
2022 EULAR Recommendations for screening and prophylaxis of chronic and opportunistic infections in adults with autoimmune inflammatory rheumatic diseases

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EULAR QoC committee Chair

Conflicts of interest

- Speaker fees/consultancies: Abbvie, Aenorasis, Amgen, Faran, Genesis, Janssen, Lilly, Novartis, Pfizer, UCB

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Tuberculosis in inflammatory arthritis: are biological therapies the only culprits?

*George E Fragouli[†], Costas A Constantinou[†],
Nikolaos V Sipsas, Kimme L Hyrich, Elena Nikiphorou

Methodology

2014 EULAR Standardized Operating Procedures

van der Heijde *et al* Ann Rheum Dis 2016;75:3-15

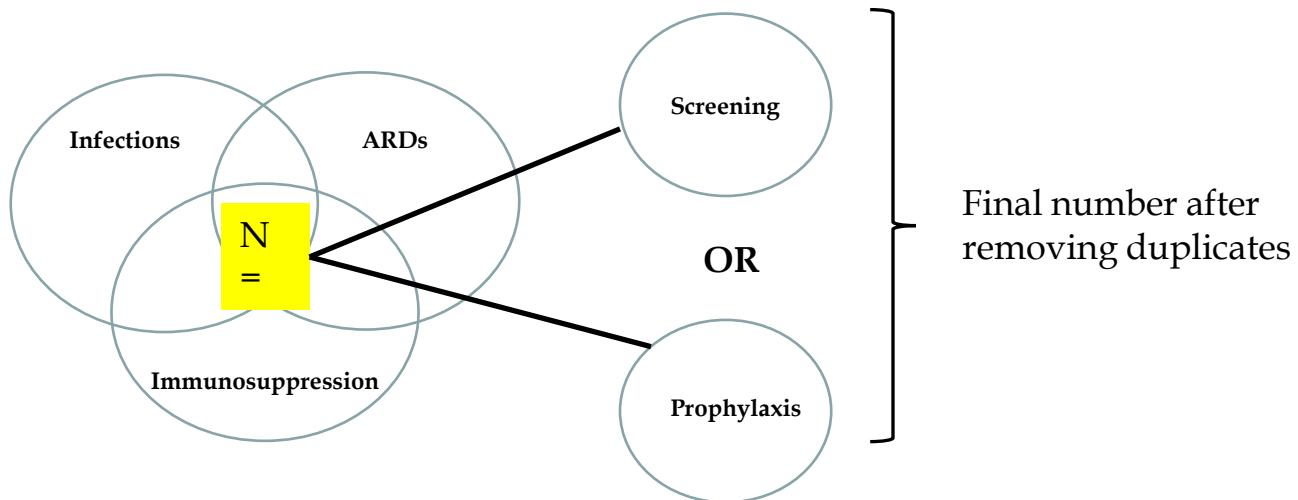


Just before the 1st meeting

- ❖ Review and discussion on the pathogens that would be included in the subsequent SLR
 - ❖ findings of the scoping review
 - ❖ as well as expert opinion of TF members
- ❖ Formulation of the research Questions
 - ❖ RQ1) Which opportunistic and chronic infections in people with ARDs **can** and **should** we screen for?
 - ❖ RQ2) What screening and prophylaxis can we use and does it work?

Screening strategy

- 1st & 2nd & 3rd & (4th OR 5th)
 - ❖ 2nd domain: ARD as a major topic



Screening strategy

1st domain (**Infections**):

Tuberculosis, hepatitis B, hepatitis C, Human immunodeficiency virus, herpes zoster, varicella zoster, HZV, VZV, pneumocystis carinii, pneumocytis jiroveci, PCP, human papilloma virus, HPV, opportunistic infections, chronic infections, Leishmaniasis, strongyloidiasis, strongyloides, histoplasmosis, histoplasma, toxoplasmosis, toxoplasma, trypanosoma cruzi, trypanosomiasis, CMV, Cytomegalovirus, Epstein Barr virus, EBV non-tuberculous mycobacteria, west nile virus, cryptosporidiosis, nocardiosis, nocardia, actynomycosis, actinomyces, Microsporidiosis, microsporidia, Bartonellosis, bartonella, campylobacter, legionellosis, leptospirosis, leptospira, listeriosis, listeria, salmonellosis, salmonella, shigellosis, shigella, syphillis, vibrio vulnificus, aspergillosis, blastomycosis, Coccidiomycosis, candidiasis, candida, molds, Sporothrix shenkii, leprosy, BK virus, Isosporiasis, isospora, bacteria, viruses, fungi, parasites, mycoses, hepatitis E, chicken pox, shingles, Chagas, legionella, treponema, aspergillus, mycobacterium, mycobacteria, JC virus, HHV8, Wuchereria bancrofti (filariasis), Loa Loa, Onchocerca, Enterobius vermicularis (enterobiasis), ascaris (ascariasis), strongyloides (strongyloidosis), Schistosoma (Schistosomiasis), Fasciola (fascioliasis), paragonimus (paragonimiasis), Cestodes: taenia (taeniasis), echinococcus (echinococcosis), (entamoeba, endamoeba, gardia lamblia (lambliasis), cryptosporidium, leishmania, toxoplasma gondii (toxoplasmosis), toxocara (toxocariasis), trichinella spiralis (trichinellosis), isospora (Cystoisopora belli), cyclospora (Cyclospora cayetanensis), microsporidia, Blastocystis hominis, Trichuris trichiura, hookworms (ancylostomiasis)

