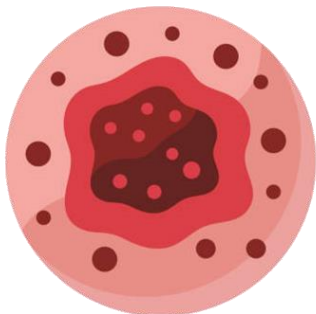
Nivolumab

Durvalumab

Atezolizumab



ICIs

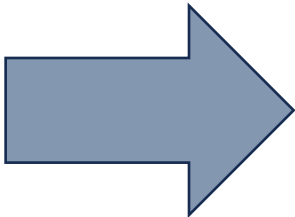


The example of advanced melanoma

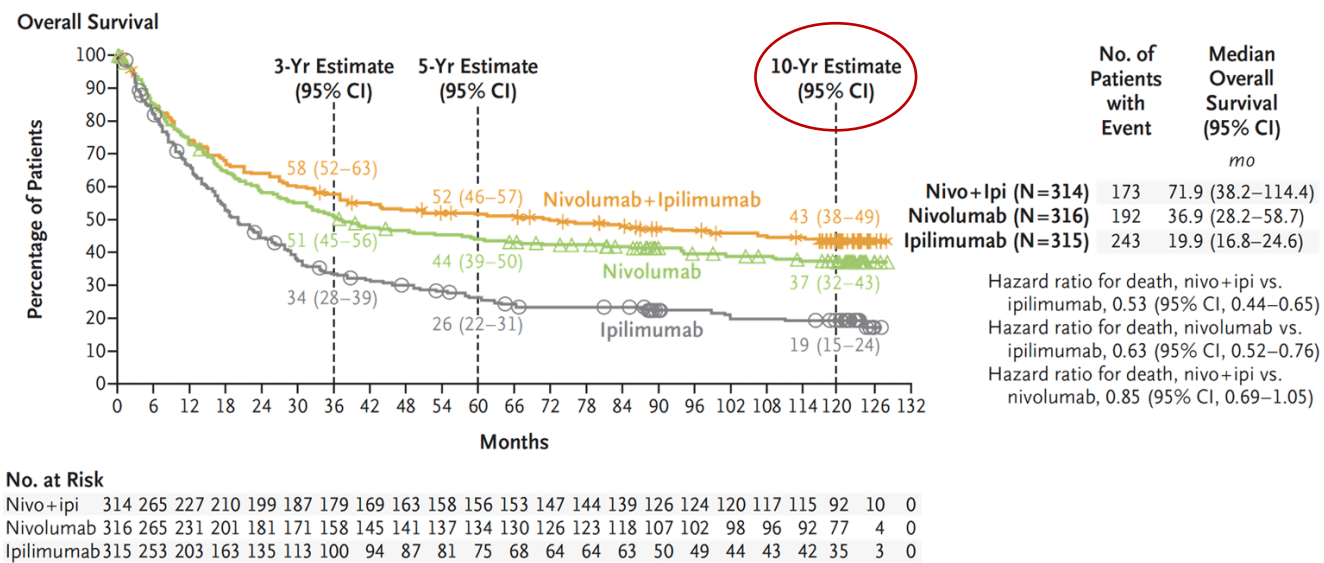
Before ICI

Median OS*:
6-9 months

*OS: Overall Survival

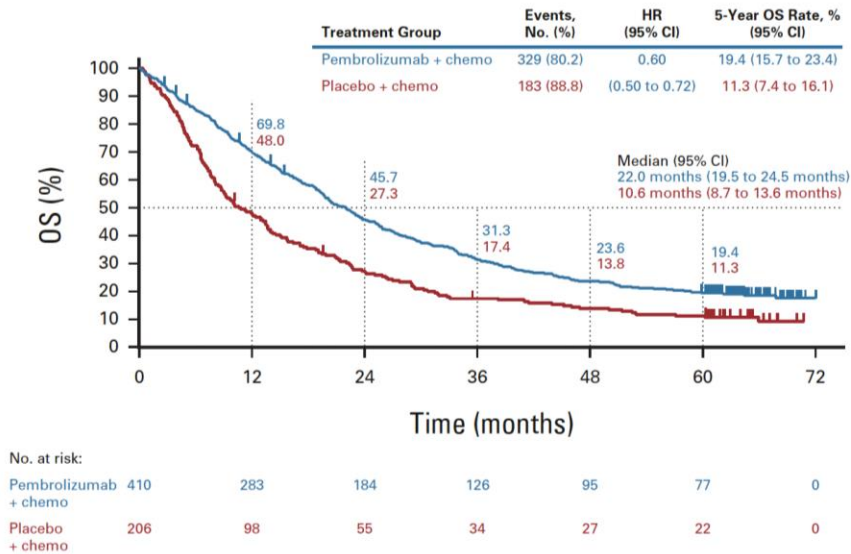


ICI era

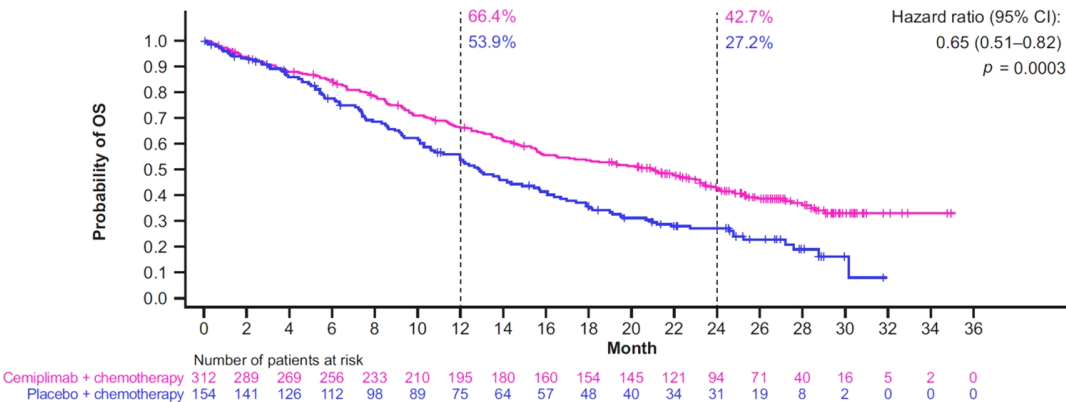


The example of advanced non-small cell lung cancer

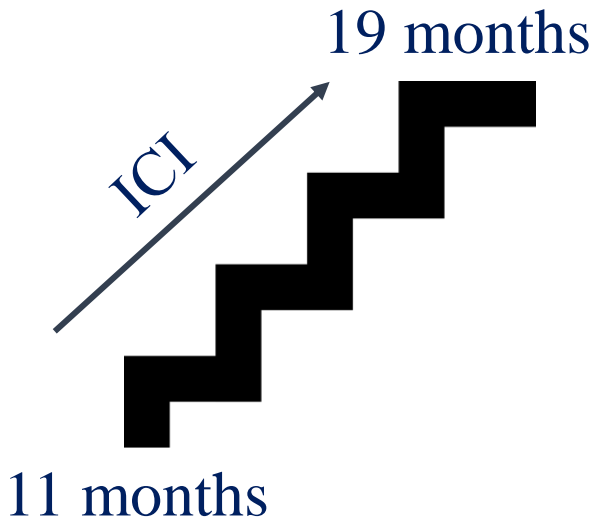
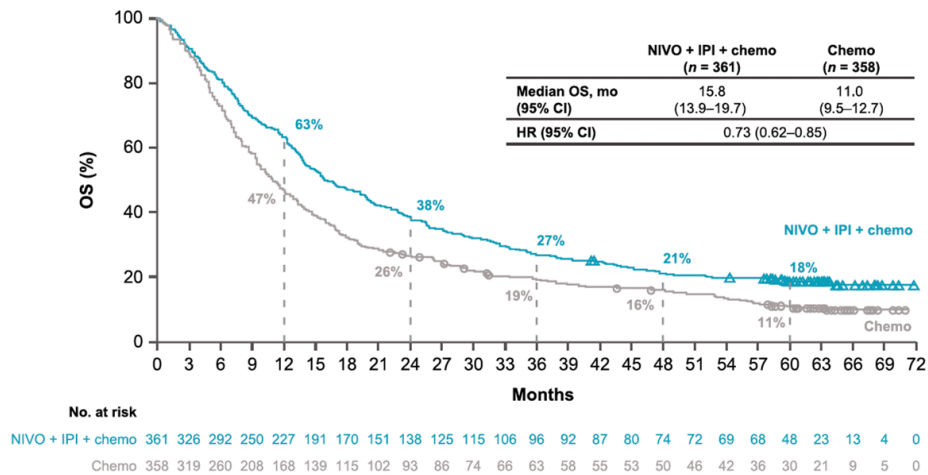
KEYNOTE-189



