

Στρογγυλό Τραπέζι Ανοσοθεραπεία

*Εξελίξεις της ανοσοθεραπείας στους συμπαγείς όγκους
και στις ανοσολογικές ανεπιθύμητες ενέργειες*

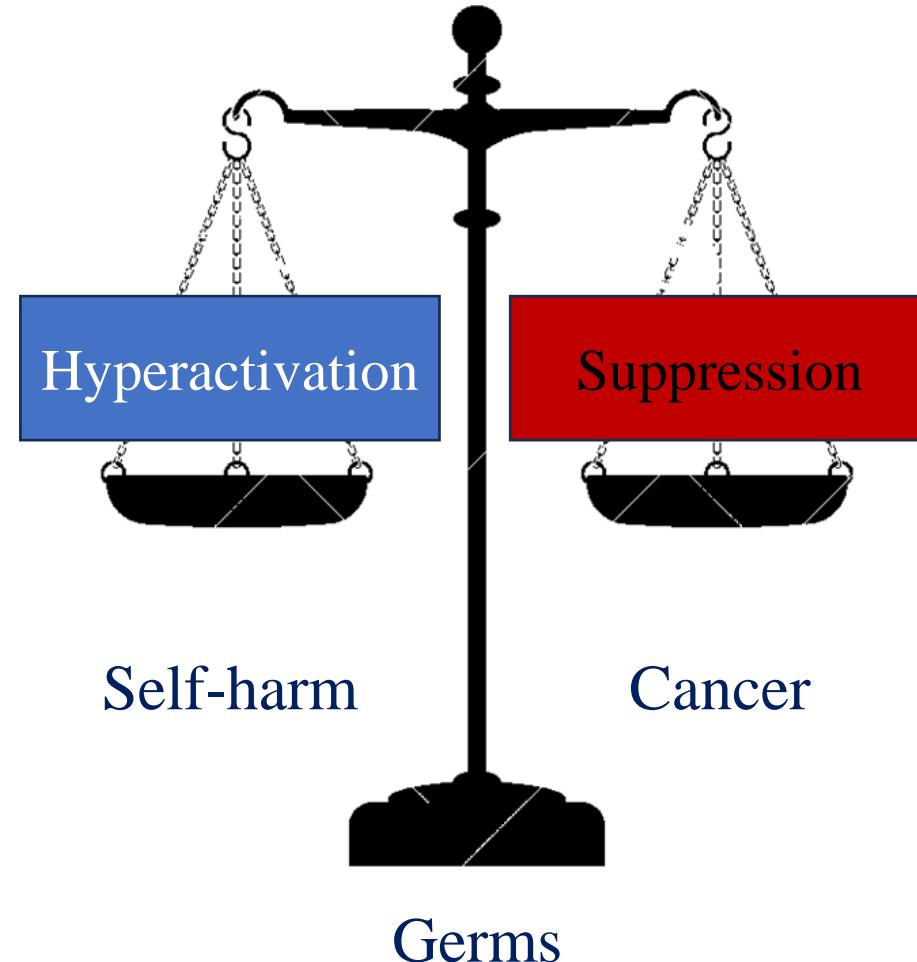
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OCTOBER 03, 2025

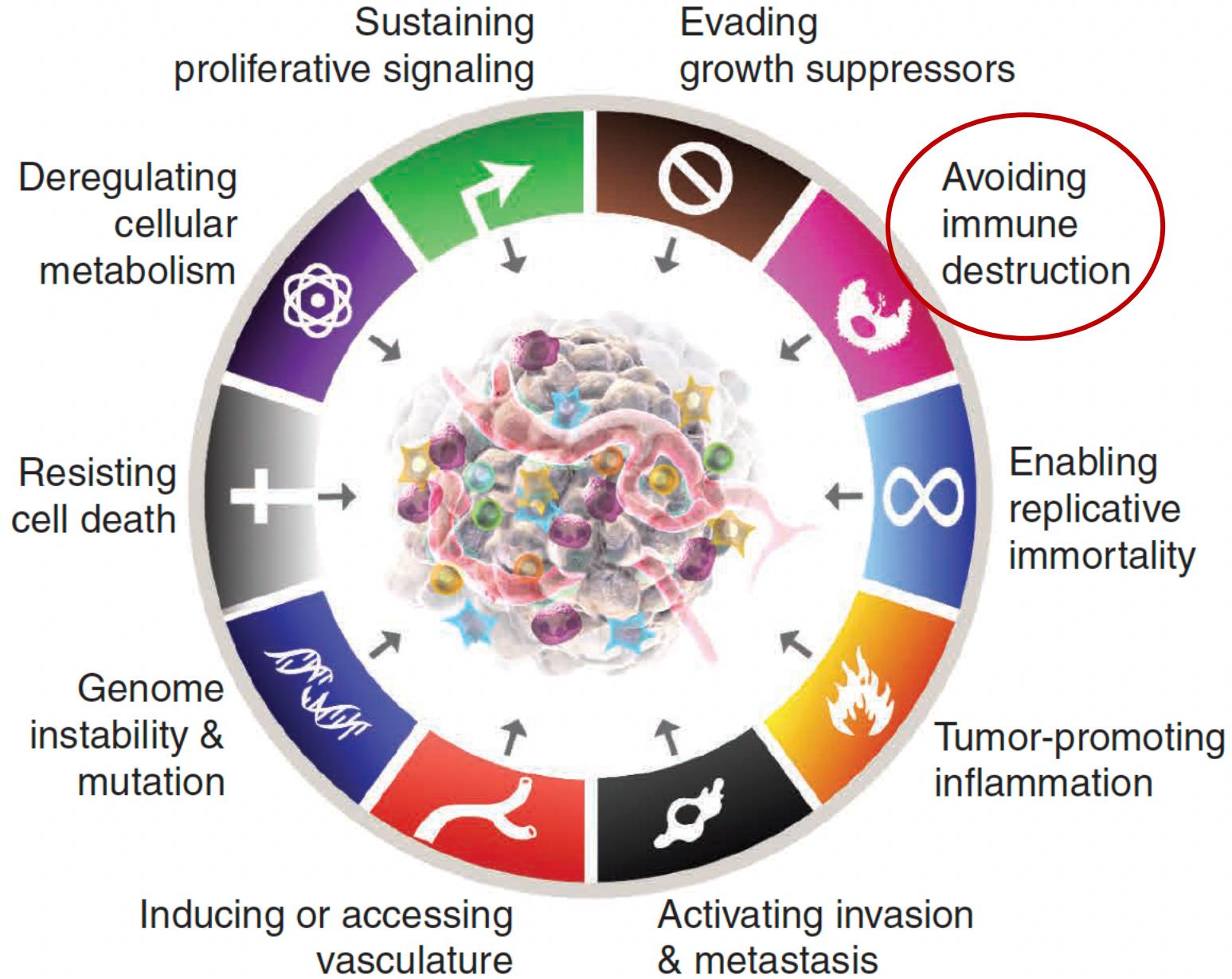
Conflicts of interest

None

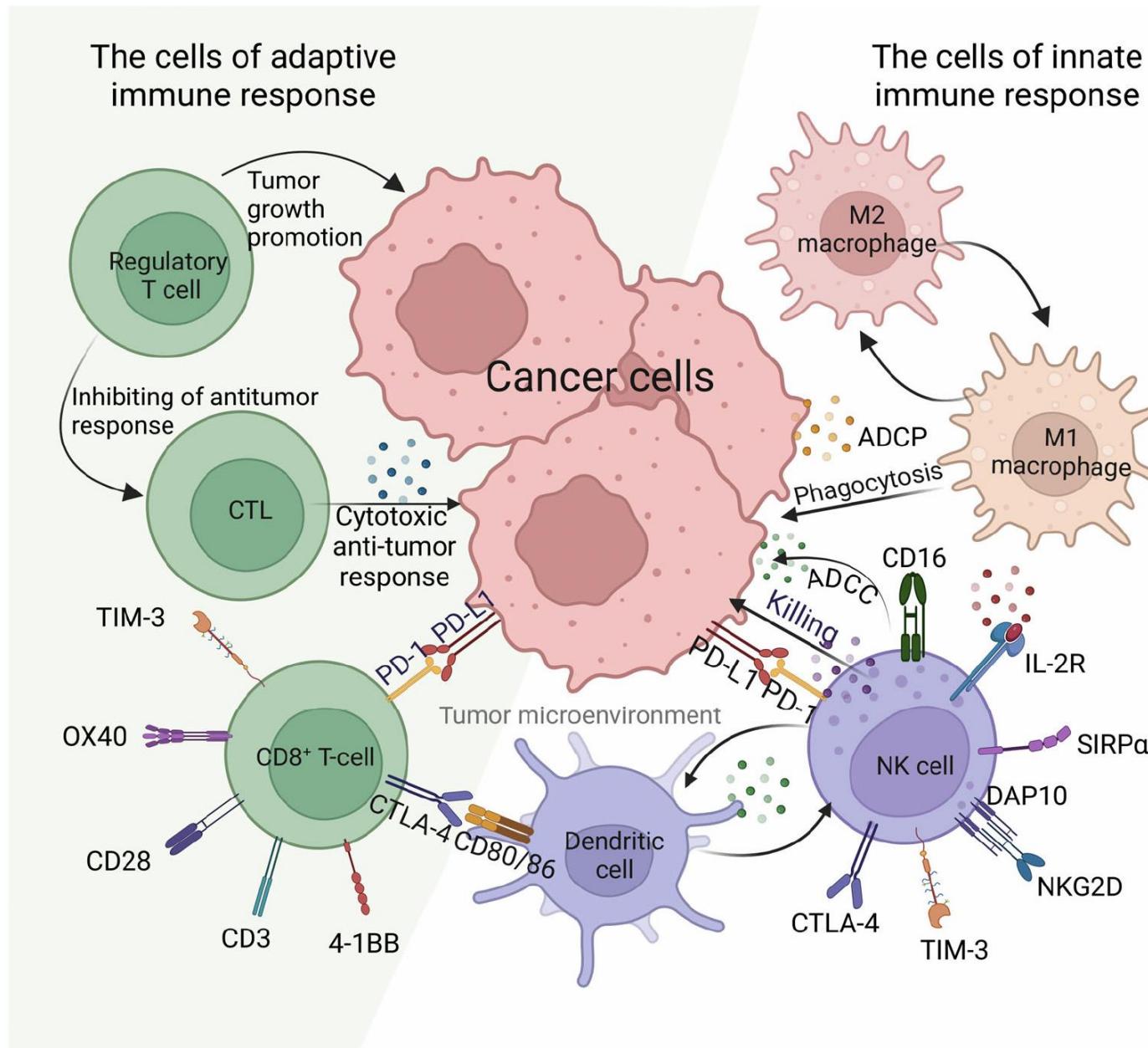
Immune System



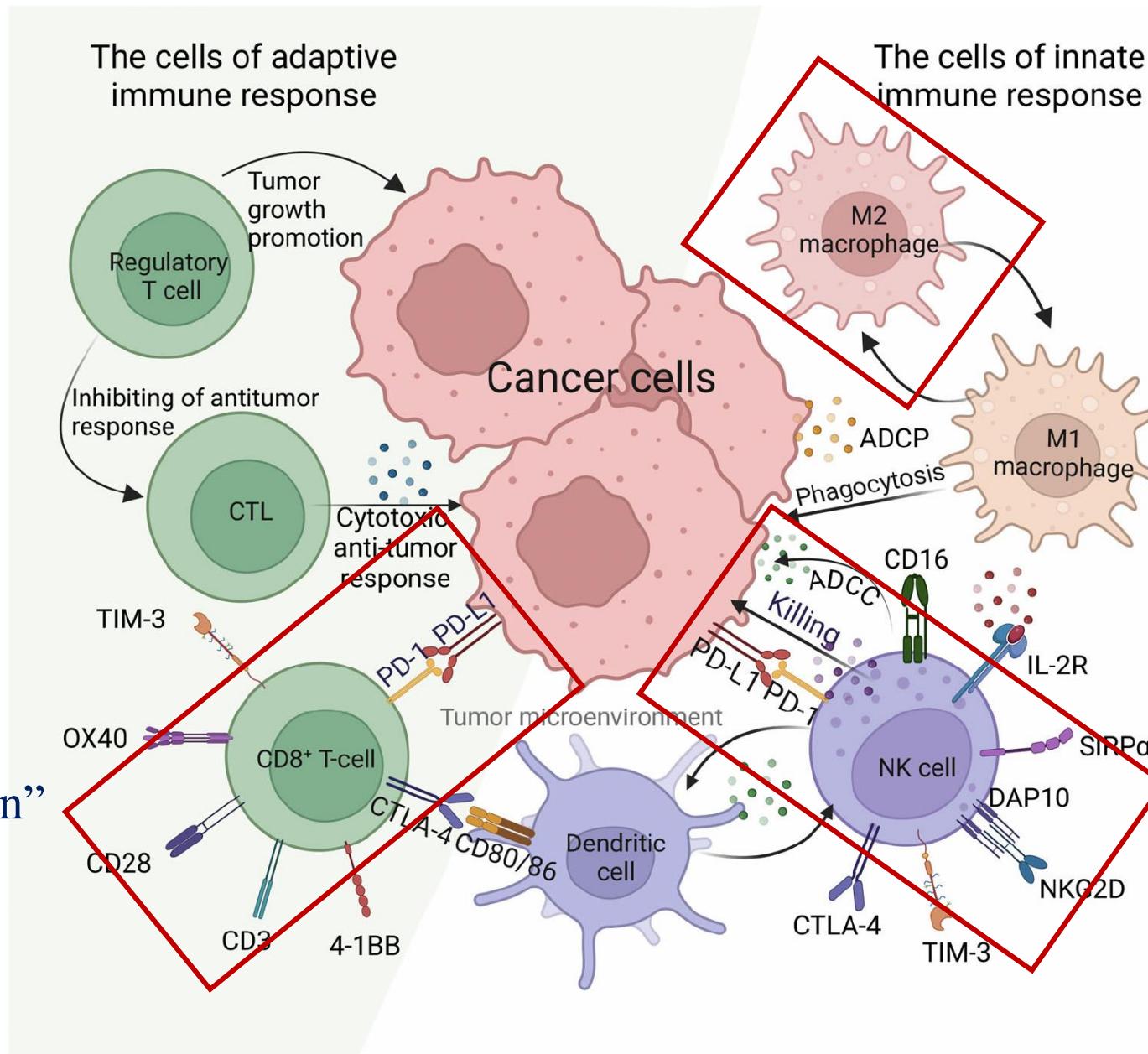
Hallmarks of cancer



The immune landscape of a solid tumor



Immune tolerance within the tumor microenvironment (TME)