Screening strategy

2nd domain (ARDs):

- Rheumatology, Autoimmune rheumatic diseases, rheumatic diseases, Rheumatic musculoskeletal disease, Systemic lupus erythematosus, anti-phospholipid syndrome, Sjogren's syndrome, rheumatoid arthritis, psoriatic arthritis, seronegative spondyloarthropathy, ankylosing spondylitis, Behcet's disease, ANCA-vasculitis, cryoglobulinaemic vasculitis, rheumatica polymyalgia, Takayasu arteritis, giant-cell arteritis, polyarteritis nodosa, systemic sclerosis, inflammatory myopathy, dermatomyositis, IgG4-related disease, relapsing polychondritis, autoinflammatory diseases (familial Mediterranean fever, still's disease), cutaneous limited sclerosis, limited sclerosis, cutaneous sclerosis, limited scleroderma, scleroderma

Screening strategy

3rd domain (**Immunosuppression**):

- ➔ steroids, corticosteroids, glucocorticoids, glucocorticosteroids, prednisolone, prednisone, methylprednisolone, cortisone, methotrexate, leflunomide, sulfasalazine, cyclophosphamide, mycophenolate, tofacitinib, baricitinib, JAK-inhibitors, disease modifying anti-rheumatic drugs (DMARDs), biologic DMARDs, infliximab, etanercept, adalimumab, golimumab, certolizumab, abatacept, tocilizumab, sarilumab, ustekinumab, secukinumab, ixekizumab, canakinumab, anakinra, rilonacept, rituximab, belimumab, guselkumab

Screening strategy

4th domain (**Screening**):

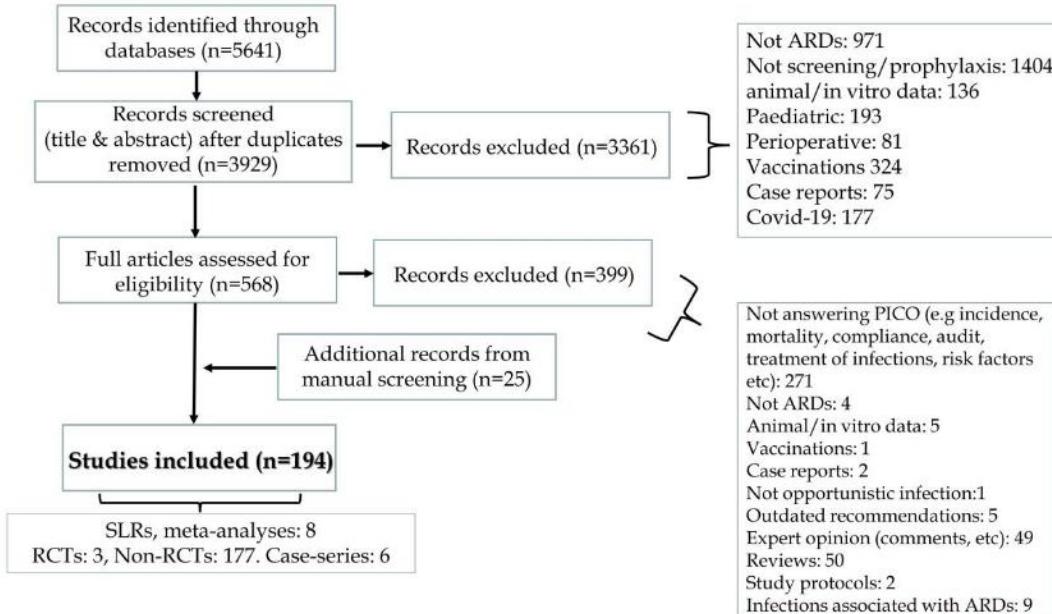
- screening, Mantoux, tuberculin skin test, quantiferon, IGRA, elispot, T Spot, chest-X-ray, HBsAg, anti-HBc, anti-HBV, HBV, HBV-DNA, anti-HCV, HCV, anti-HIV, HIV, varicella serology, anti-VZV, VZV, varicella zoster virus, chicken pox, shingles