EMPOWER-Lung 3

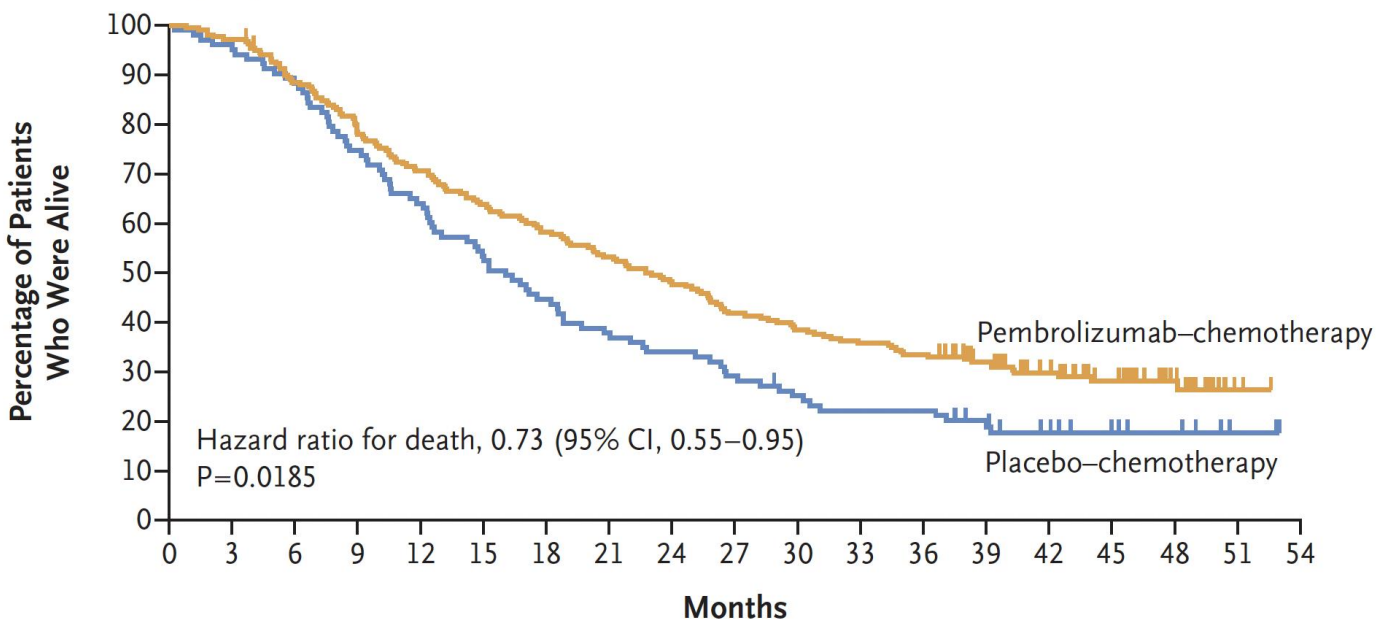


CheckMate 9LA



The example of advanced, triple-negative breast cancer

Overall Survival in the CPS-10 Subgroup

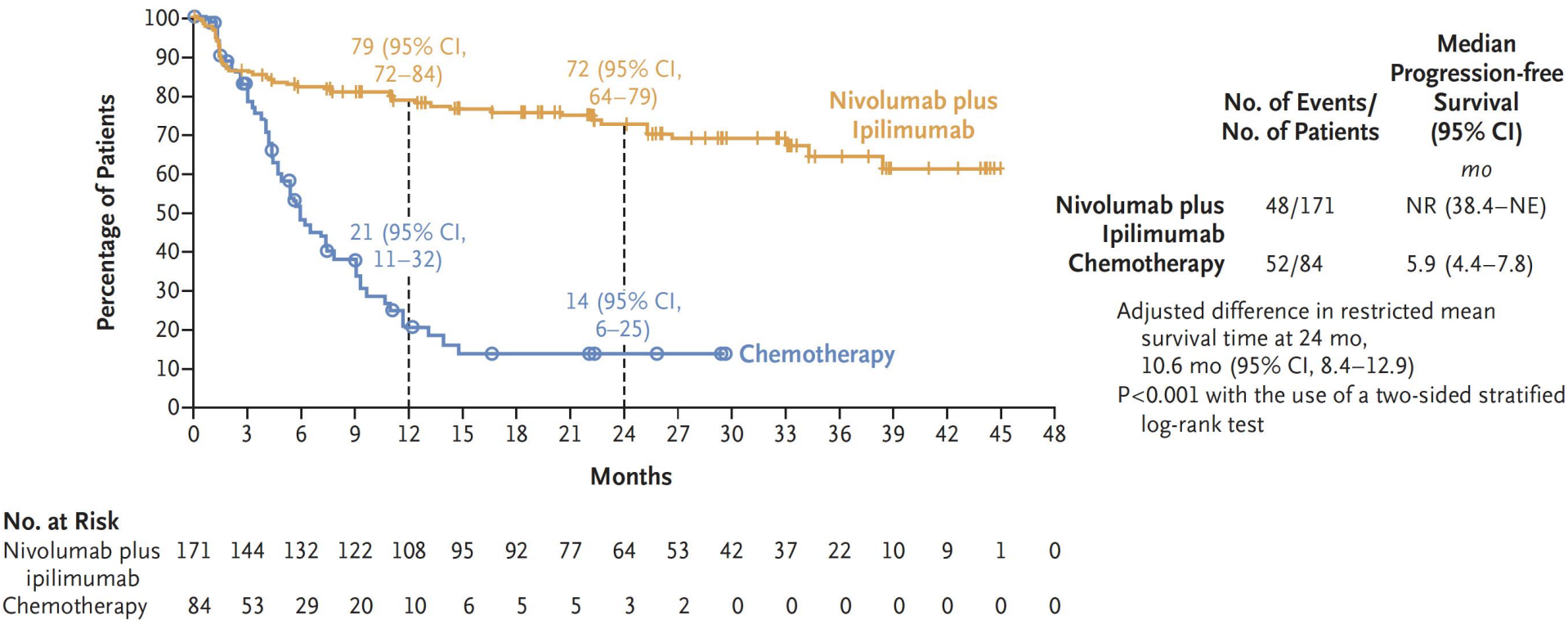


No. at Risk

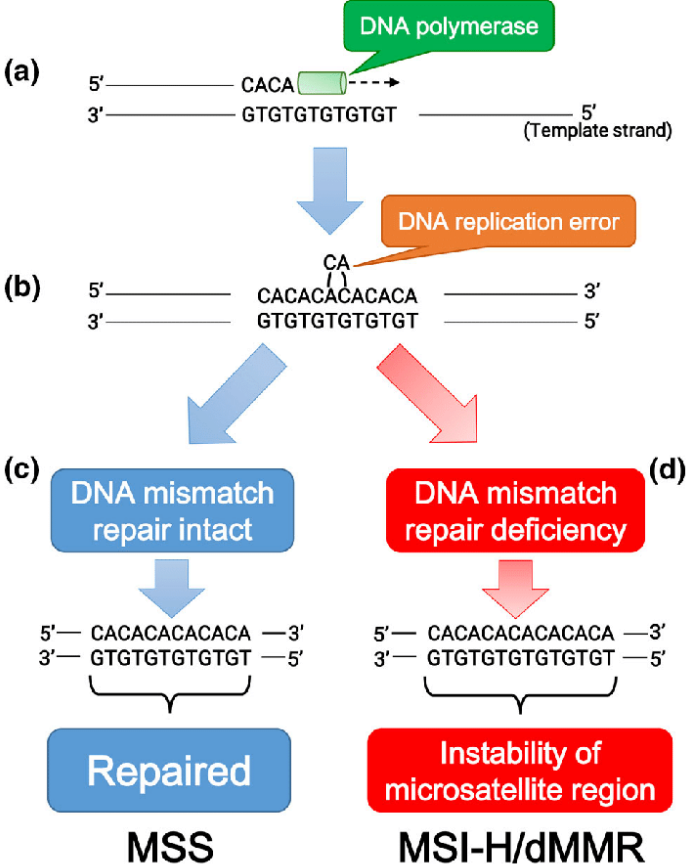
Pembrolizumab–chemotherapy	220	214	193	171	154	139	127	116	105	91	84	78	73	59	43	31	17	2	0
Placebo–chemotherapy	103	98	91	77	66	55	46	39	35	30	25	22	22	17	12	8	6	2	0