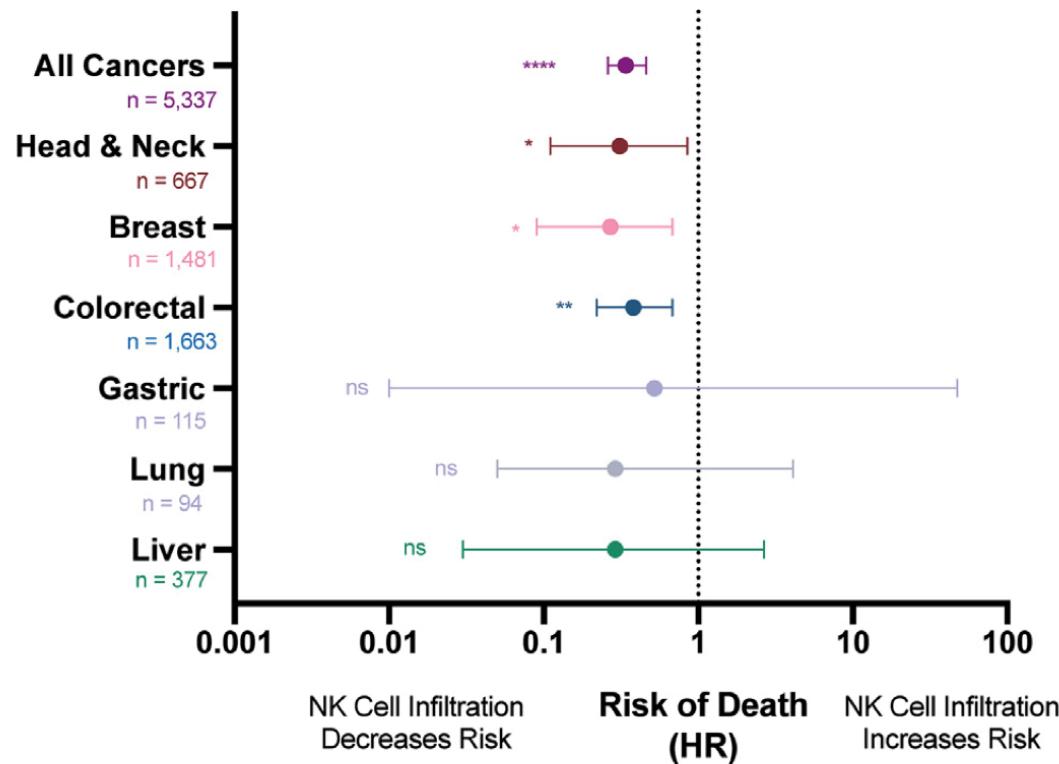


T-cell “exhaustion”

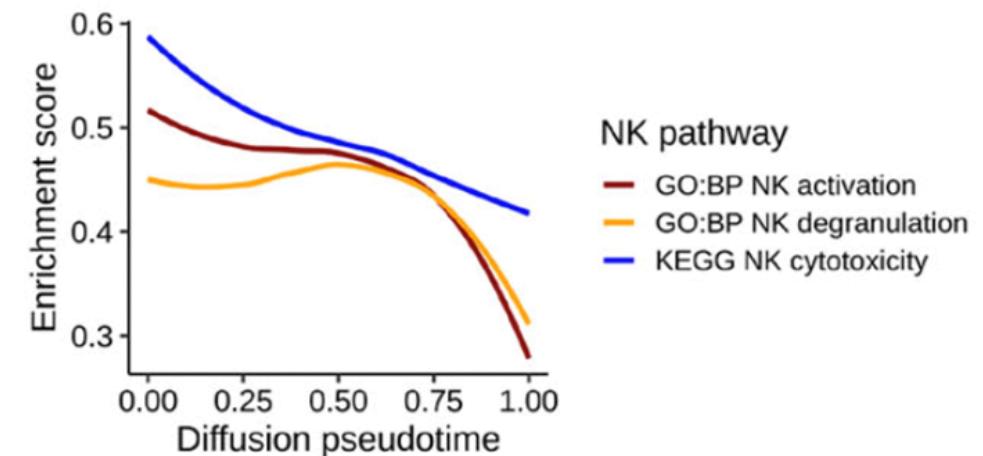
NK-cell “dormancy”

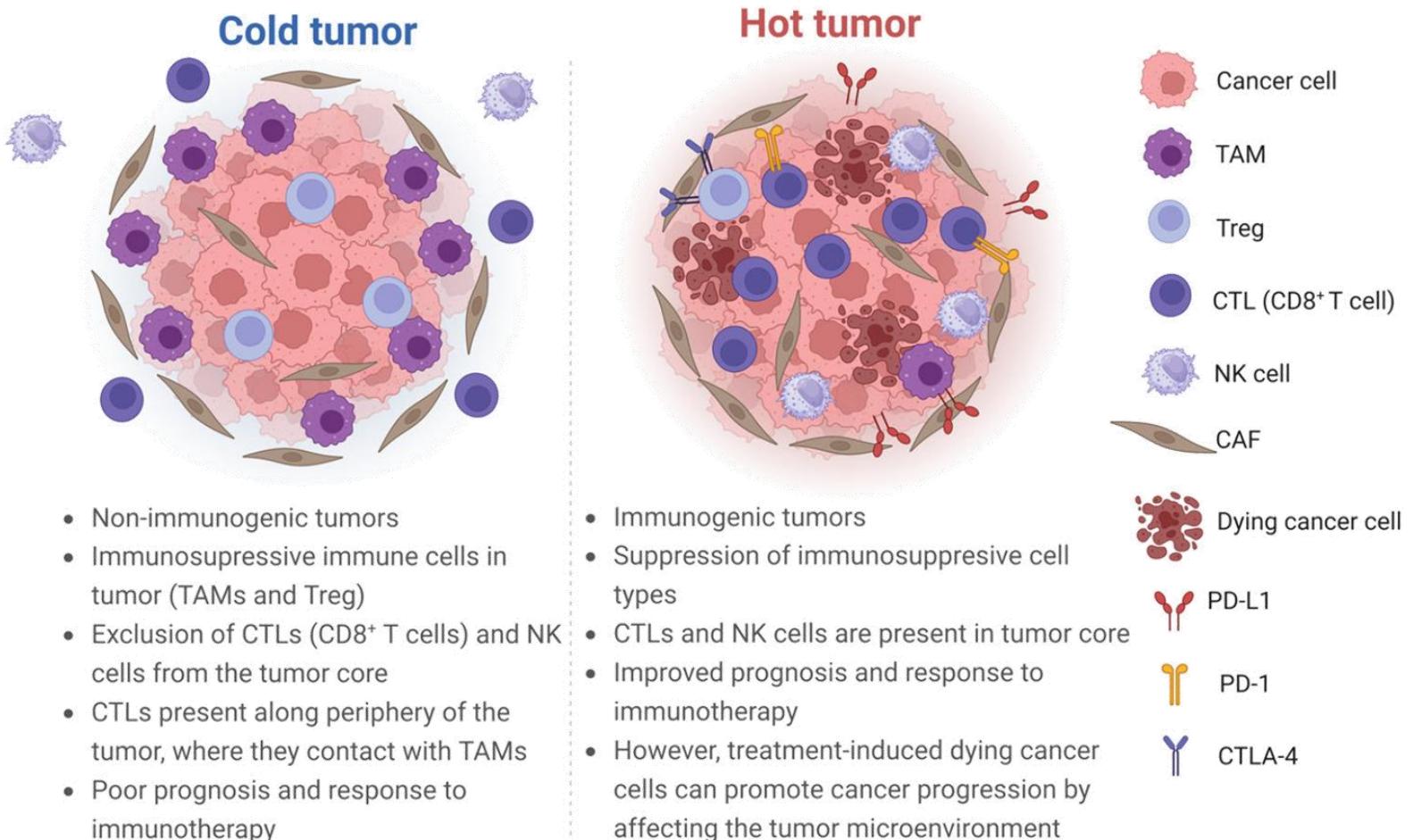
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Modulation of immune cells by the TME - the example of NK cells



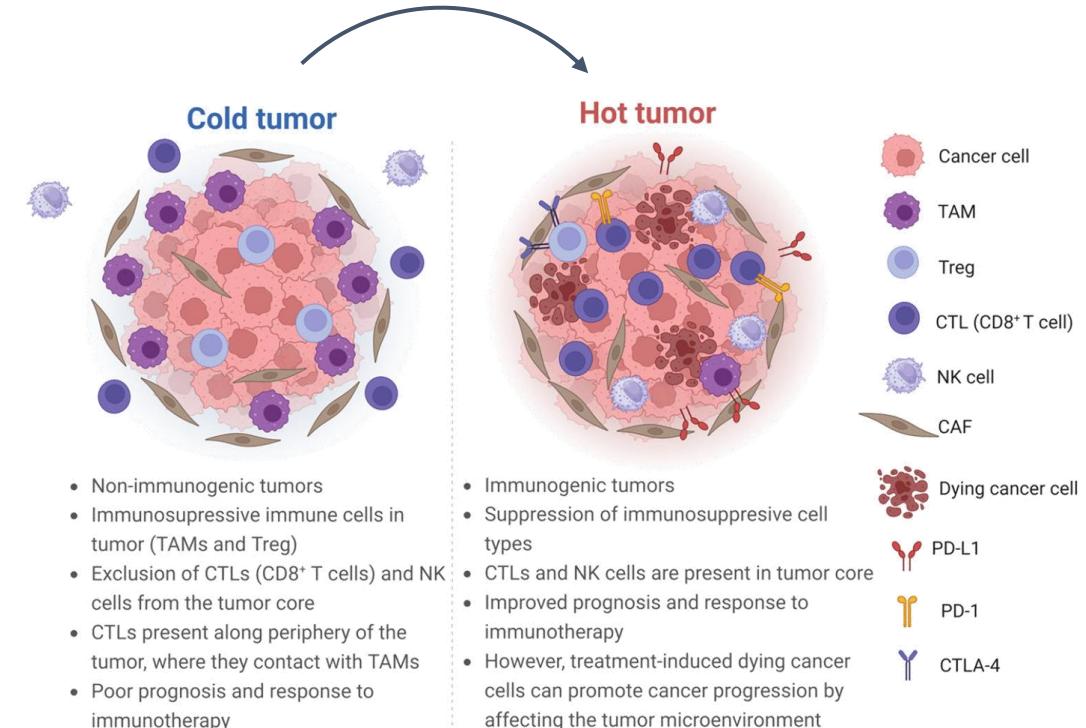
TME induces loss of NK cell effector functions with time