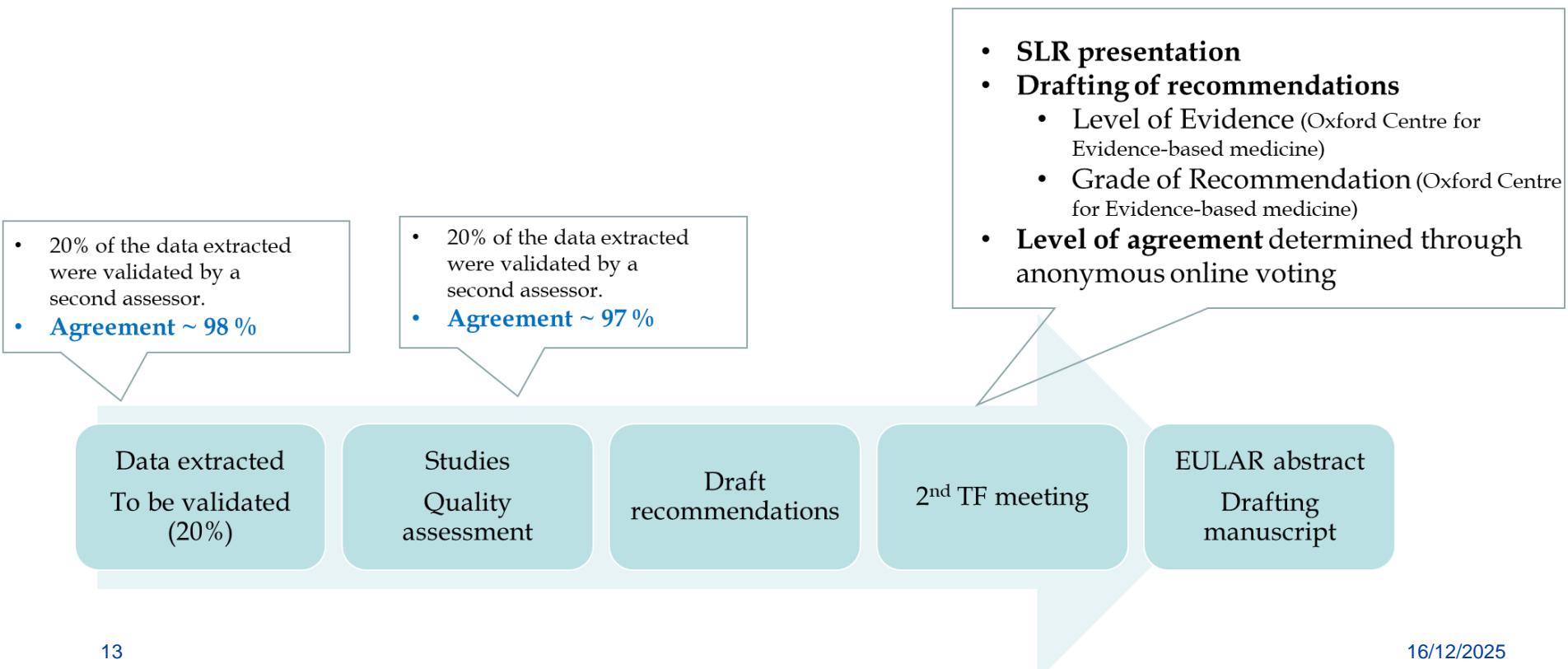
5th domain: (**Prophylaxis**)

- prophylaxis, chemoprophylaxis, trimethoprim/sulfamethoxazole, septrim, co-trimoxazole, isoniazid, rifampin, rifampicin, rifapentine, Itraconazole, fluconazole, Azithromycin, Clarithromycin, Varicella-zoster immune globulin, entecavir, tenofovir, lamivudine, acyclovir, valaciclovir, pentamidine, valganciclovir

SLR

Flowchart





Level of Evidence

Oxford Centre for Evidence-Based Medicine

| Level | Therapy/prevention/aetiology/harm |
|-------|--|
| 1a | Systematic review with homogeneity of RCTs |
| 1b | Individual RCT (with narrow confidence interval) |
| 1c | All or none |
| 2a | Systematic review with homogeneity of cohort studies |
| 2b | Individual cohort study (including low quality RCT; e.g. <80% follow-up) |
| 2c | 'Outcomes' research; ecological studies |
| 3a | Systematic review (with homogeneity) of case-control studies |
| 3b | Individual case-control study |
| 4 | Case-series (and poor quality cohort and case-control studies) |
| 5 | Expert opinion without explicit critical appraisal, or based on physiology, bench research or "first principles" |

| Grades of recommendation | |
|--------------------------|---|
| A | consistent level 1 studies |
| B | consistent level 2 or 3 studies or extrapolations from level 1 studies |
| C | level 4 studies or extrapolations from level 2 or 3 studies |
| D | level 5 evidence or troublingly inconsistent or inconclusive studies of any level |



REVIEW

Systematic literature review informing the 2022 EULAR recommendations for screening and prophylaxis of chronic and opportunistic infections in adults with autoimmune inflammatory rheumatic diseases

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- 4 Overarching principles
- 8 recommendations

Drugs

Nomenclature

- TF consensus on nomenclature
 - ◆ b-ts-DMARDs: all biologic and targeted synthetic DMARDs (except Apremilast)
 - ◆ csDMARDs: methotrexate, leflunomide.
 - ◆ Sulfasalazine and hydroxychloroquine were exempted from this category, and the TF members agreed to name them specifically, if needed.
 - ◆ other immunosuppressants: cyclophosphamide, mycophenolate mofetil, azathioprine, cyclosporin, tacrolimus
 - ◆ Glucocorticoids

Overarching principles

| Overarching principles | LoE | GoR | LoA |
|---|-----------|-----|-----------|
| | mean (SD) | | |
| A. The risk of chronic and opportunistic infections should be considered and discussed with all patients with AIIRD prior to treatment with csDMARDs, tsDMARDs, bDMARDs, immunosuppressants and/or glucocorticoids and reassessed periodically. | NA | NA | 9.5 (1.0) |
| B. Collaboration between rheumatologists and other specialists including but not limited to infectious disease doctors, gastroenterologists, hepatologists and pulmonologists is important. | NA | NA | 9.6 (0.8) |
| C. Individual risk factors should be considered in the decision for screening and prophylaxis of chronic and opportunistic infections and reassessed periodically . | NA | NA | 9.8 (0.7) |
| D. National guidelines and recommendations , amongst other country/region-level factors pertaining to endemic infectious diseases , should be considered. | NA | NA | 9.7 (0.8) |

AIIRD: autoimmune inflammatory rheumatic diseases, bDMARDs: biologic DMARDs, csDMARDs: conventional synthetic disease modifying anti-rheumatic drugs, GoR: grade of recommendation, LoA: level of agreement, LoE: level of evidence, tsDMARDs: targeted synthetic DMARDs, NA: not applicable, SD (standard deviation)

Tuberculosis

Evidence – Who to screen?