The example of advanced, MSI-H colorectal cancer

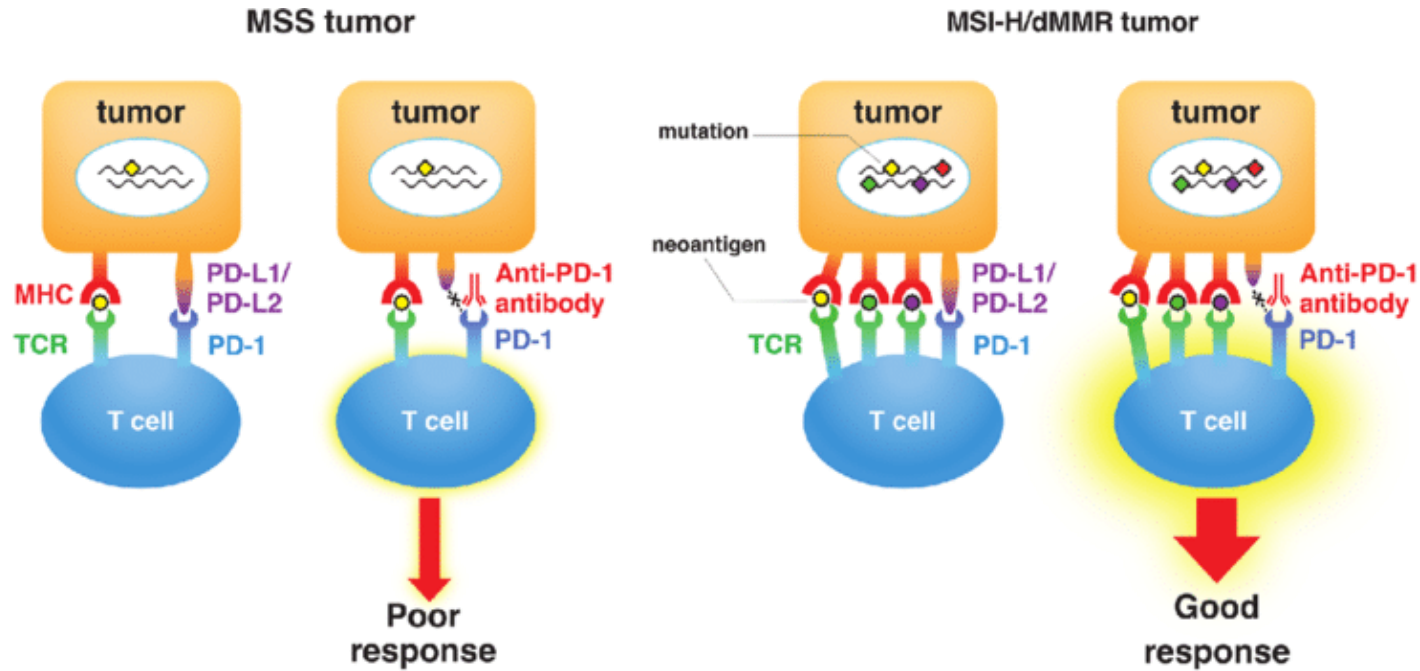
Progression-free Survival in Patients with Centrally Confirmed MSI-H or dMMR Metastatic Colorectal Cancer



Tumor-agnostic indication (MSI-H/dMMR tumors)



Increased mutation burden




Tumor-agnostic indication - Pembrolizumab (MSI-H/dMMR tumors)

Article | March 29, 2023

FDA Grants Full Approval to Pembrolizumab for Select Patients With MSI-H or dMMR Solid Tumors

Author(s): [Kristi Rosa](#)

The FDA has granted full approval to pembrolizumab for the treatment of adult and pediatric patients with unresectable or metastatic microsatellite instability–high or mismatch repair–deficient solid tumors that have progressed following previous treatment and who have no satisfactory alternative options.



The FDA has granted full approval to pembrolizumab (Keytruda) for the treatment of adult and pediatric patients with unresectable or metastatic microsatellite instability–high (MSI-H) or mismatch repair–deficient (dMMR) solid tumors that have progressed following previous treatment and who have no satisfactory alternative options.¹

Trial ID	No. of Patients	Previous lines of therapy
KEYNOTE-158	373	≥ 1
KEYNOTE-164	124	≥ 1
KEYNOTE-051	7 (pediatric)	

} **ORR: 33%**

Mechanisms of ICI resistance

Tumor-intrinsic

- Loss of neoantigens
- Defective antigen presentation
- Tumor cell phenotypic changes
- Metabolic antagonism

Tumor-extrinsic

- Upregulation of alternative immune checkpoints
- Immunosuppressive immune cell infiltration
- “Irreversible” T cell exhaustion
- Gut microbiome

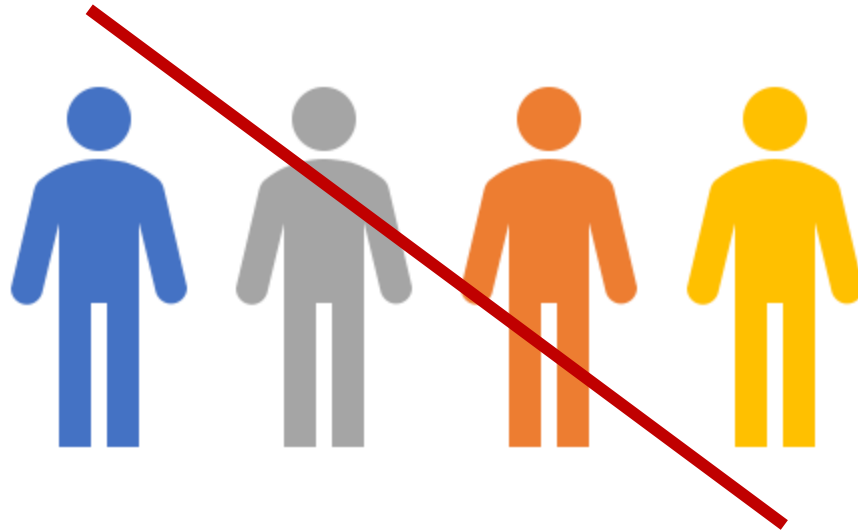
Side effects of ICIs

Flare of a
pre-existing
autoimmune disease

De novo immune-
related adverse
events resembling
autoimmune
diseases

ICI use in patients with a pre-existing autoimmune disease

13.5%-25% of patients diagnosed with lung cancer may have a concomitant autoimmune disorder