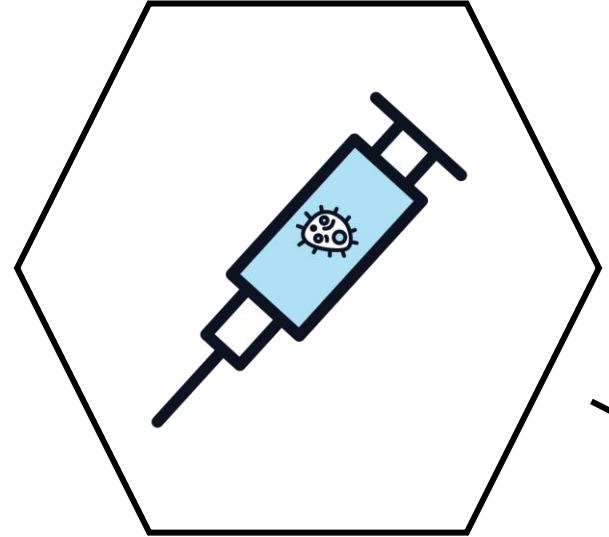


Goals of immunotherapy

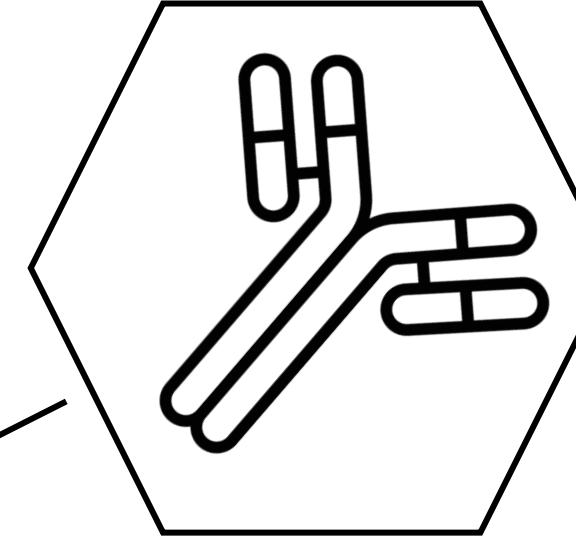
- Improve the infiltration of CTLs, NK cells, M1 macrophages
- Inhibit the infiltration of Tregs, MDSCs, TAMs (M2 macrophages)
- Enhance the effector function of infiltrating immune cells
- Generate immunological memory



Cancer vaccines



Monoclonal antibodies



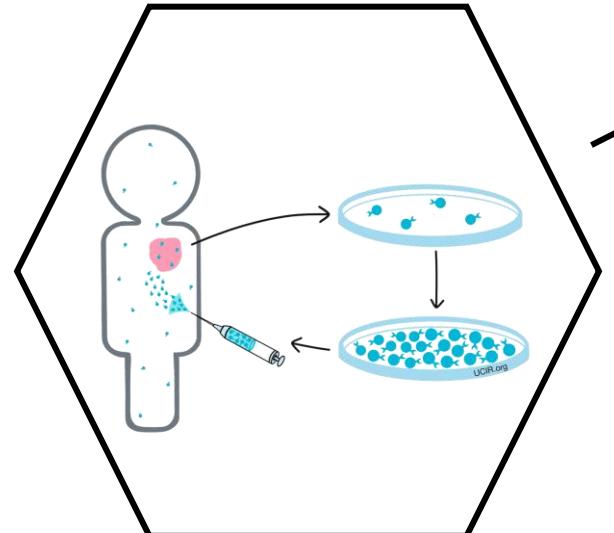
Immune Checkpoint
Inhibitors (ICIs)

Antibody-Drug
Conjugates (ADCs)

Bi- or Tri-specific Immune
Cell Engagers (ICEs)

Modes

Adoptive cell transfer (ACT)

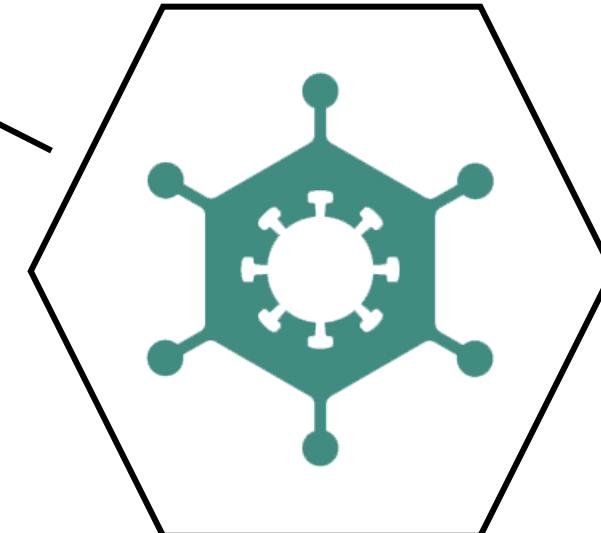


(TCR) T-cells

CAR-T/NK/M cells

CART.BiTE

Oncolytic viruses



T-VEC[®]

Adstiladrin[®]



Immune checkpoint inhibitors (ICIs) in solid tumors



Cancer survival in the era of ICIs



Immune-related adverse events (ir-AEs)

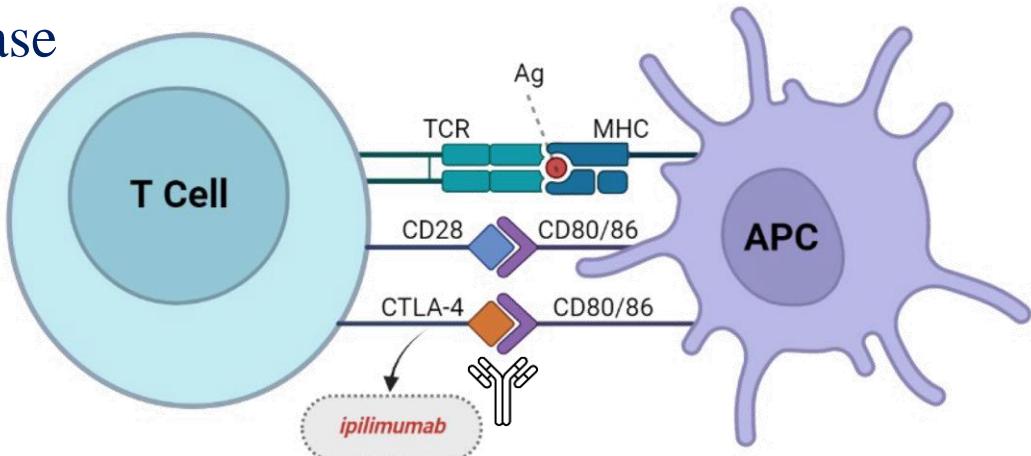


Future challenges

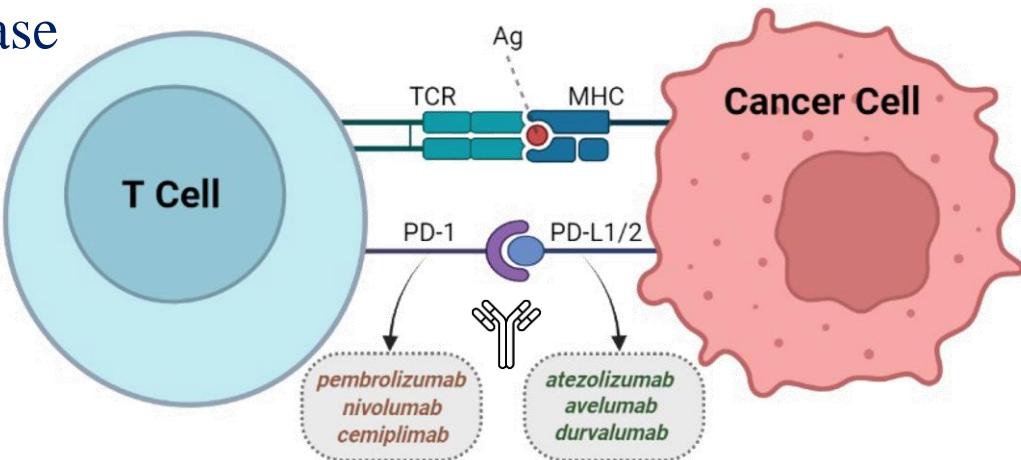
ICIs



Priming Phase



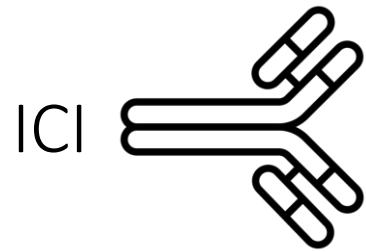
Effector Phase



- PD-1 \leftrightarrow PD-L1
- CTLA-4 \leftrightarrow CD80/CD86

Other targetable immune checkpoints

- LAG-3
- TIM-3
- TIGIT
- CD73
- VISTA
- BTLA
- NKG2A



PD-L1 / PD-1

Pembrolizumab

Nivolumab

Durvalumab

Atezolizumab

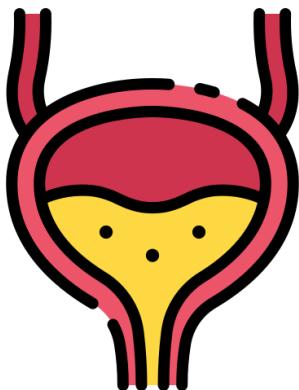
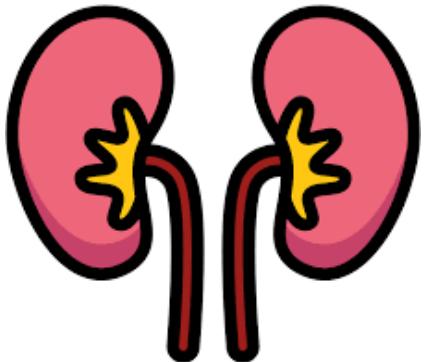
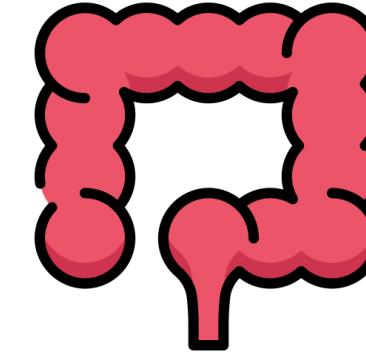
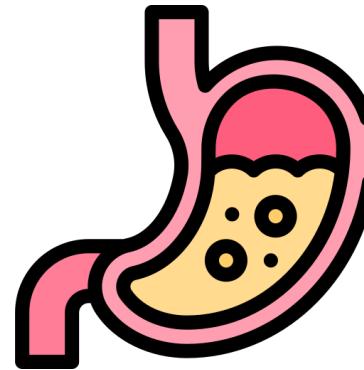
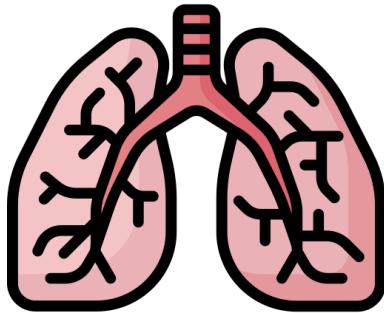
CTLA-4