- ❖ Latent TB
 - ❖ In some countries more than the others
 - ✿ In Greece 10-15%
- ❖ People on GC or csDMARDs are at increased risk for TB
 - ❖ Endemic regions, living with people with TB, Alcohol abuse and others
 - ❖ GC
 - ✿ We do not know the exact dose but...
 - ✿ >15 mg of prednisolone (or equivalent)/day for longer periods of time (eg, >4 weeks)

Brassard et al Arthr & Rheum 2009

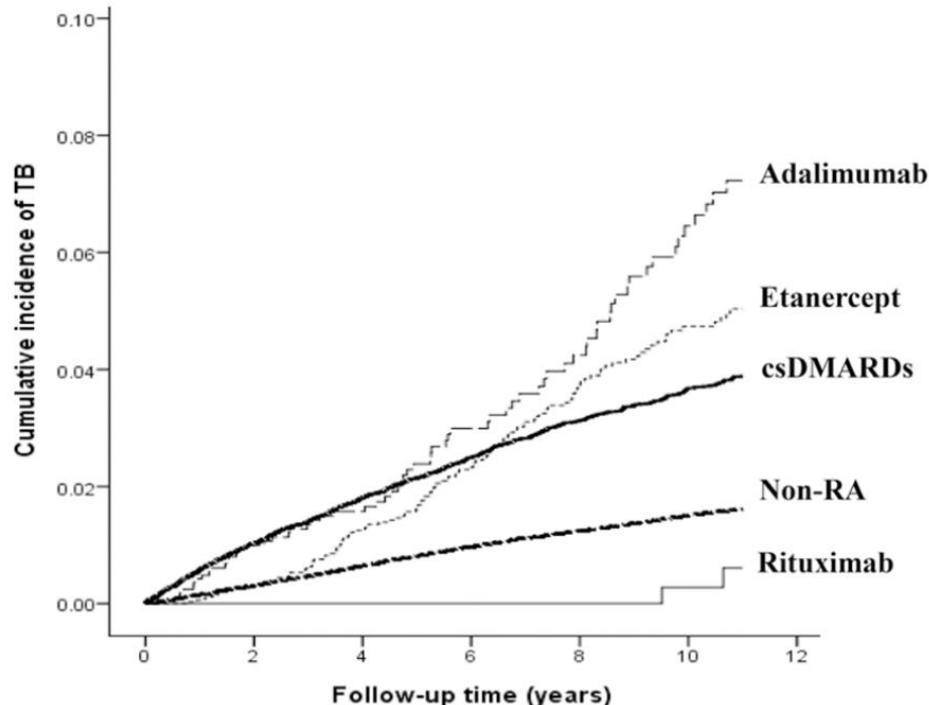
Jick et al Arthr & Rheum 2006

Brode et al Thorax 2015

Fragoulis G et al MJR 2023

Tuberculosis

Are all bDMARDs the same?



Nationwide database:
168,720 non-RA subjects
42,180 RA patients

36,162 csDMARDs-exposed, 3,577 etanercept-exposed, 1,678 adalimumab-exposed 763 rituximab-exposed patients.

Treatment Safety

- Av τ -IL-17/anti-IL-23 > TNFi

- ◆ Tuberculosis

- ◆ ↓ frequency Vs TNFi (indirect comparison)

Table 6. Comparative presentation of active tuberculosis (TB) incidence rates (IR) between different biologic and targeted synthetic DMARDs.