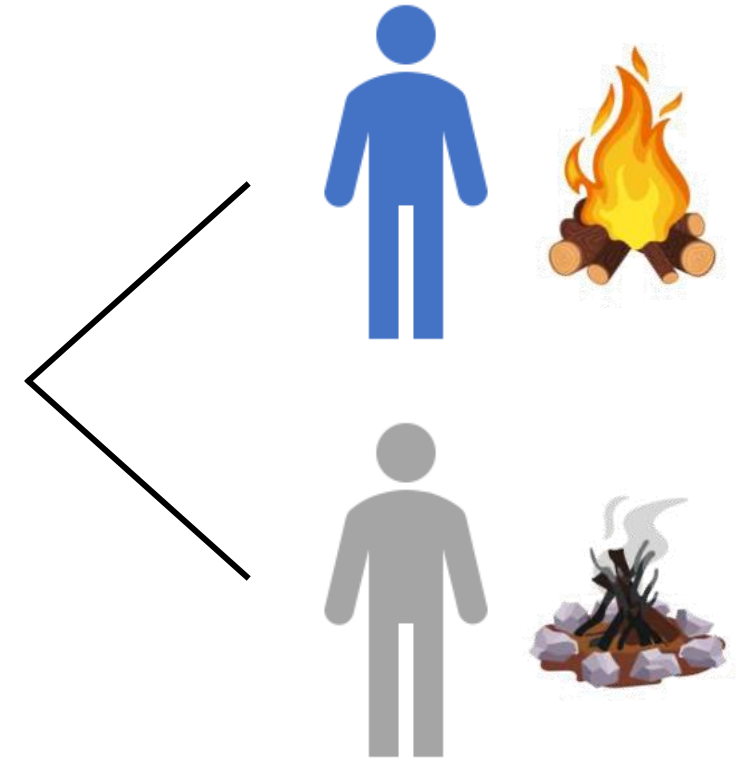


Excluded from clinical trials of immunotherapy

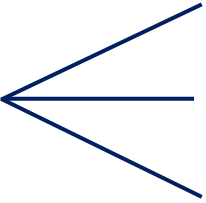
ICI use in patients with pre-existing autoimmune diseases

Patients with a history of ADs.⁷ Patients with a history of AD have an increased chance for a flare of the AD following initiation of ICI. One can distinguish patients with an active AD requiring IS treatment and patients with a history of AD who are asymptomatic without treatment. The latter group may undergo treatment with ICI therapy, but patients should be fully aware of the risks and should report immediately when AD symptoms start.

ESMO Clinical Practice Guidelines, 2022



Systematic Review

- N = 123 pts.
- 83.5%: prior treatment for autoimmune disease
 - 46.2%: active autoimmune disease with ongoing symptoms
 - 43.6%: concomitant immunosuppressive treatment at initiation of ICI
- 75% reported adverse events 
 - 41%: exacerbation of pre-existing autoimmune disease
 - 25%: de novo ir-AEs
 - 9%: both
- 17.1% discontinued immunotherapy permanently due to adverse events
- No difference in occurrence for patients with active vs. inactive autoimmune disease
- Trend for fewer adverse events in patients receiving any therapy for autoimmune disease at initiation of ICI

REVIEW

Autoimmune diseases and immune-checkpoint inhibitors for cancer therapy: review of the literature and personalized risk-based prevention strategy

J. Haanen¹, M. S. Ernstoff², Y. Wang³, A. M. Menzies^{4,5}, I. Puzanov², P. Grivas⁶, J. Larkin⁷, S. Peters⁸, J. A. Thompson^{6,9} & M. Obeid^{10,11*}

¹Netherlands Cancer Institute, Division of Medical Oncology, Amsterdam, The Netherlands; ²Roswell Park Comprehensive Cancer Center, Buffalo; ³Department of Gastroenterology, Hepatology & Nutrition, University of Texas MD Anderson Cancer Center, Houston, USA; ⁴Melanoma Institute Australia, The University of Sydney, Sydney; ⁵Royal North Shore and Mater Hospitals, Sydney, Australia; ⁶University of Washington, Seattle Cancer Care Alliance, Fred Hutchinson Cancer Research Center, Seattle, USA; ⁷Royal Marsden NHS Foundation Trust, London, UK; ⁸Oncology Department, Centre Hospitalier Universitaire Vaudois (CHUV) and Lausanne University, Lausanne, Switzerland; ⁹National Cancer Institute/NIH, Bethesda, USA; ¹⁰Department of Medicine, Service of Immunology and Allergy, Centre Hospitalier Universitaire Vaudois (CHUV), Lausanne; ¹¹Vaccine and Immunotherapy Center, Centre Hospitalier Universitaire Vaudois (CHUV), Centre d'Immunothérapie et de Vaccinologie, Lausanne, Switzerland

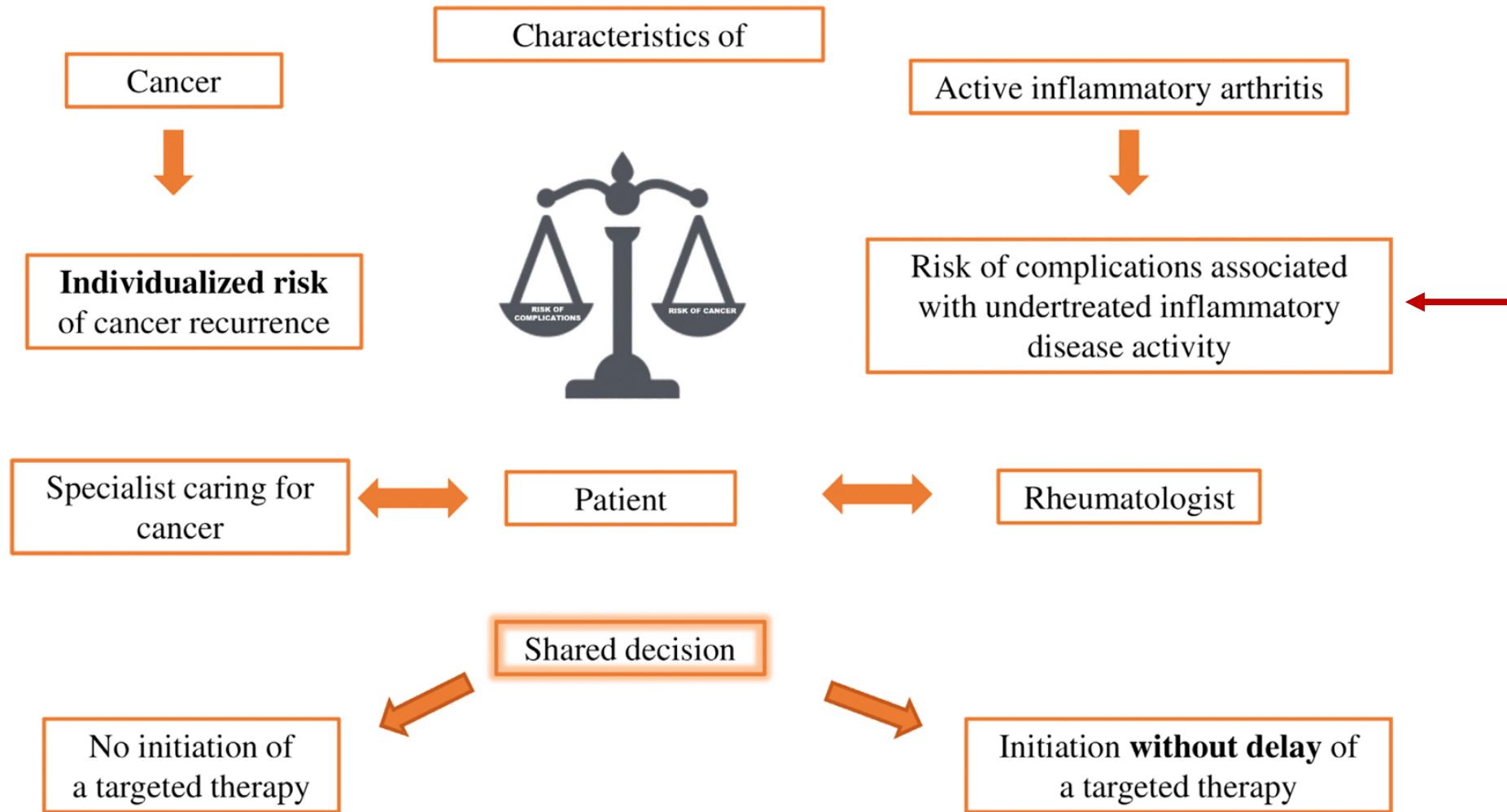
Available online 17 March 2020

Patients who are receiving IS for their AD could, depending on the IS and dose (non-specific or targeted), undergo tapering of the IS (e.g. to prednisone 10 mg) or switch to a biological disease-modifying antirheumatic drug before ICI treatment is initiated. This treatment could be continued during ICI therapy to keep the AD and a potential flare under control.