Ipilimumab

LAG-3

Relatlimab

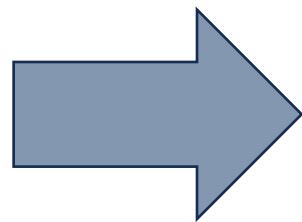
ICIs



The example of advanced melanoma

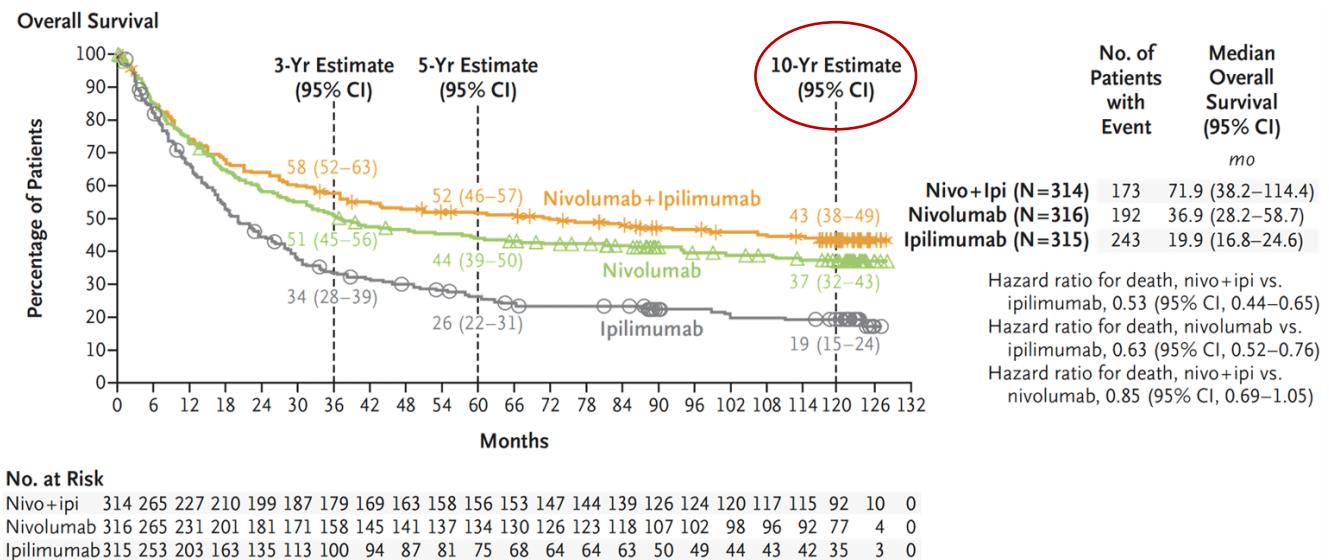
Before ICI

Median OS*:
6-9 months



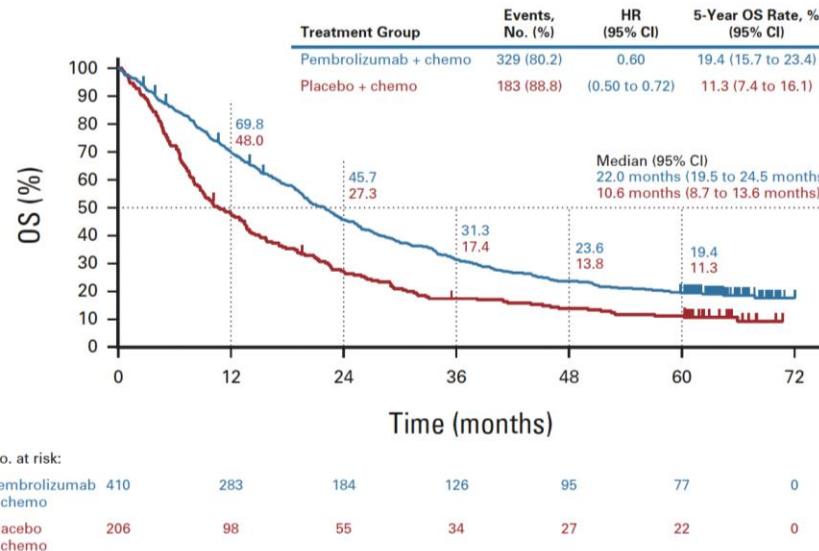
*OS: Overall Survival

ICI era

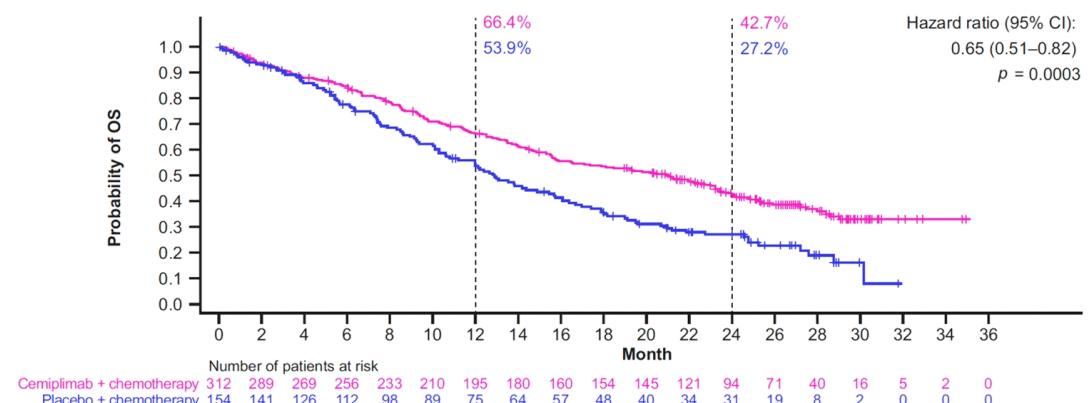


The example of advanced non-small cell lung cancer

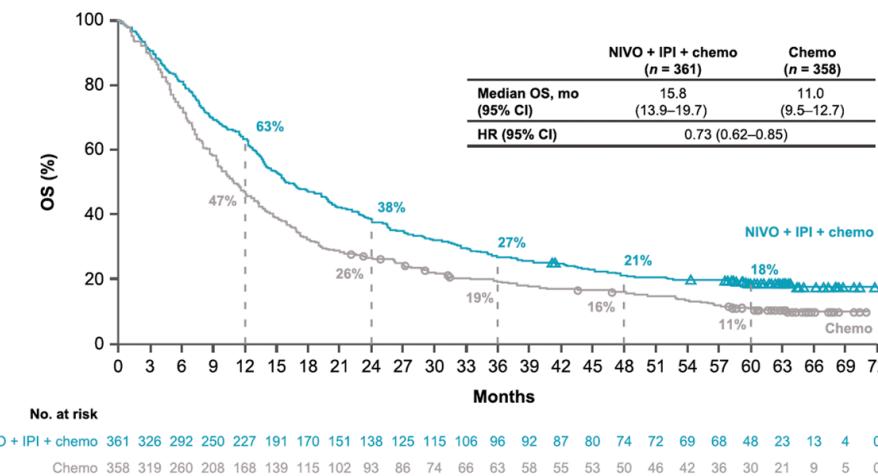
KEYNOTE-189



EMPOWER-Lung 3



CheckMate 9LA

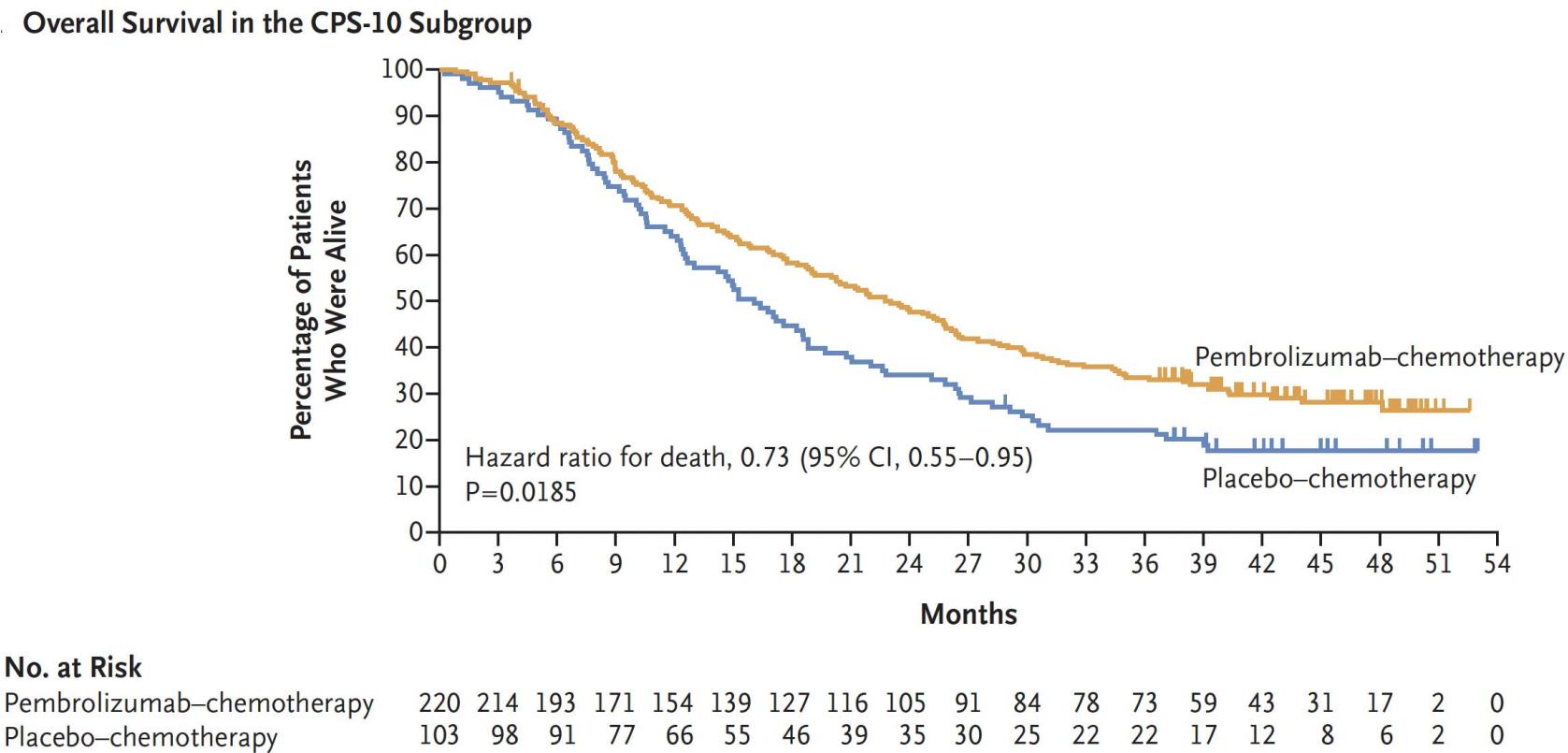


19 months

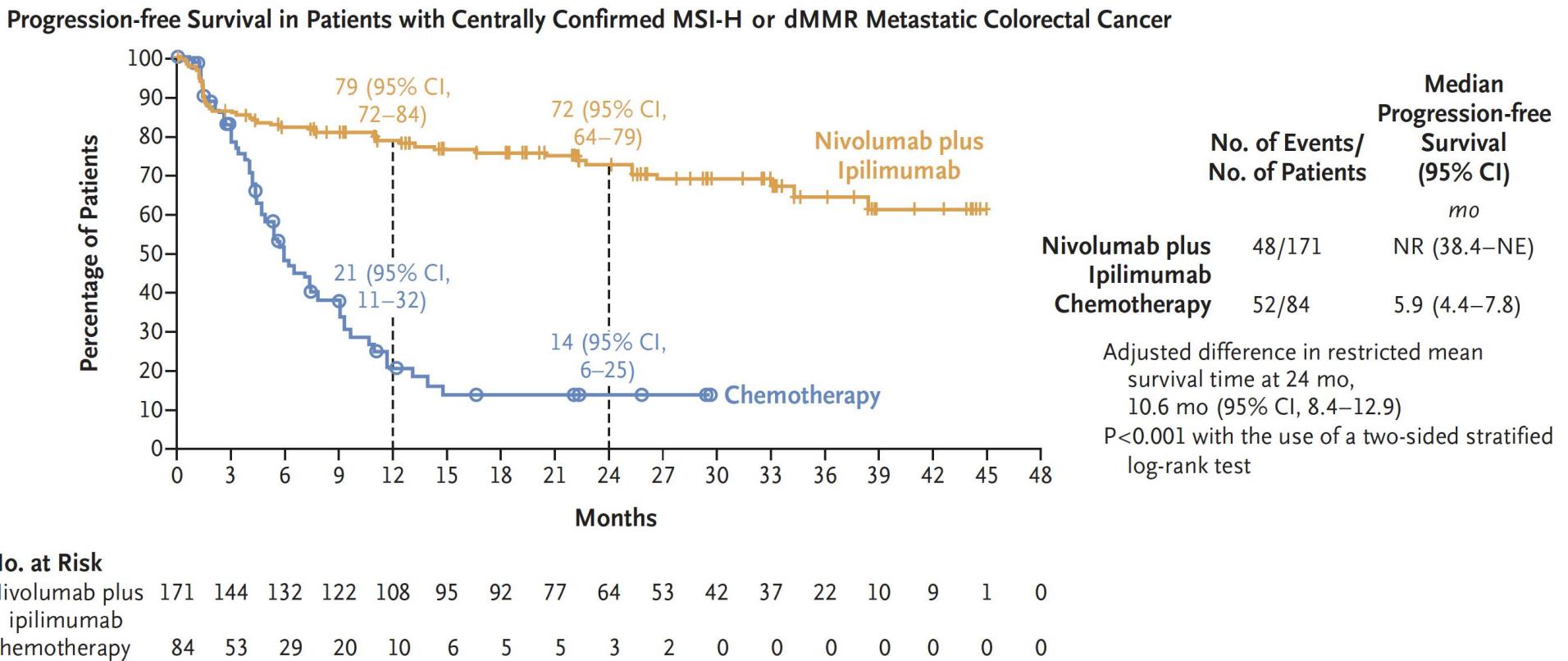
ICI

11 months

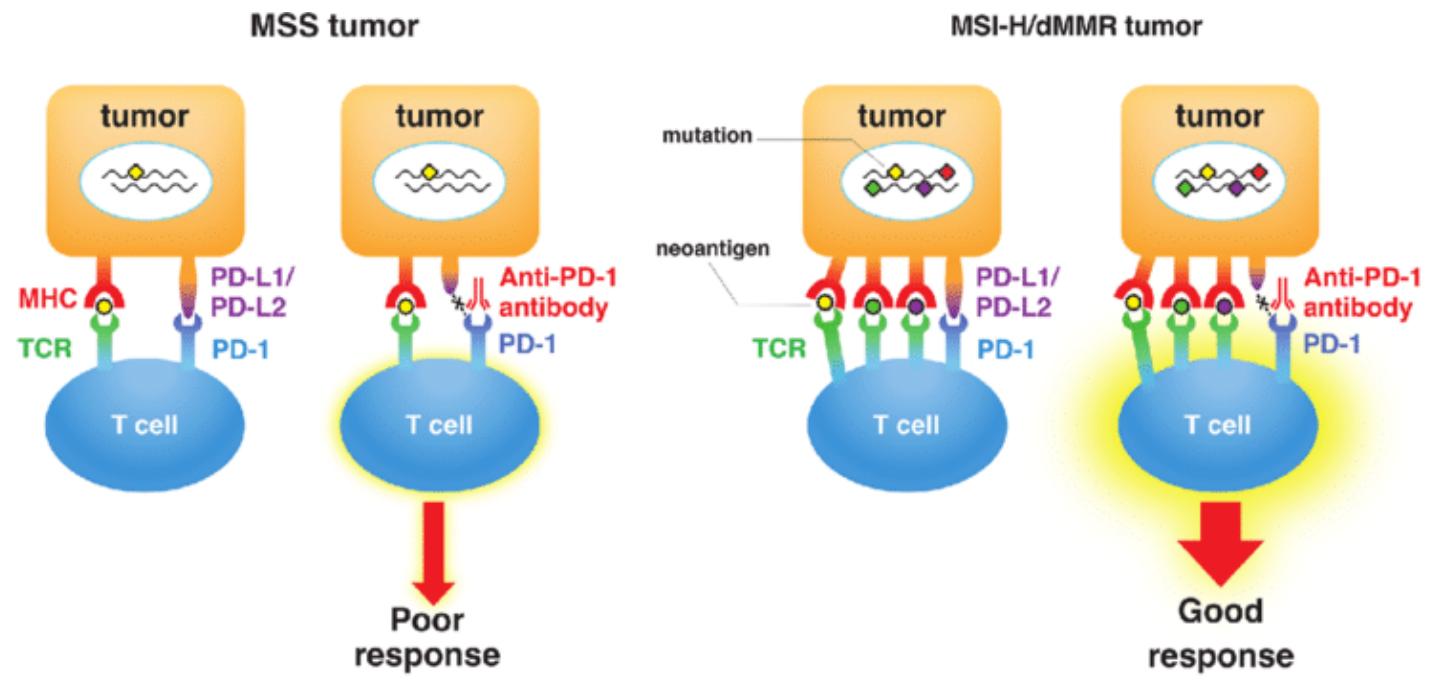
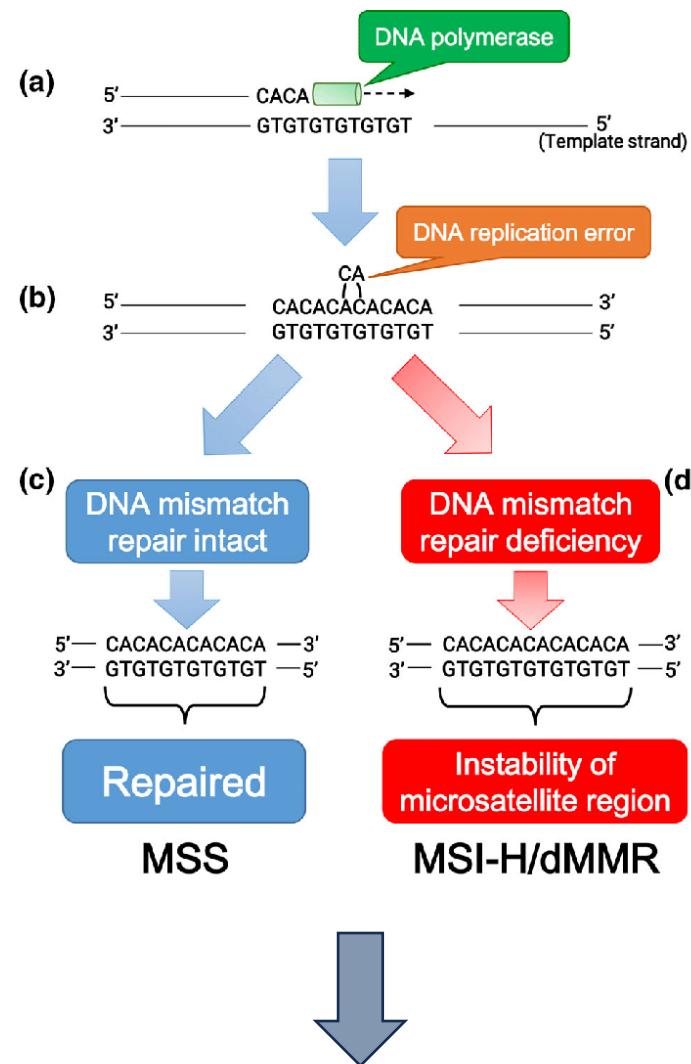
The example of advanced, triple-negative breast cancer



The example of advanced, MSI-H colorectal cancer



Tumor-agnostic indication (MSI-H/dMMR tumors)



Tumor-agnostic indication - Pembrolizumab (MSI-H/dMMR tumors)

Article | March 29, 2023

FDA Grants Full Approval to Pembrolizumab for Select Patients With MSI-H or dMMR Solid Tumors

Author(s): Kristi Rosa

The FDA has granted full approval to pembrolizumab for the treatment of adult and pediatric patients with unresectable or metastatic microsatellite instability–high or mismatch repair–deficient solid tumors that have progressed following previous treatment and who have no satisfactory alternative options.



The FDA has granted full approval to pembrolizumab (Keytruda) for the treatment of adult and pediatric patients with unresectable or metastatic microsatellite instability–high (MSI-H) or mismatch repair–deficient (dMMR) solid tumors that have progressed following previous treatment and who have no satisfactory alternative options.¹

Trial ID	No. of Patients	Previous lines of therapy
KEYNOTE-158	373	≥ 1
KEYNOTE-164	124	≥ 1
KEYNOTE-051	7 (pediatric)	

} ORR: 33%

Mechanisms of ICI resistance

Tumor-intrinsic

- Loss of neoantigens
- Defective antigen presentation
- Tumor cell phenotypic changes
- Metabolic antagonism

Tumor-extrinsic

- Upregulation of alternative immune checkpoints
- Immunosuppressive immune cell infiltration
- “Irreversible” T cell exhaustion
- Gut microbiome

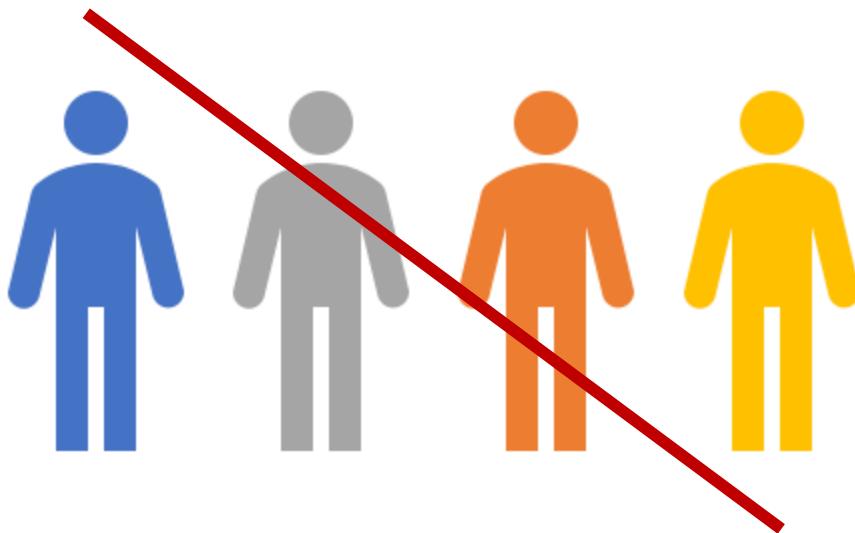
Side effects of ICIs

Flare of a
pre-existing
autoimmune disease

De novo immune-
related adverse
events resembling
autoimmune
diseases

ICI use in patients with a pre-existing autoimmune disease

13.5%-25% of patients diagnosed with lung cancer may have a concomitant autoimmune disorder

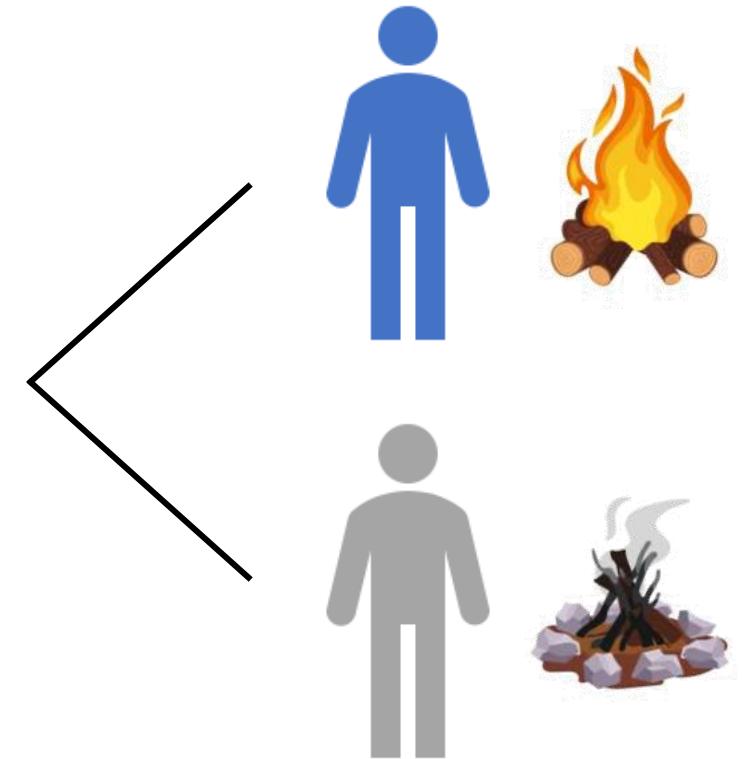