| Drug | Disease | Study type | IR [§] | Reference |
|--------------|--------------------------|---------------|-----------------|---|
| Infliximab | RA, AS, PsA, PsO, CD, UC | LTE, RLS | 52.5–2558.0 | Askling <i>et al.</i> ² ; Seong <i>et al.</i> ⁶ ; Wolfe <i>et al.</i> ⁸ ; Dixon <i>et al.</i> ⁹ ; Gomez-Reino <i>et al.</i> ¹⁰ ; Souto <i>et al.</i> ²⁷ ; Tubach <i>et al.</i> ²⁸ |
| Certolizumab | RA | LTE | 474.29 | Souto <i>et al.</i> ²⁷ |
| Adalimumab | RA, AS, PsA, PsO, CD, UC | LTE, RLS | 90.0–215.0 | Dixon <i>et al.</i> ⁹ ; Souto <i>et al.</i> ²⁷ ; Tubach <i>et al.</i> ²⁸ |
| Golimumab | RA, AS, PsA | LTE | 172.13 | Souto <i>et al.</i> ²⁷ |
| Etanercept | RA, AS, PsA, PsO | RLS, LTE | 9.3–80.0 | Askling <i>et al.</i> ² ; Dixon <i>et al.</i> ⁹ ; Souto <i>et al.</i> ²⁷ ; Tubach <i>et al.</i> ²⁸ |
| Apremilast | PsA, PsO | RCT, LTE, RLS | 0.0 | Cutolo <i>et al.</i> ³⁵ ; Edwards <i>et al.</i> ³⁶ ; Kavaugh <i>et al.</i> ³⁷ ; Wells <i>et al.</i> ³⁸ ; Crowley <i>et al.</i> ³⁹ ; Abignano <i>et al.</i> ⁴⁰ ; Favalli <i>et al.</i> ⁴¹ |
| Tofacitinib | RA | RCT, LTE | 200.0–210.0 | Winthrop <i>et al.</i> ⁴⁷ ; Cohen <i>et al.</i> ⁴⁹ |
| Baricitinib | RA | RCT, LTE | 150.0–230.0 | Smolen <i>et al.</i> ⁵⁶ ; Chen <i>et al.</i> ⁵⁷ |
| Ustekinumab | PsA, PsO, CD | RCT, LTE, RLS | 0.0–22.12 | Ghosh <i>et al.</i> ⁷⁶ ; Lopez-Ferrer <i>et al.</i> ⁷⁷ ; Tsai <i>et al.</i> ⁷⁸ ; Hsiao <i>et al.</i> ⁷⁹ |
| Secukinumab | AS, PsA, PsO | RCT, LTE | 0.0–5.0 | Deodhar <i>et al.</i> ⁹⁵ ; van de Kerkhof <i>et al.</i> ⁹⁶ |
| Ixekizumab | PsA, PsO | RCT | 0.0 | Mease <i>et al.</i> ⁹⁸ ; Romiti <i>et al.</i> ⁹⁹ |

Tuberculosis

Evidence – How to screen?

- ❖ IGRA performs better than TST
 - ❖ Less affected by
 - ✿ Glucocorticoids
 - ✿ DMARDs
 - ✿ Immunosuppressants
 - ✿ BCG vaccination

| Author-year/country | Patients (N) | Disease | Association with TST | | | RoB |
|--|--------------|---------|--|---|--|--------------|
| | | | BCG | GC | csDMARDs | |
| Ruan <i>et al</i> ¹⁷ 2016/NA* | 1940 | AIIRD | Positive OR: 1.64 (95% CI 1.06 to 2.53) | Negative OR 0.45 (95% CI 0.30 to 0.69) | – | High quality |
| Reitblat <i>et al</i> ²⁴ 2018/ Israel | 65 | RA | – | No | No | 7 |
| Agarwal <i>et al</i> ²³ 2014/USA | 250 | RA | – | Negative (mean dose†: 6.4), (<i>p</i> =0.002) | No | 7 |
| Hsia <i>et al</i> ¹⁹ 2012/ multinational | 2303 | IA | Positive (<i>p</i> <0.0002 vs IGRA) | – | – | 7 |
| Klein <i>et al</i> ¹⁸ 2013/Czech | 305 | AIIRD | – | Negative, (<i>p</i> =0.0172) | Negative (combination with GC) (<i>p</i> =0.0003) | 6 |
| Belard <i>et al</i> ²² 2011/ Denmark | 248 | AIIRD‡ | – | Negative (<i>p</i> =0.018) | – | 6 |
| Soborg <i>et al</i> ²⁰ 2009/ Denmark | 302 | IA | – | Negative RR 0.4 (95% CI 0.1 to 1.0), (<i>p</i> =0.04) | – | 6 |
| Tamborenea <i>et al</i> ²¹ 2009/Argentina | 105 | RA | – | Negative (mean dose: 6 mg/day), OR 0.72 (95% CI 0.55 to 0.95), <i>p</i> =0.021 | – | 6 |
| Vassilopoulos <i>et al</i> ¹⁵ 2008/Greece | 70 | AIIRD | Positive§ | Negative (mean dose: 6.8 mg)¶ | – | 6 |
| Arias-Guillen <i>et al</i> ²⁶ 2018/Spain | 393 | IA | – | – | Positive (MTX) OR 2.15 (95% CI 1.05 to 4.44) | 5 |
| Maeda <i>et al</i> ¹⁴ 2011/ Japan | 97 | RA | Positive (14/19 false-positive TST) | – | – | 5 |
| Sargin <i>et al</i> ²⁵ 2018/ Turkey | 109 | IA | – | No | – | 4 |
| Lee <i>et al</i> ¹⁶ 2012/South Korea | 81 | RA | No | – | – | 4 |
| Lee <i>et al</i> ¹⁶ 2012/South Korea | 81 | RA | – | No | No | 4 |

Prophylaxis

Various Schemes

- ❖ INH for 6 months
 - ❖ Check for LFTs
- ❖ RIF for 4 months
 - ❖ Check for interactions
 - ✿ Especially with steroids/Upadacitinib/Tofacitinib
- ❖ RIF/INH for 3 months
- ❖ Safe to start b/tsDMARDs after 1 month of treatment