2024 EULAR points to consider on the initiation of targeted therapies in patients with inflammatory arthritis and a history of cancer

Eden Sebbag ,¹ Kim Lauper ,² Juan Molina-Collada ,³ Daniel Aletaha ,⁴ Johan Askling ,⁵ Karolina Gente,⁶ Heidi Bertheussen,⁷ Samuel Bitoun ,⁸ Ertugrul Cagri Bolek ,⁹ Gerd R Burmester ,¹⁰ Helena M Canhã,¹¹ Katerina Chatzidionysiou ,⁵ Jeffrey R Curtis,¹² Francois-Xavier Danlos ,^{13,14} Vera Guimarães,¹⁵ Merete Lund Hetland ,^{16,17} Florenzo Iannone ,¹⁸ Marie Kostine ,¹⁹ Tue Wenzel Kragstrup ,^{20,21} Tore K Kvien ,²² Anne Constanze Regierer ,²³ Hendrik Schulze-Koops ,²⁴ Lucía Silva-Fernández,²⁵ Zoltan Szekanecz,²⁶ Maya H Buch ,²⁷ Axel Finckh ,² Jacques-Eric Gottenberg ,¹

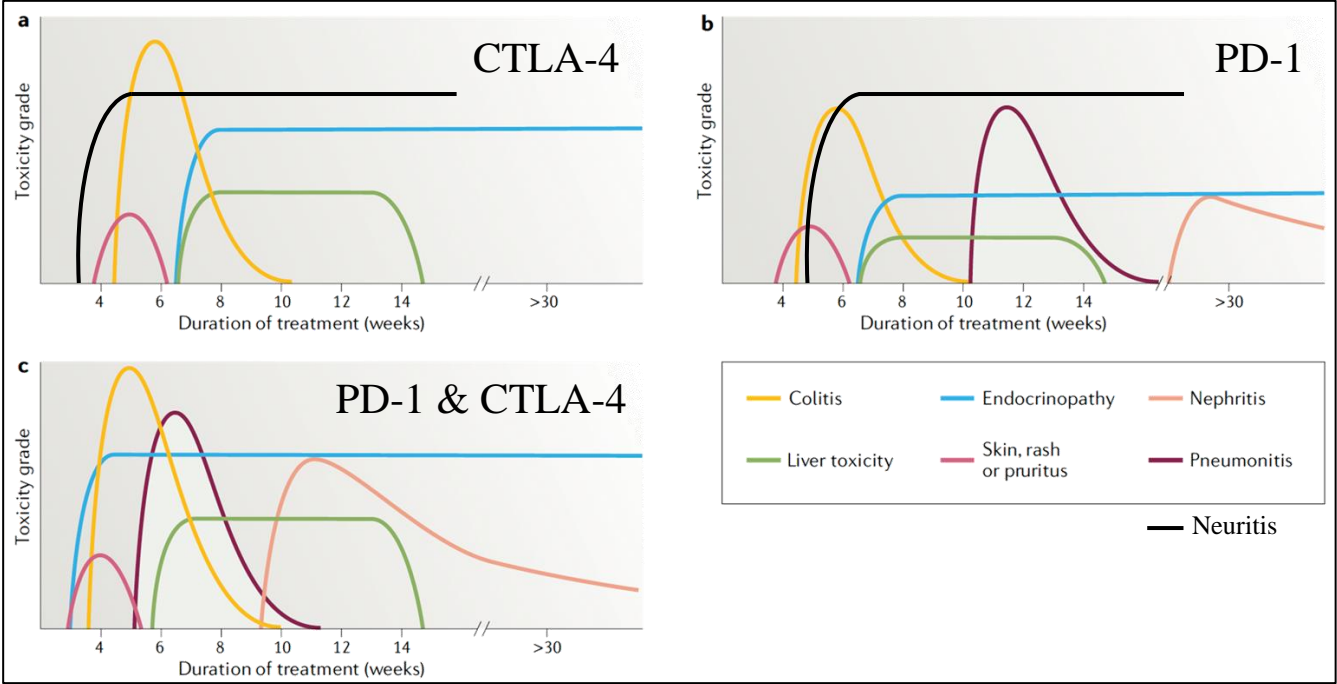
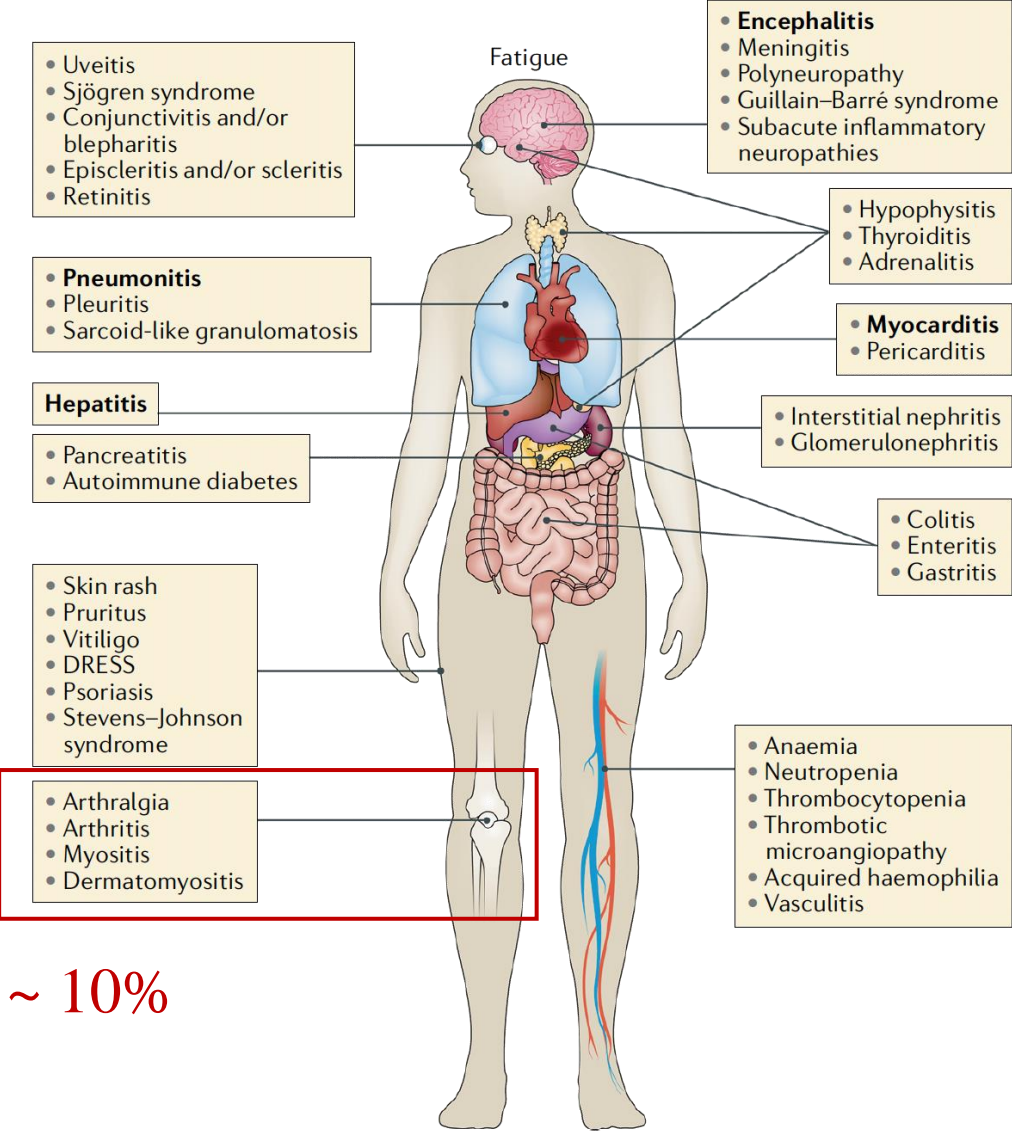


Our own anecdotal experience (PAGNI)