Excluded from clinical trials of immunotherapy

ICI use in patients with pre-existing autoimmune diseases

Patients with a history of ADs.⁷ Patients with a history of AD have an increased chance for a flare of the AD following initiation of ICI. One can distinguish patients with an active AD requiring IS treatment and patients with a history of AD who are asymptomatic without treatment. The latter group may undergo treatment with ICI therapy, but patients should be fully aware of the risks and should report immediately when AD symptoms start.

ESMO Clinical Practice Guidelines, 2022



Systematic Review

- N = 123 pts.
- 83.5%: prior treatment for autoimmune disease
 - 46.2%: active autoimmune disease with ongoing symptoms
 - 43.6%: concomitant immunosuppressive treatment at initiation of ICI
- 75% reported adverse events
 - 41%: exacerbation of pre-existing autoimmune disease
 - 25%: de novo ir-AEs
 - 9%: both
- 17.1% discontinued immunotherapy permanently due to adverse events
- No difference in occurrence for patients with active *vs.* inactive autoimmune disease
- Trend for fewer adverse events in patients receiving any therapy for autoimmune disease at initiation of ICI

REVIEW

Autoimmune diseases and immune-checkpoint inhibitors for cancer therapy: review of the literature and personalized risk-based prevention strategy

J. Haanen¹, M. S. Ernstoff², Y. Wang³, A. M. Menzies^{4,5}, I. Puzanov², P. Grivas⁶, J. Larkin⁷, S. Peters⁸, J. A. Thompson^{6,9} & M. Obeid^{10,11*}

¹Netherlands Cancer Institute, Division of Medical Oncology, Amsterdam, The Netherlands; ²Roswell Park Comprehensive Cancer Center, Buffalo; ³Department of Gastroenterology, Hepatology & Nutrition, University of Texas MD Anderson Cancer Center, Houston, USA; ⁴Melanoma Institute Australia, The University of Sydney, Sydney; ⁵Royal North Shore and Mater Hospitals, Sydney, Australia; ⁶University of Washington, Seattle Cancer Care Alliance, Fred Hutchinson Cancer Research Center, Seattle, USA; ⁷Royal Marsden NHS Foundation Trust, London, UK; ⁸Oncology Department, Centre Hospitalier Universitaire Vaudois (CHUV) and Lausanne University, Lausanne, Switzerland; ⁹National Cancer Institute/NIH, Bethesda, USA; ¹⁰Department of Medicine, Service of Immunology and Allergy, Centre Hospitalier Universitaire Vaudois (CHUV), Lausanne; ¹¹Vaccine and Immunotherapy Center, Centre Hospitalier Universitaire Vaudois (CHUV), Centre d'Immunothérapie et de Vaccinologie, Lausanne, Switzerland