Recommendations #1-3

Tuberculosis

| Recommendations | LoE | GoR | LoA mean (SD) |
|--|----------|---------|------------------|
| 1. Screening for latent tuberculosis is recommended in patients prior to starting bDMARDs or tsDMARDs*. Screening should also be considered in patients with increased risk for latent tuberculosis prior to starting csDMARDs, immunosuppressants* and/or glucocorticoids (according to dose and duration). | 2b 5* | B D* | 9.5 (0.9) |
| 2. Screening for latent tuberculosis should follow national and/or international guidelines and would typically include a chest X-ray* and Interferon-gamma release assay (IGRA) over tuberculin skin test (TST) where available. | 2b 5* | B D* | 9.5 (0.8) |
| 3. Choice and timing of latent tuberculosis therapy should be guided by national and/or international guidelines. Special attention should be given to interactions with drugs commonly used to treat AIIRD. | 5 | D | 9.3 (1.4) |

AIIRD: autoimmune inflammatory rheumatic diseases, bDMARDs: biologic DMARDs, csDMARDs: conventional synthetic disease modifying anti-rheumatic drugs, GoR: grade of recommendation, LoA: level of agreement, LoE: level of evidence, tsDMARDs: targeted synthetic DMARDs, NA: not applicable, SD (standard deviation) *denotes separate LoE and GoR, where this is different from the rest of the statement

Hepatitis B

Evidence – HBV-status

- ❖ The risk of hepatitis B virus (**HBV**) **reactivation** (appearance/rise in HBV-DNA or conversion from HBsAg-negative to HBsAg-positive) depends on the HBV-status
- ❖ HBV carriers (HBsAg-positive)
 - ❖ Data more robust for cs/**bDMARDs** (20-30% reactivation)
 - ❖ Data for newer bDMARDs are limited
 - ❖ GC
 - ❖ at least 10 mg of prednisolone or equivalent for ≥ 4 weeks

Hepatitis B

Evidence – How to screen?

- anti-HBcore-positive and HBsAg-negative
- Risk for HBV reactivation is lower
 - 1-5% for steroids, cDMARDs (scarce data)
 - 1-10% for bDMARDs (TNFi) - Possibly higher in Rituximab
 - Some experts and national societies suggest prophylaxis in RTX-tested irrespective of HBV-DNA-levels
 - Risk is more pronounced when anti-HBs are negative

Table 4 Antiviral prophylaxis and HBV reactivation in anti-HBcore-positive patients treated with b-ts-DMARDs

| Author/year/country | Patients (N) | Disease | Treatment | Prophylaxis N (%) | Reactivation N (%) | RoB |
|--|--------------------------|---------|--------------------------|-------------------|--------------------|-------------|
| Lee et al ^{18,148} 2012/South Korea a* | 468 patients (9 studies) | IA | TNFi | 0 (0) † | 8 (1.7) | Low quality |
| Harigai et al ¹⁵ 2020/Multi | 215 | RA | Baricitinib | 0 (0) | 4 (1.9) | 8 |
| Papalopoulos et al ¹⁵⁴ 2018/Greece | 212 | AIRD | bDMARDs | 8 (3.8) | 2 (2) | 8 |
| Lan et al ¹⁰¹ 2011/Taiwan | 88 | RA | TNFi | 0 (0) | 1/70 (1.4) | 8 |
| Charpin et al ¹⁴¹ 2009/France | 21 | IA | TNFi | 0 (0) | 0 (0) | 8 |
| Ahn et al ¹³⁸ 2018/South Korea | 15 | RA | Tocilizumab | 0 (0) | 0 (0) | 7 |
| Vassilopoulos et al ¹⁵ 2010/Greece | 19 | IMD | TNFi | 0 (0) | 0 (0) | 7 |
| Serling-Boyd et al ¹⁵ 2021/USA | 24 | AIRD | Tocilizumab, Tofacitinib | 6 (25.0) | 0 (0) | 6 |
| Wang et al ¹⁹⁷ 2021/Taiwan ¹⁹⁷ | 64 | RA | Tofacitinib | 0 (0) | 2 (3.1) | 6 |
| Kuo et al ¹⁵⁰ 2020/Taiwan | 64 | RA | Tocilizumab | 0 (0) | 1 (1.6) | 6 |
| Chen et al ¹⁵⁸ 2018/Taiwan | 75 | RA | Tofacitinib | 0 (0) | 0 (0) | 6 |
| Chen et al ¹⁵ 2017/China | 41 | RA | Tocilizumab | 0 (0) | 0 (0) | 6 |
| Gianotti et al ¹⁴³ 2017/Italy | 131 | SpA | TNFi | 0 (0) | 0 (0) | 6 |
| Padovan et al ¹⁵² 2016/Italy | 21 | RA | Abatacept | 4 (19.1) | 0 (0) | 6 |
| Nakamura et al ¹⁵ 2016/Japan | 57 § | RA | bDMARDs | 0 (0) | 3 (5.3) | 6 |
| Biondo et al ¹⁵² 2014/Italy | 20 | IA | TNFi | 0 (0) | 0 (0) | 6 |
| Giardina et al ¹⁵ 2013/Italy | 7 | IA | TNFi | 0 (0) | 0 (0) | 6 |
| Caporalli et al ¹⁴⁵ 2010/Italy | 67 | IA | TNFi | 0 (0) | 0 (0) | 6 |
| Zhang et al ¹⁴⁵ 2013/China | 41 | RA | Infliximab | 0 (0) | 0/30 (0) | 5 |
| Ye et al ¹⁵¹ 2014/China | 50 | IA | TNFi | 0 (0) | 0 (0) | 4 |
| Chen et al ¹⁵⁶ 2019/Taiwan | 103 | RA | Rituximab | 0 (0) | 9 (8.7) | 8 |
| Kuo et al ¹⁵⁰ 2020/Taiwan | 50 | RA | Rituximab | 0 (0) | 4 (8) | 7 |
| Tien et al ¹⁴⁸ 2017/Taiwan | 44 | RA | Rituximab | 0 (0) | 4 (9.1) | 7 |
| Varisco et al ¹⁵¹ 2016/Italy | 33 | RA | Rituximab | 0 (0) | 0 (0) † | 7 |
| Mitrou et al ¹⁵⁷ 2013/Greece | 12 | AIRD | Rituximab | 0 (0) | 0 (0) | 6 |
| Barone et al ¹⁵² 2021/Italy | 44 | AIRD | Rituximab | 0 (0) | 0 (0) | 5 |