Disease flare

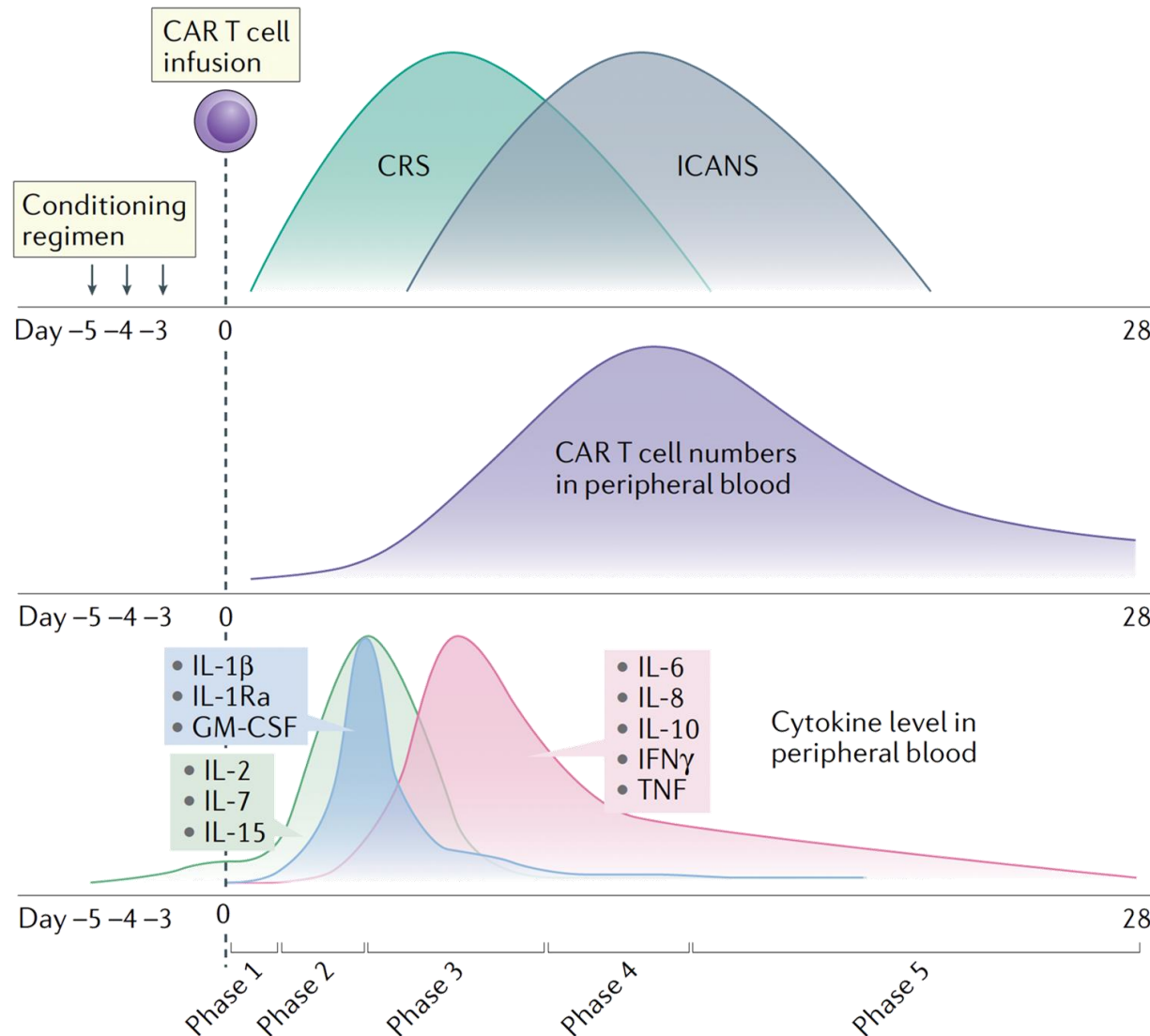
Rheumatoid Arthritis	
SLE	 
IBD	
Psoriasis	

De novo immune-related adverse events

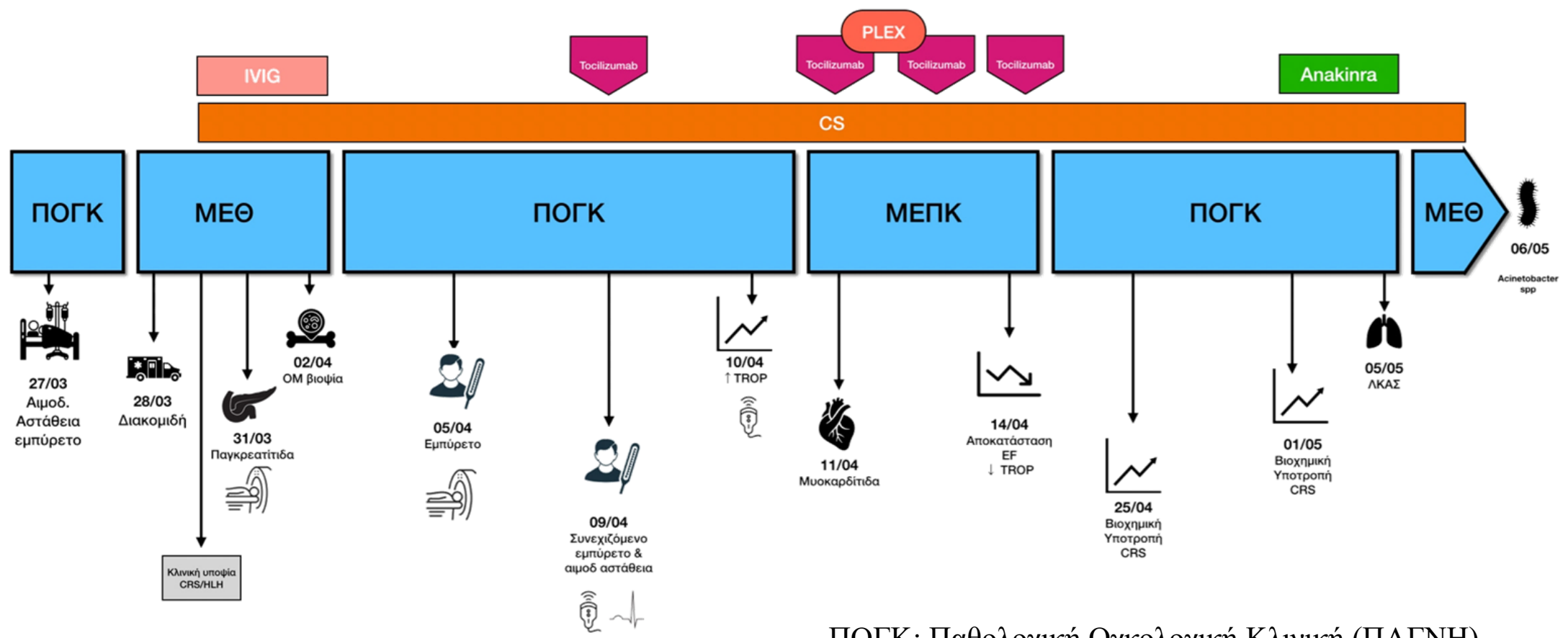


~ 10%

Cytokine Release Syndrome (CRS) / ICANS / GVHD



A rare example of fatal ir-AEs



ΠΟΓΚ: Παθολογική Ογκολογική Κλινική (ΠΑΓΝΗ)

Arthralgia / Myalgia

- ❖ Incidence rates: 1-43%, 2-20%
- ❖ Differential diagnosis: paraneoplastic, induced by other cancer therapies (e.g. hormones)
- ❖ Needs to be ruled out (!): myalgia secondary to myositis
- ❖ Treatment: analgesics +/- NSAIDs

ir-inflammatory arthritis and polymyalgia rheumatica (PMR)