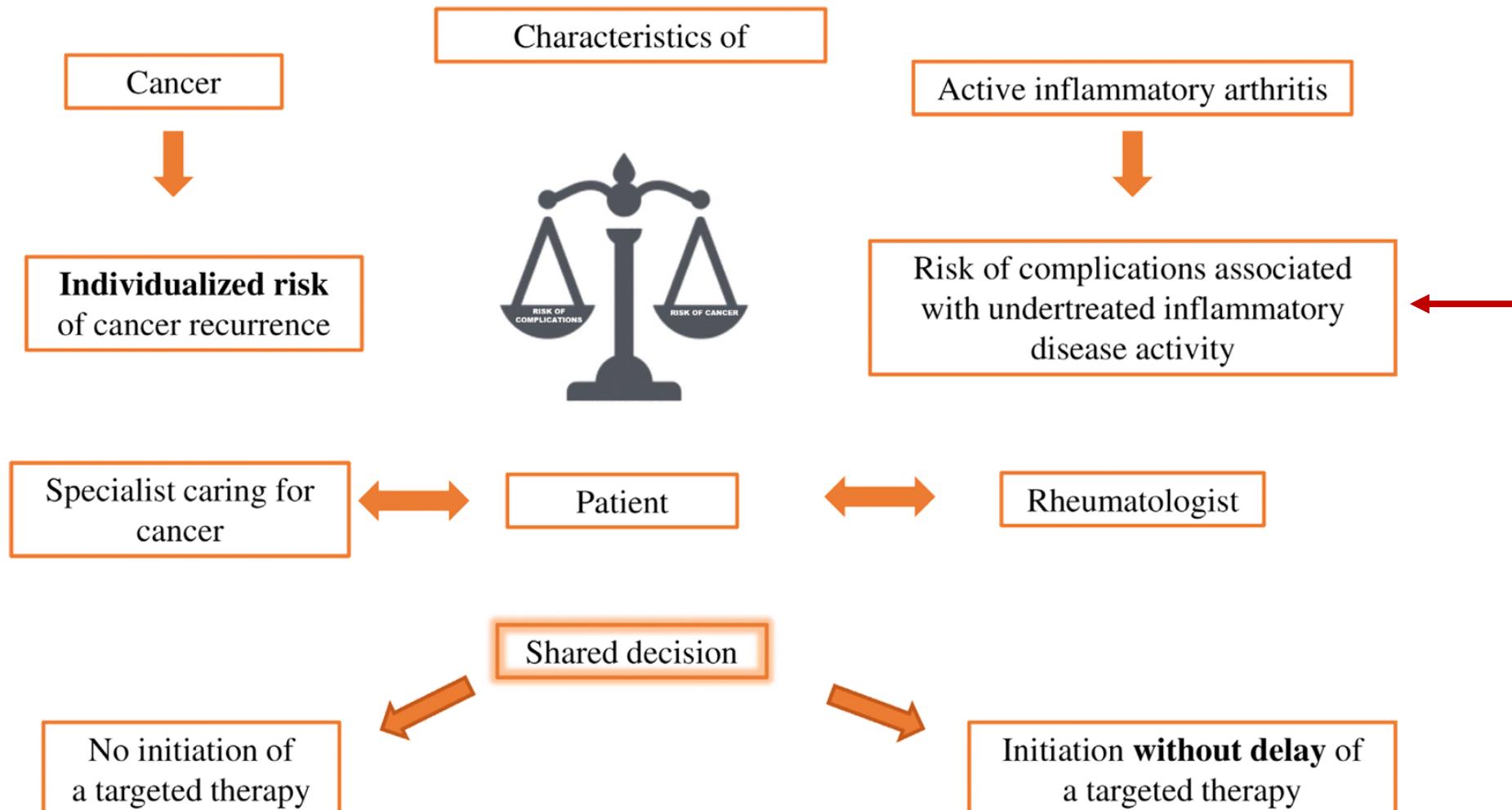
Available online 17 March 2020

Patients who are receiving IS for their AD could, depending on the IS and dose (non-specific or targeted), undergo tapering of the IS (e.g. to prednisone 10 mg) or switch to a biological disease-modifying antirheumatic drug before ICI treatment is initiated. This treatment could be continued during ICI therapy to keep the AD and a potential flare under control.

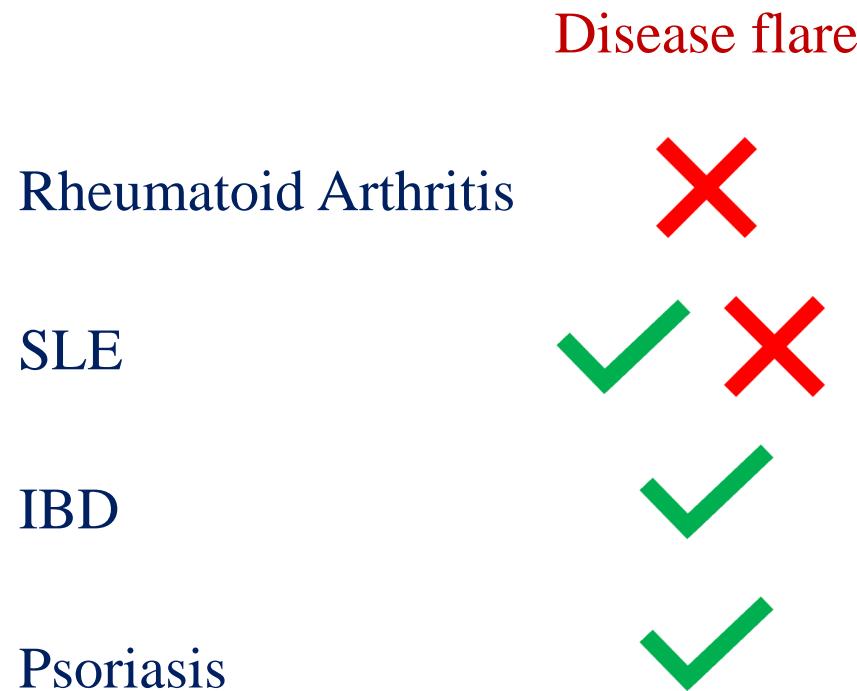


2024 EULAR points to consider on the initiation of targeted therapies in patients with inflammatory arthritis and a history of cancer

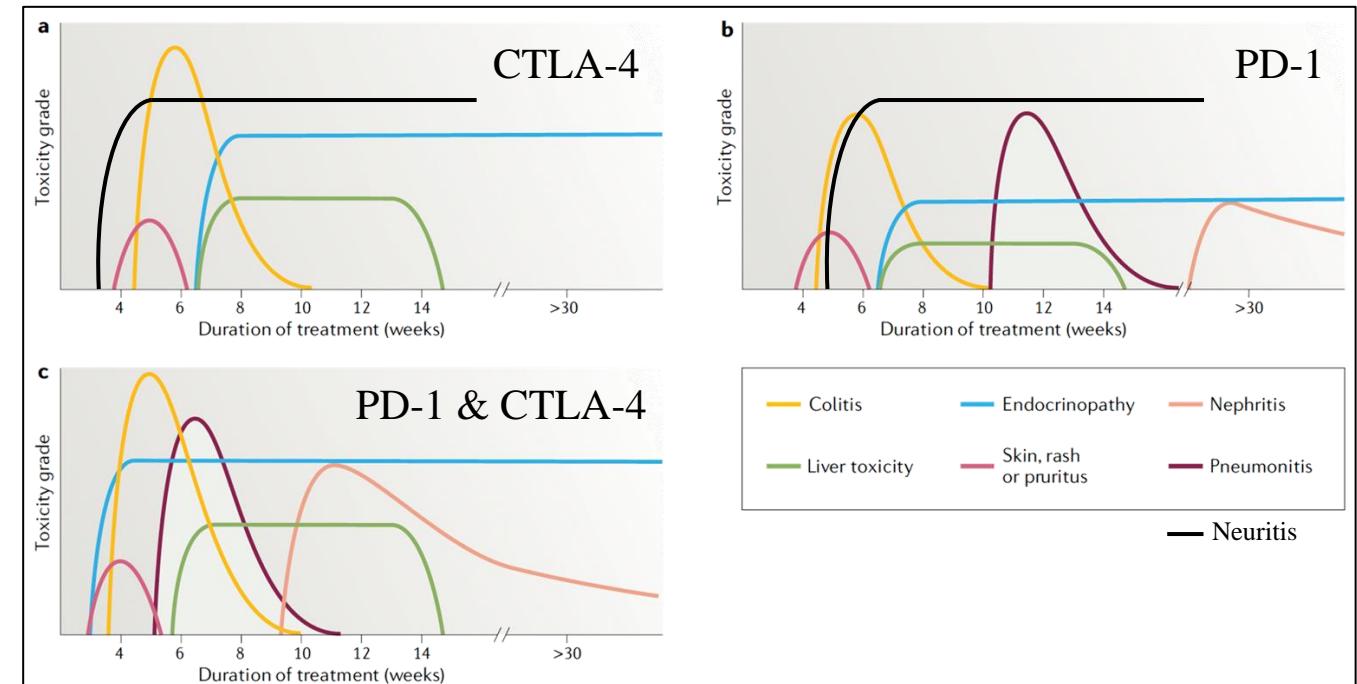
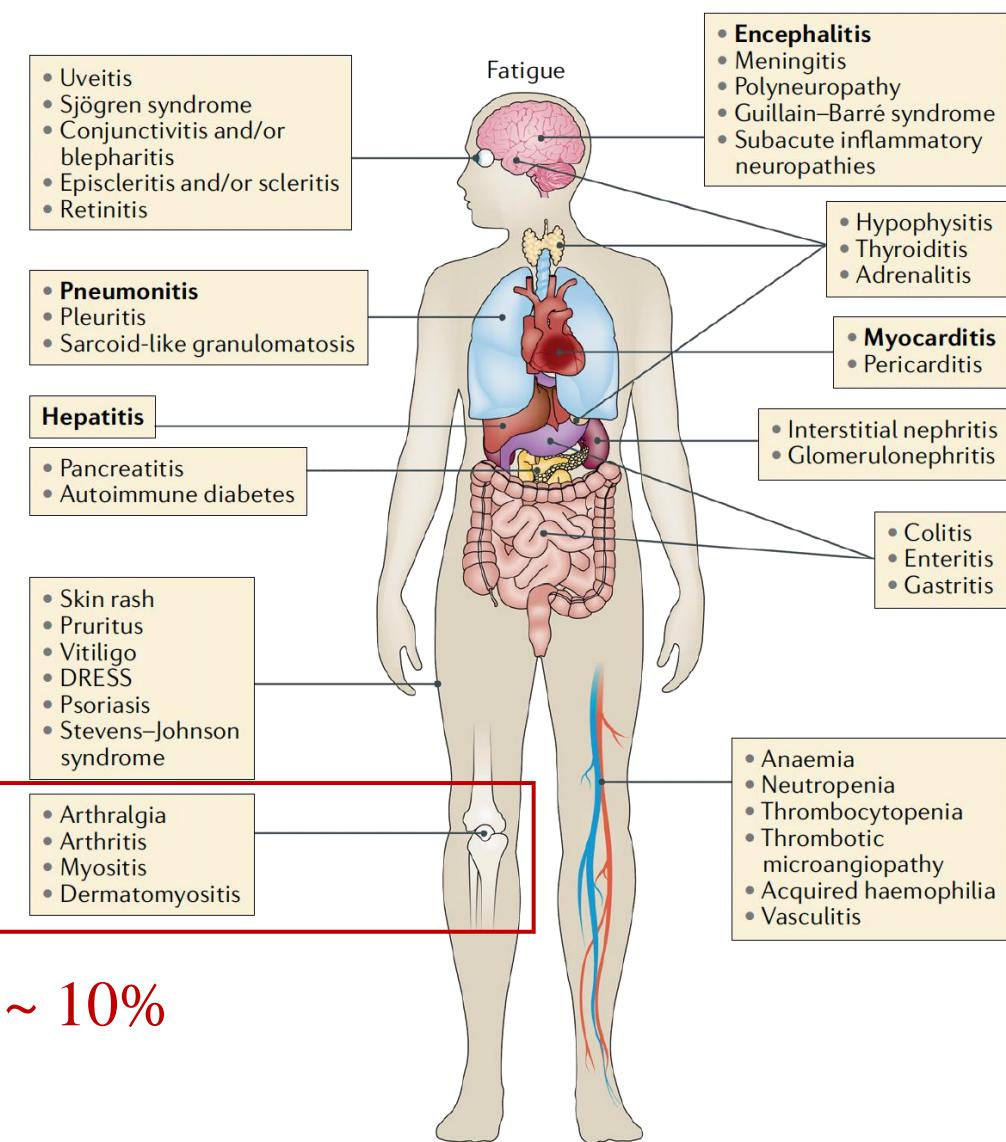
Eden Sebbag ¹, Kim Lauper ², Juan Molina-Collada ³, Daniel Aletaha ⁴,
Johan Askling ⁵, Karolina Gente⁶, Heidi Bertheussen⁷, Samuel Bitoun ⁸,
Ertugrul Cagri Bolek ⁹, Gerd R Burmester ¹⁰, Helena M Canhão¹¹,
Katerina Chatzidionysiou ⁵, Jeffrey R Curtis¹², Francois-Xavier Danlos ^{13,14},
Vera Guimarães¹⁵, Merete Lund Hetland ^{16,17}, Florenzo Iannone ¹⁸,
Marie Kostine ¹⁹, Tue Wenzel Kragstrup ^{20,21}, Tore K Kvien ²²,
Anne Constanze Regierer ²³, Hendrik Schulze-Koops ²⁴, Lucía Silva-Fernández²⁵,
Zoltan Szekanecz²⁶, Maya H Buch ²⁷, Axel Finckh ²,
Jacques-Eric Gottenberg ¹