*Meta-analysis.

†Prophylaxis was given only in 1 study with 19 patients.

‡18 patients were HBsAg-positive.

§Anti-core and/or anti-HBs (+).

||5% b ecore & HBV-DNA (+).

AIRD, autoimmune inflammatory rheumatic diseases; bDMARDs, biological DMARDs; HBV, hepatitis B virus; IA, inflammatory arthritis; RA, rheumatoid arthritis; RoB, risk of bias; SLE, systemic lupus erythematosus; SpA, spondyloarthritis; TNF, TNF-inhibitors; tsDMARDs, targeted synthetic disease modifying anti-rheumatic drugs.

Tien et al Arthr Res Ther 2018

Chen et al Ann Rheum Dis 2021

Fraenkel et al Arthr & Rheum 2021

Clinical science

Hepatitis B reactivation in PsA patients: an SLR and meta-analysis for IL-17, IL-23 and JAK inhibitors

Theodoros Androutsakos  ¹, Konstantinos Dimitriadis ², Maria-Loukia Koutsomina ¹, Konstantinos D. Vassilakis ³, Avraam Pouliakis ⁴, George E. Fragoulis  ^{3,*}

- low HBVr risk of <6% in all agents
 - ◆ Higher for chronic (14.4%) vs resolved (5.1%)
 - ◆ No Difference between drugs
 - ◆ HBVr: 28% in chronic HBV who did not receive anti-viral treatment
 - ◆ For resolved hepatitis, the respective percentage was 4.7%

Clinical science

HBV reactivation in patients with rheumatoid arthritis treated with anti-interleukin-6: a systematic review and meta-analysis

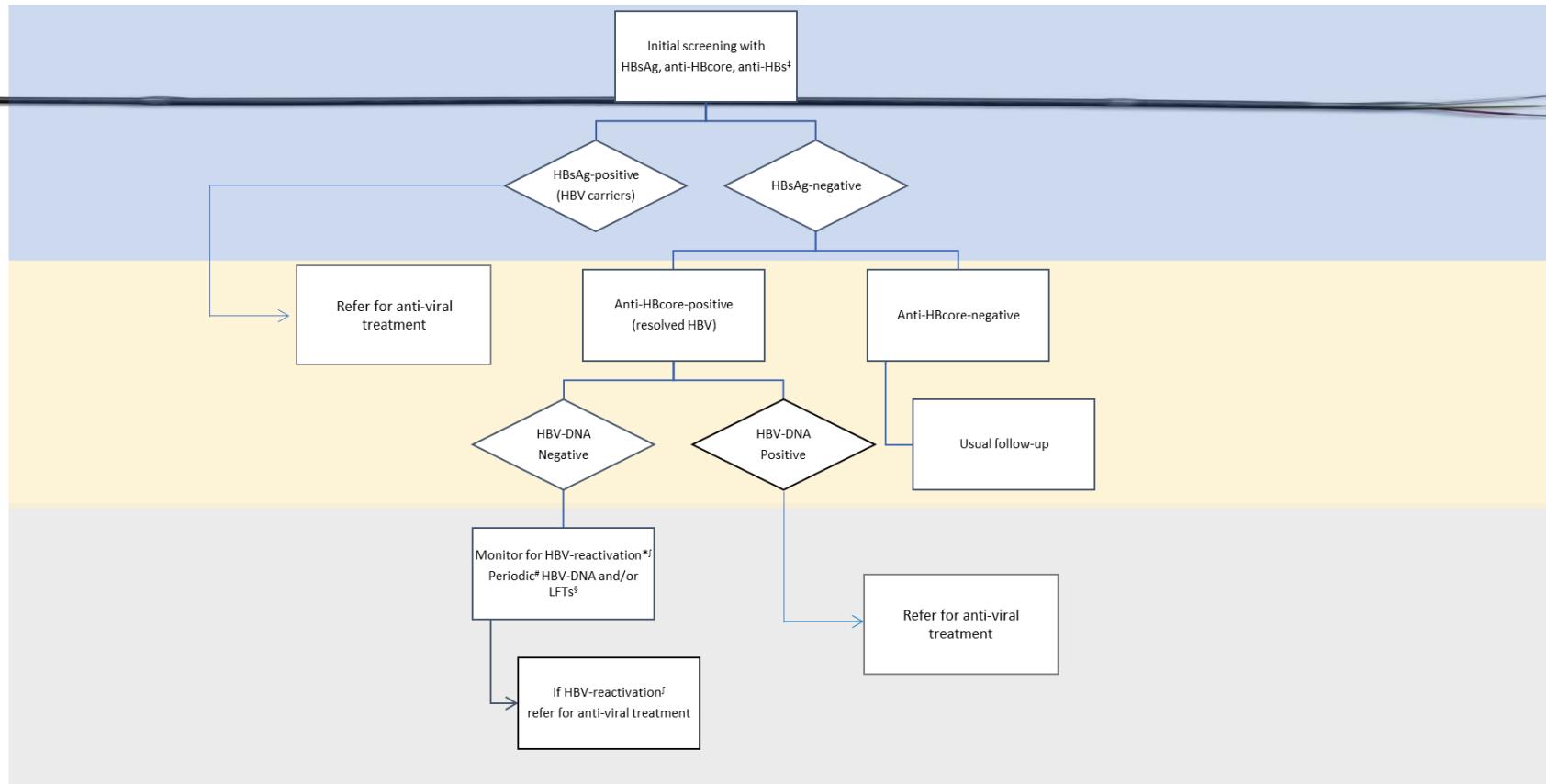
Stamatia Katelyni  ^{1,‡}, George E. Fragoulis  ^{2,3,‡}, Athanasios-Dimitrios Bakasis  ¹, Abraham Pouliakis ⁴, Elena Nikiphorou ⁵, Fabiola Atzeni  ^{6,§}, Theodoros Androutsakos  ^{1,*§}