- ❖ Incidence rate: 5-10%
- ❖ First-line treatment: steroids
- ❖ Consider early referral to a rheumatologist (\geq grade 2) before starting steroids or if switching to DMARDs
- ❖ ICI treatment continuation evaluated on an individual basis

ir-sicca syndrome

- ❖ Incidence rate: 5-24% (hard to precisely define)
- ❖ Differential diagnosis: RT-related, drug-related (opioid), oral candidiasis
- ❖ Treatment: symptomatic treatment, pilocarpine, hydrochloroquine

ir-myositis



- ❖ Incidence rate: ~ 1%
- ❖ Clinical Presentation: myalgia, axial, limb-girdle, bulbar, oculomotor weakness /
secondary myocarditis (myasthenia-myocarditis-myositis)
- ❖ Treatment: (mild) steroids (0.5-1 mg/kg per day prednisone)
(severe) steroid pulses, IVIG, plasma exchange, IL-6R inhibitors

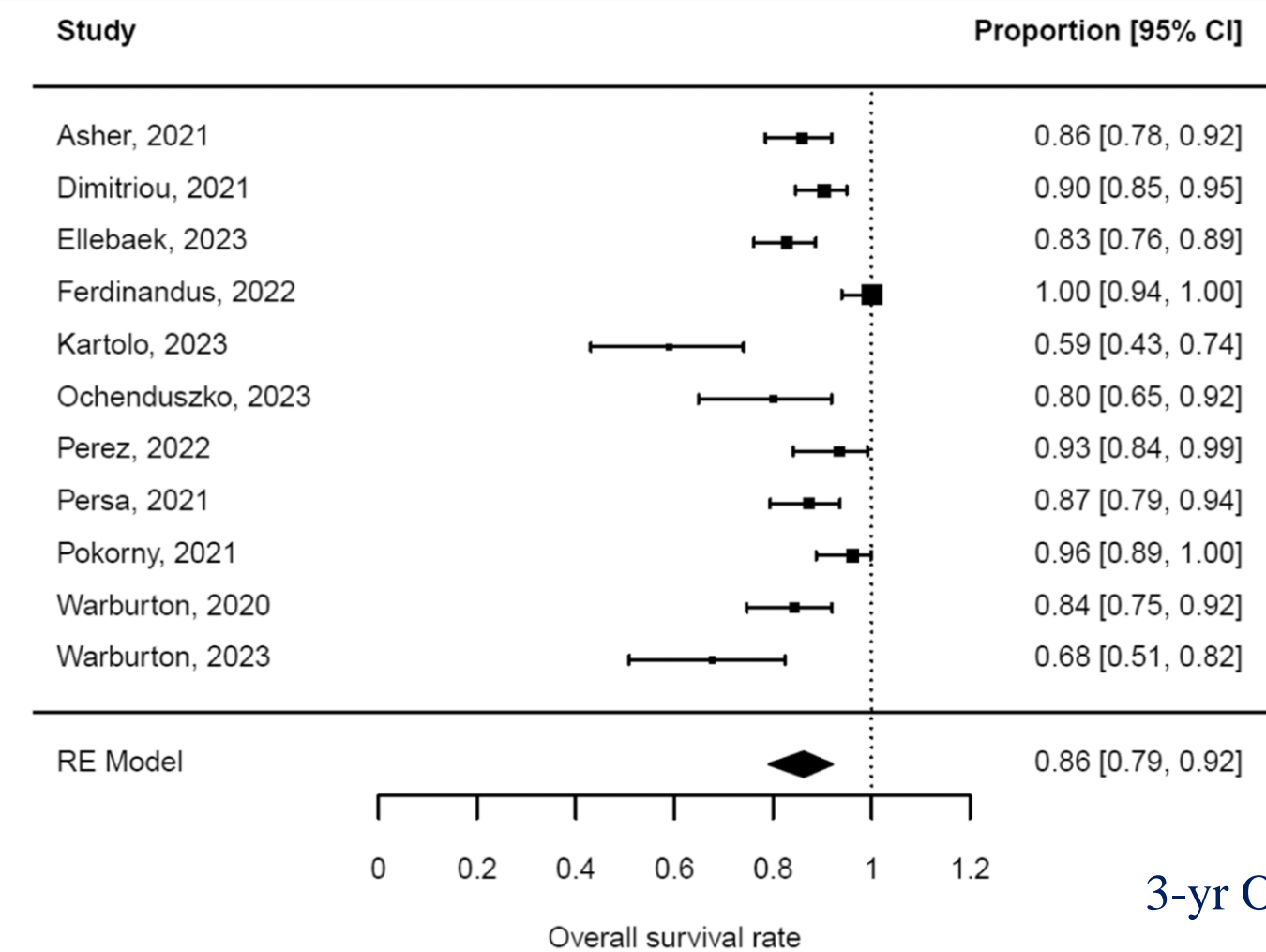
Other ir-rheumatologic manifestations (rare)