Our own anecdotal experience (PAGNI)

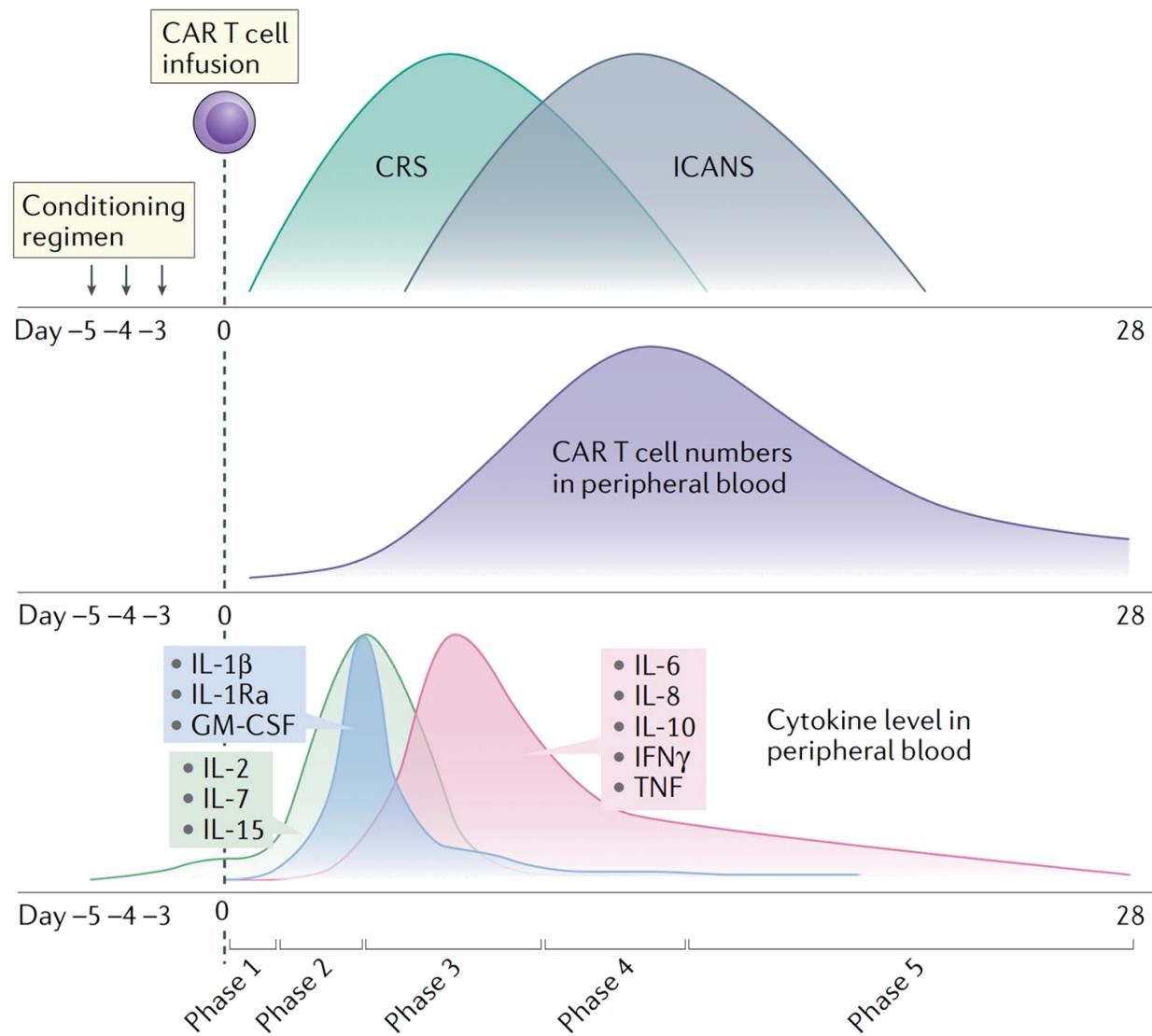


De novo immune-related adverse events



~ 10%

Cytokine Release Syndrome (CRS) / ICANS / GVHD



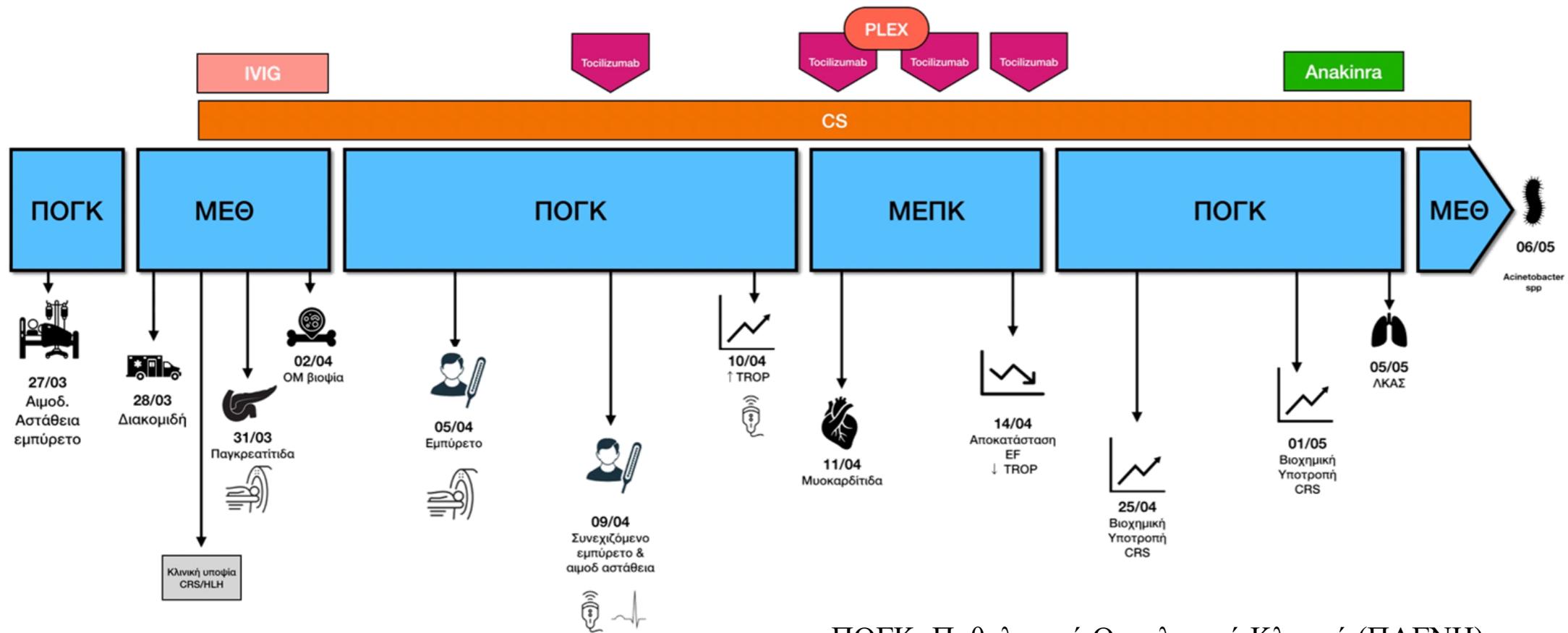
CRS symptoms

- Cardiac
- Pulmonary
- Hepatic
- Renal
- Gastrointestinal

ICANS symptoms

- Confusion
- Slurred speech / aphasia
- Seizures
- Cerebral oedema
- Coma (!)

A rare example of fatal ir-AEs



ΠΟΓΚ: Παθολογική Ογκολογική Κλινική (ΠΑΓΝΗ)

Arthralgia / Myalgia

- ❖ Incidence rates: 1-43%, 2-20%
- ❖ Differential diagnosis: paraneoplastic, induced by other cancer therapies (e.g. hormones)
- ❖ Needs to be ruled out (!): myalgia secondary to myositis
- ❖ Treatment: analgesics +/- NSAIDs

ir-inflammatory arthritis and polymyalgia rheumatica (PMR)

- ❖ Incidence rate: 5-10%
- ❖ First-line treatment: steroids
- ❖ Consider early referral to a rheumatologist (\geq grade 2) before starting steroids or if switching to DMARDs
- ❖ ICI treatment continuation evaluated on an individual basis

ir-sicca syndrome

- ❖ Incidence rate: 5-24% (hard to precisely define)
- ❖ Differential diagnosis: RT-related, drug-related (opioid), oral candidiasis
- ❖ Treatment: symptomatic treatment, pilocarpine, hydrochloroquine

ir-myositis

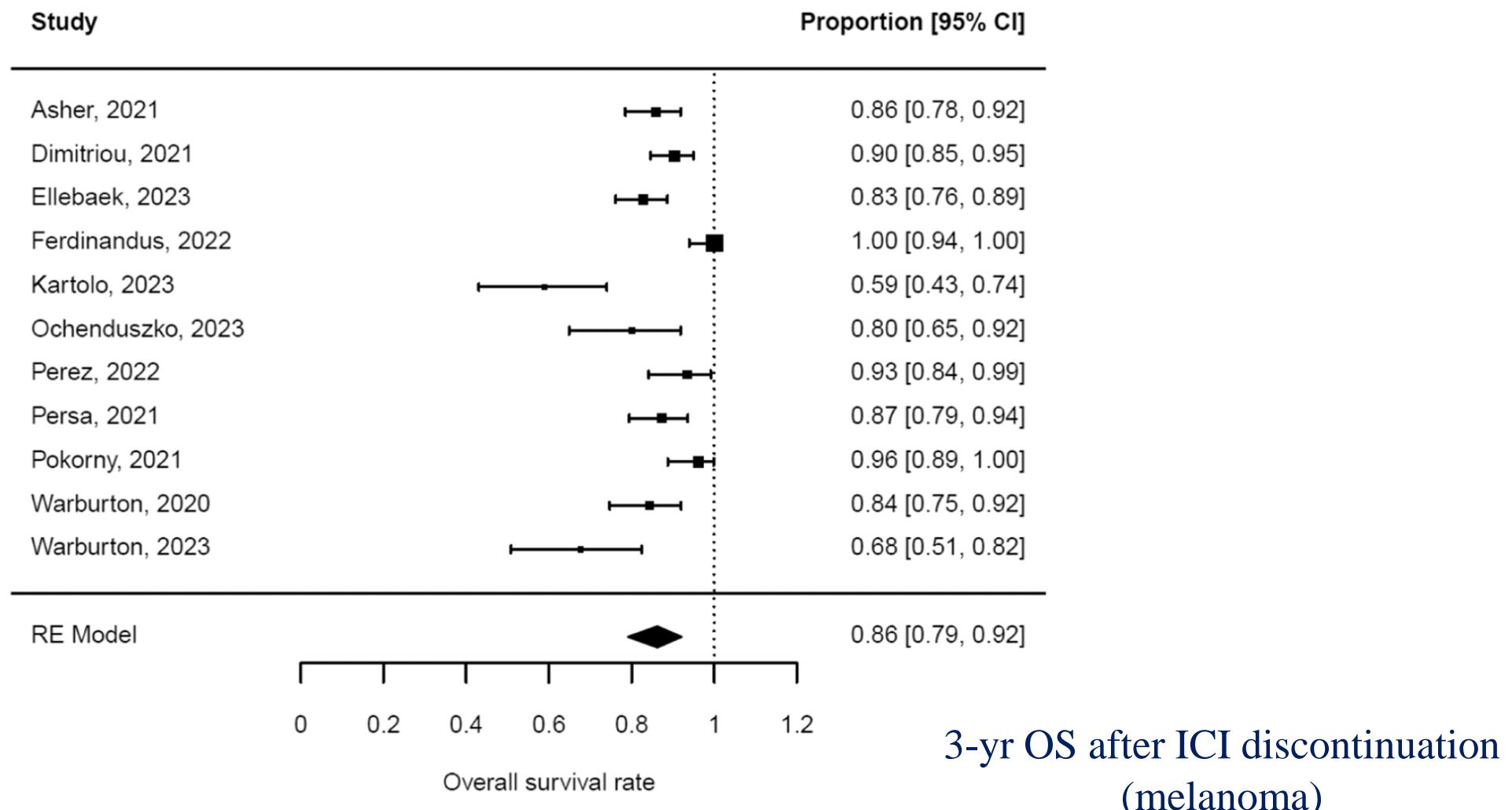


- ❖ Incidence rate: ~ 1%
- ❖ Clinical Presentation: myalgia, axial, limb-girdle, bulbar, oculomotor weakness / secondary myocarditis (myasthenia-myocarditis-myositis)
- ❖ Treatment: (mild) steroids (0.5-1 mg/kg per day prednisone)
(severe) steroid pulses, IVIG, plasma exchange, IL-6R inhibitors

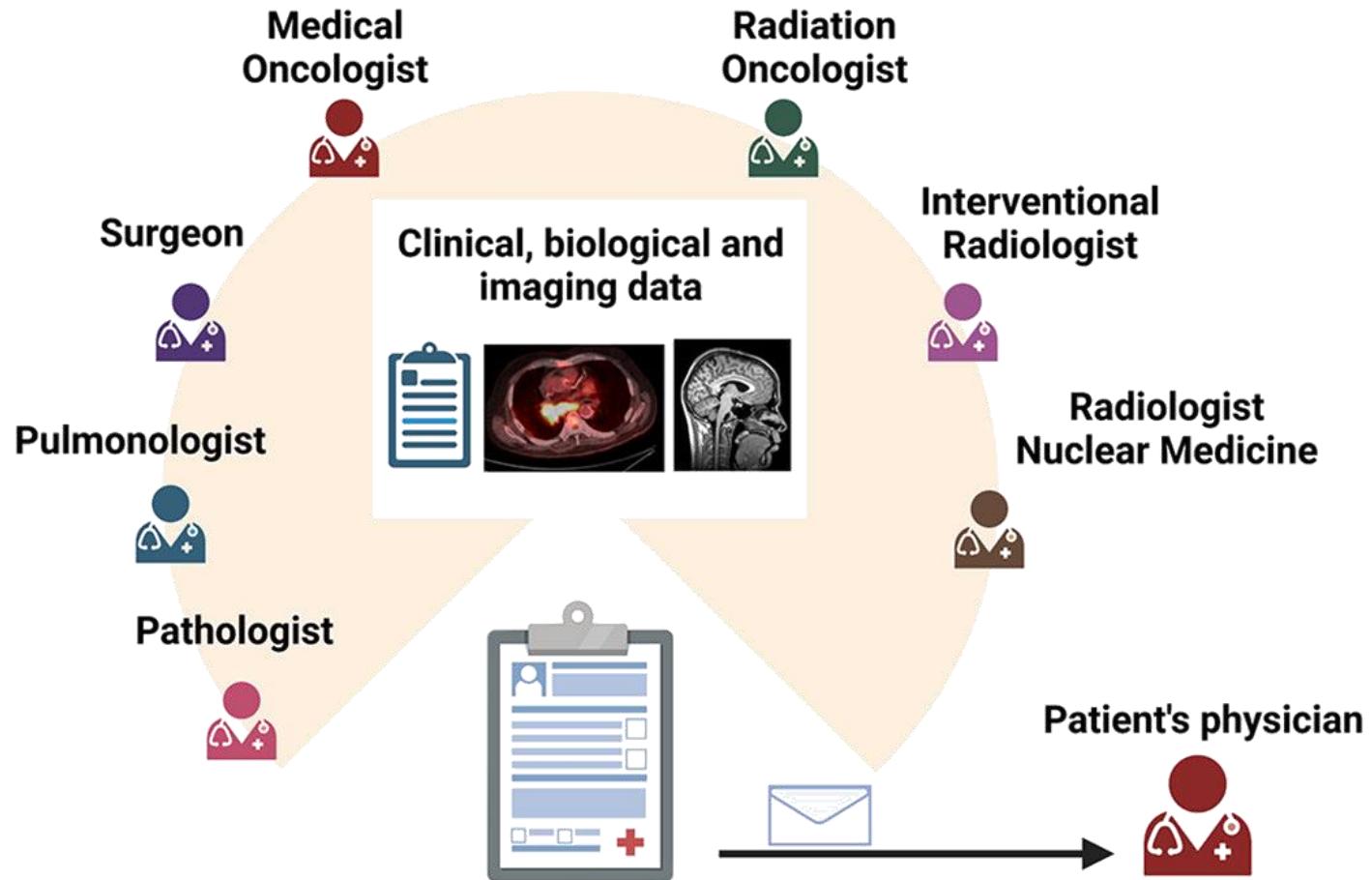
Other ir-rheumatologic manifestations (rare)

- ❖ Vasculitis
- ❖ Scleroderma-like reaction
- ❖ Lupus

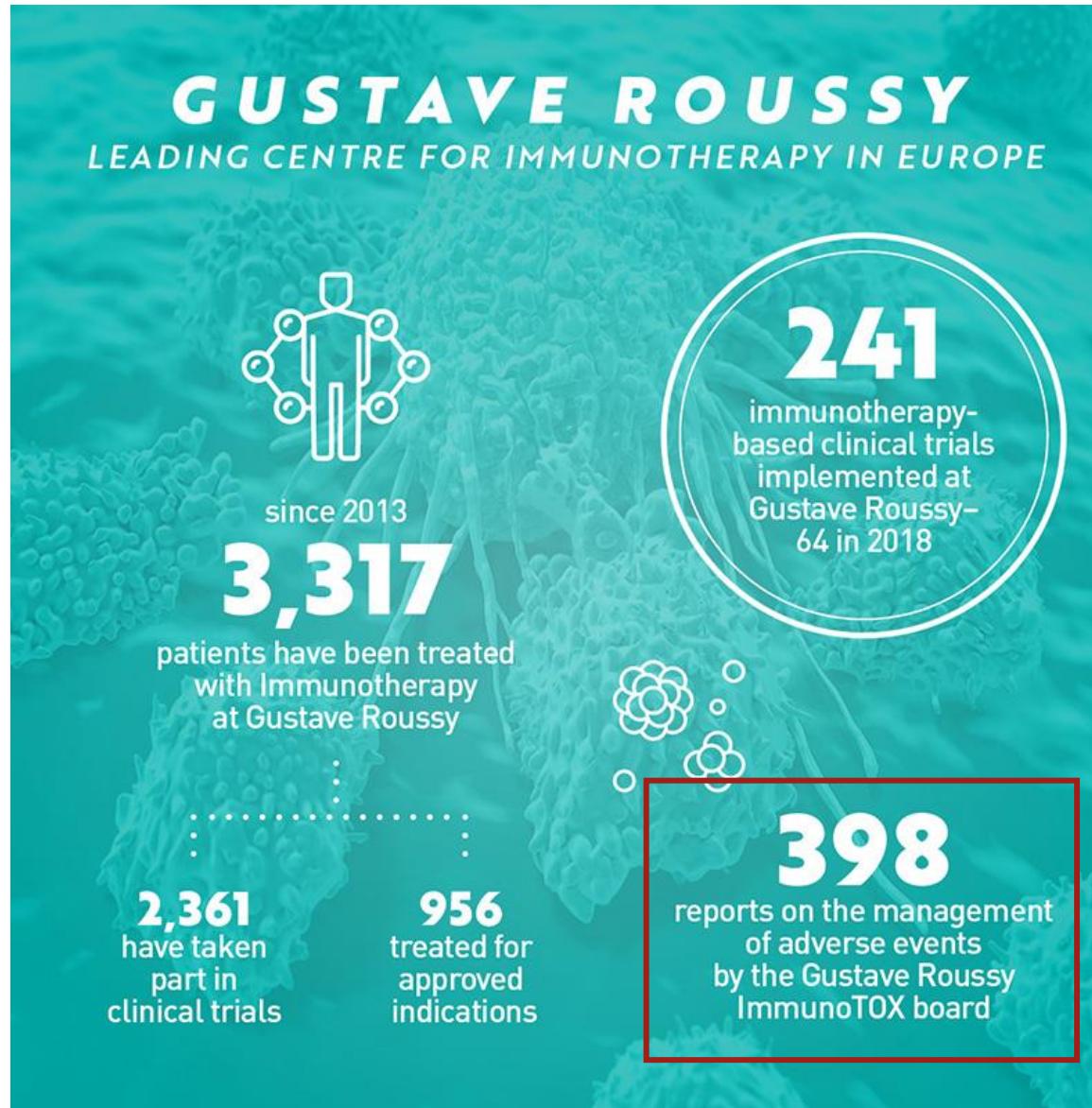
The long-lasting effects of ICIs



Immunotherapy-related toxicity tumor board (ImmunoTox Board)



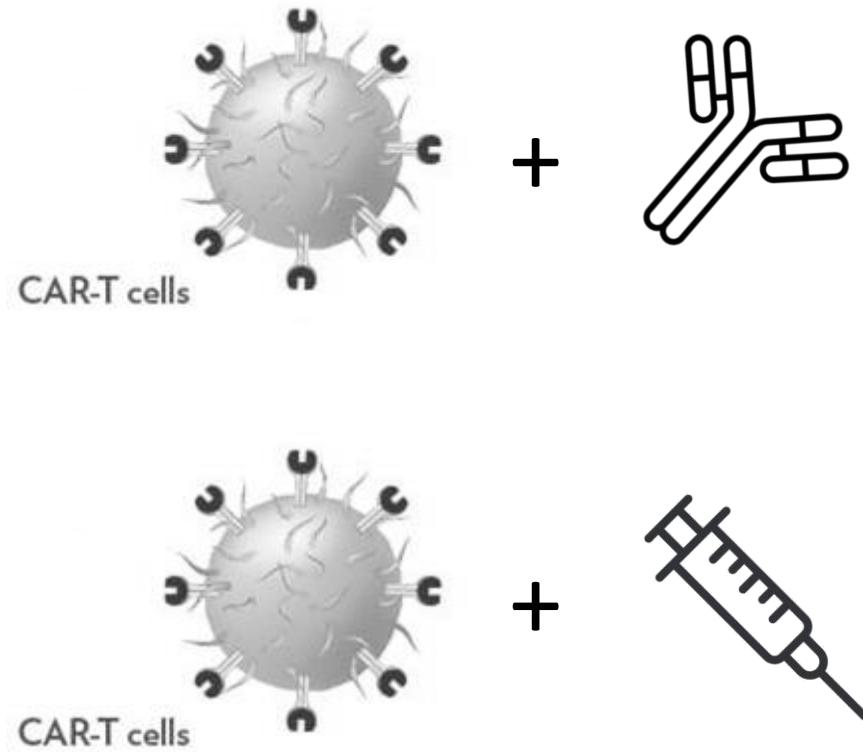
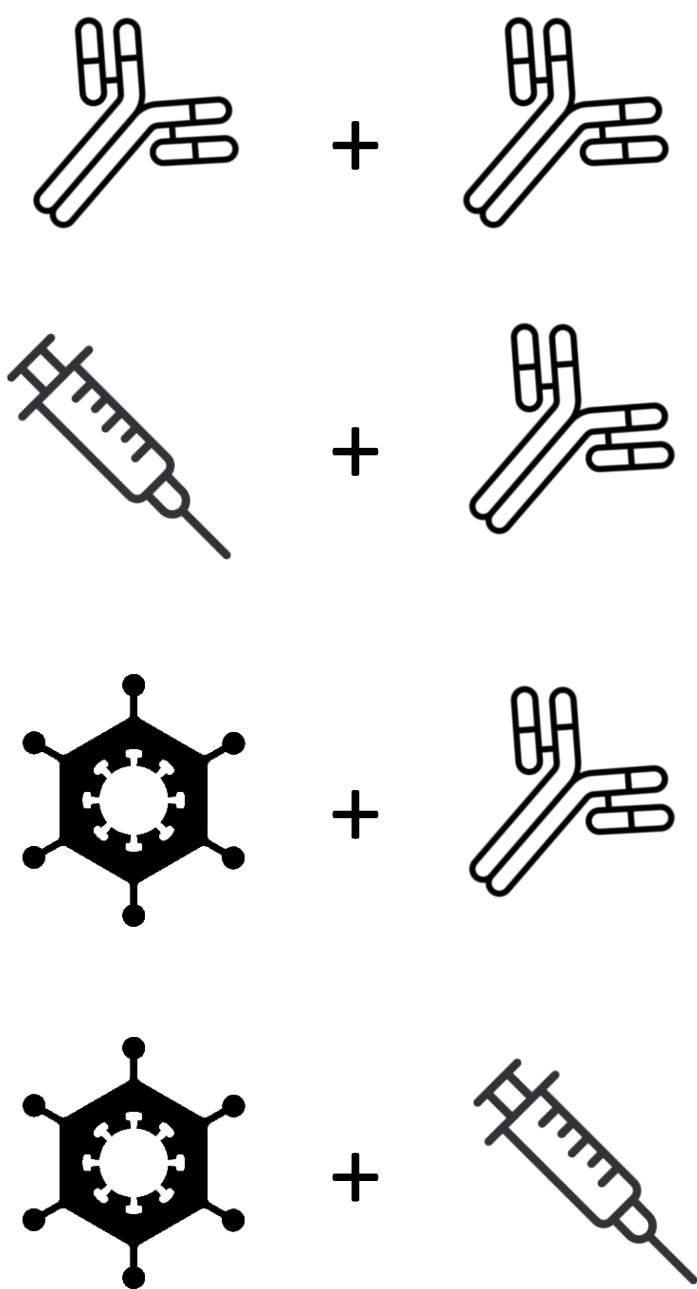
Immunotherapy-related toxicity tumor board (ImmunoTox Board)



Source: Gustave Roussy

Future Challenges





Familiarity and early
recognition of ir-AEs
necessary!

THANK YOU