- ❖ Vasculitis

- ❖ Scleroderma-like reaction

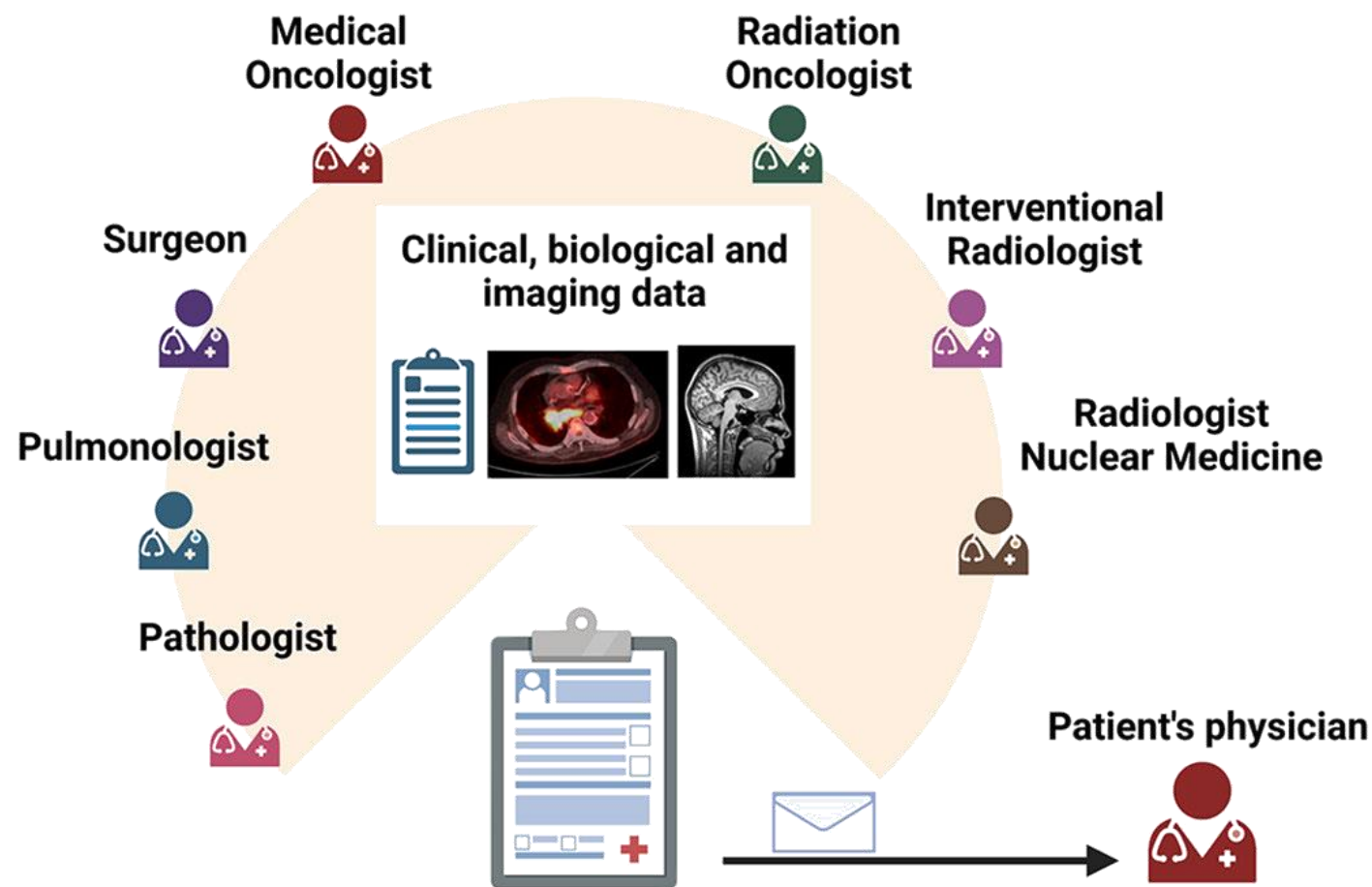
- ❖ Lupus

The long-lasting effects of ICIs

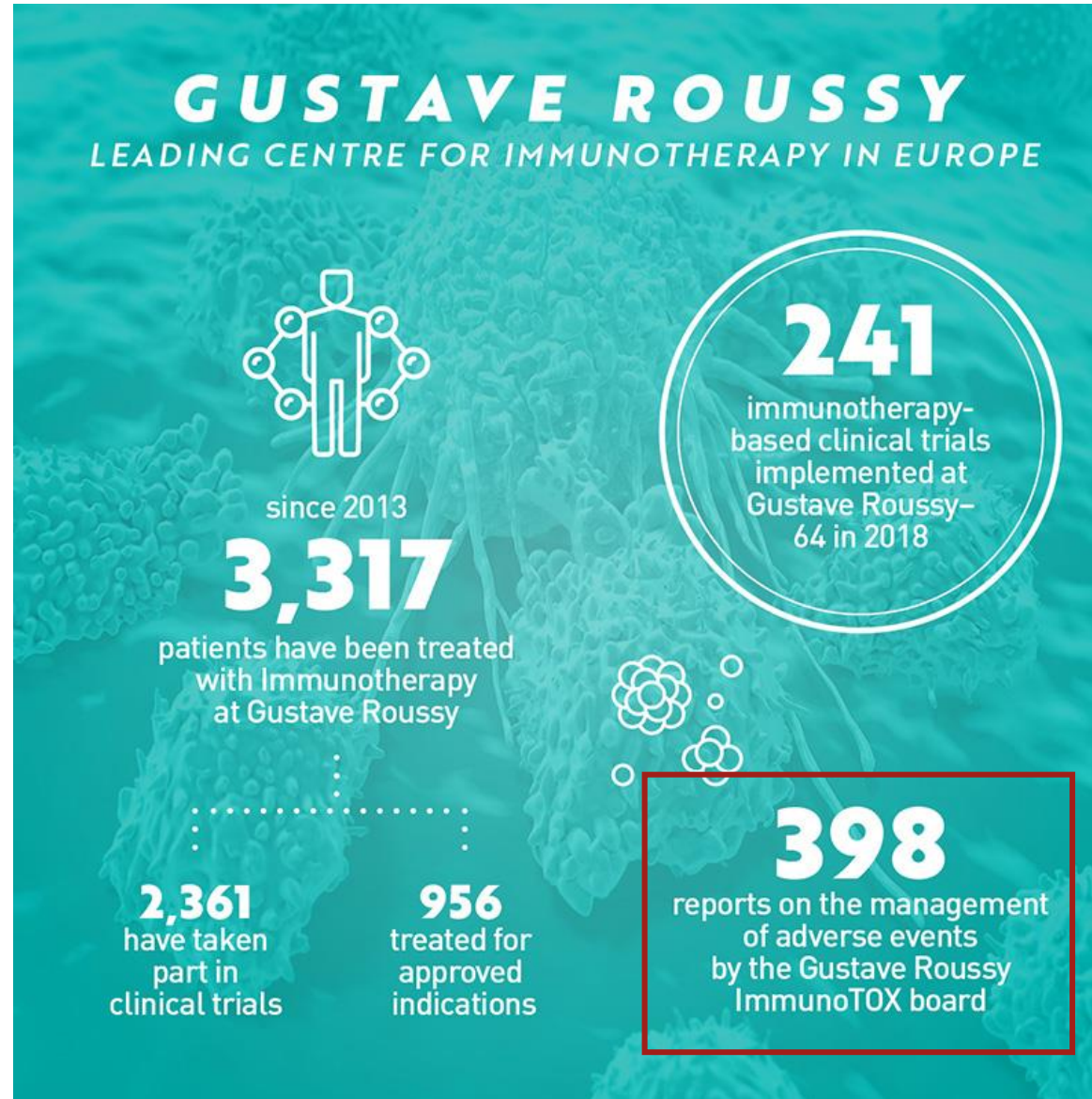


3-yr OS after ICI discontinuation
(melanoma)

Immunotherapy-related toxicity tumor board (ImmunoTox Board)

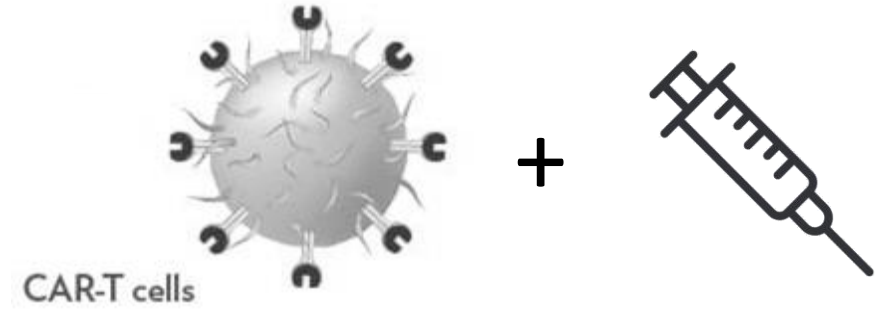
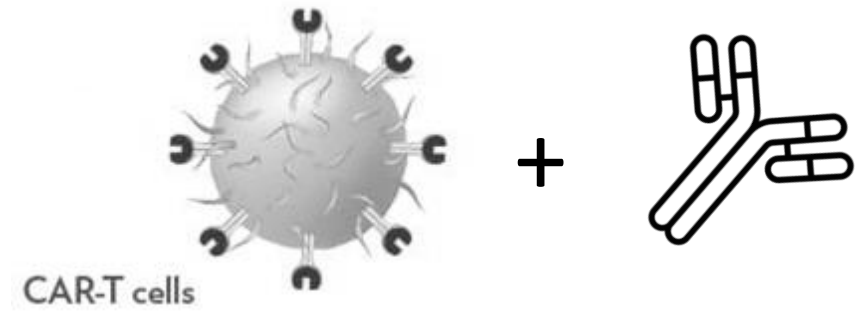
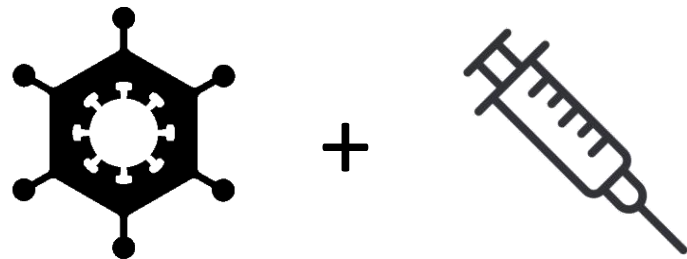
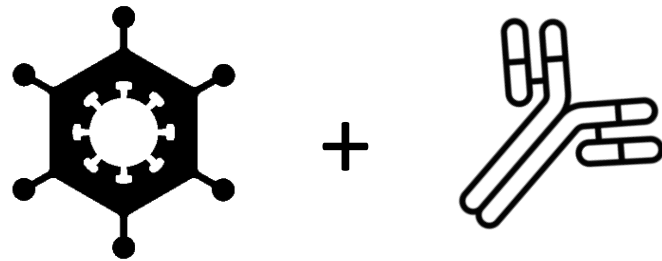
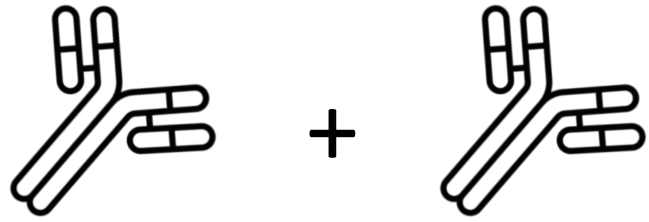


Immunotherapy-related toxicity tumor board (ImmunoTox Board)



Future Challenges





Familiarity and early
recognition of ir-AEs
necessary!

THANK YOU