372 RA patients

HBVr in RA patients with chronic HBV: 6.7% increasing to 37% when no antiviral prophylaxis

HBVr was close to 0% in RA patients with resolved HBV infection, irrespective of antiviral prophylaxis.

Hepatitis B Algorithm



[‡] positive anti-HBs without positive HBsAg or anti-HBcore is consistent with prior vaccination. If all three (HBsAg, anti-HBcore, anti-HBs) are negative, means no previous exposure to HBV. ^{*} Consider referral for anti-viral prophylaxis for those commencing rituximab, having also low titers of anti-HBs. Risk is assessed on an individual basis. [†] HBV-reactivation: rise or appearance of HBV-DNA, or conversion from HBsAg-negative to HBsAg-positive. [#] periodic: there are no data to specify the exact time at which re-screening for HBV-reactivation should be performed. However, every 3-6 months is the standard for many national guidelines. Risk factors and cost should also be considered. [§] referral to hepatologists is also recommended.

Hepatitis C

Evidence

- ↳ Increases in HCV viral load
- ↳ Can occur but....
- ↳Low frequency for bDMARDs
 - ◆ No data for GC, cDMARDs, immunosuppressives

Table 5 Hepatotoxicity and reactivation of hepatitis C in patients treated with DMARDs or immunosuppressants

| Author-year/country | Patients (N) | Concurrent antivirals* (%) | Disease | Treatment | Increase in LFTs N (%) | Increase in viral load N (%) | RoB |
|--|--------------|----------------------------|---------|----------------------------------|------------------------|------------------------------|---------------|
| Iannone <i>et al</i> ¹⁶⁴ 2014/ Italy† | 29 | 0% | RA | Etanercept or MTX or combination | 0 (0) | 0 (0) | Some concerns |
| Burton <i>et al</i> ¹⁶⁵ 2017/USA | 748‡ | 4.6% | RA | DMARDs | 37 (3.4) | 0 (0) | 7 |
| Chen <i>et al</i> ¹⁶⁶ 2015/ Taiwan | 26§ | NS | SLE | Immunosuppressants | 10 (38.5)¶ | 10 (38.5)¶ | 6 |
| Costa <i>et al</i> ¹⁶⁰ 2014/Italy | 15 | NS | PsA | TNFi | 0 (0) | 0 (0) | 6 |
| Parke <i>et al</i> ¹⁶¹ 2004/USA | 5 | 0% | RA | TNFi | 0 (0) | 1 (20)** | 6 |
| Peterson <i>et al</i> ¹⁶² 2003/ USA | 24 | 0% | RA | Etanercept or Infliximab | 0 (0) | 6/22 (27.3)†† | 6 |
| Gandhi <i>et al</i> ¹⁶³ 2017/ USA | 14## | 14.3% | RA, PsA | Etanercept | 7 (50.0) | 5/10 (50.0) | 5 |

*Patients concurrently treated with antivirals.

†Randomised controlled trial.

‡1097 treatment-episodes.

§Anti-HCV+, baseline RNA not stated.

¶Increase in viral load or LFTs.

**Was not combined with liver injury.

††No significant differences were seen between the mean viral loads at baseline and follow-up.

##5/7 were RNA-positive.

Original article

Safety of anti-tumour necrosis factor agents in patients with chronic hepatitis C infection: a systematic review

Alexandra M. G. Brunasso^{1,2}, Matteo Puntoni³, Andrea Gulia⁴ and Cesare Massone⁵

- SLR 1990-2010
- TNFi in patients with chronic HCV
- 153 patients, 37 publications
- Most used: Etanercept
- In 2 (<0.5%) patients, worsening

TABLE 1 Numbers of patients treated with anti-TNF- α agents in the setting of HCV infection

| Baseline pathology in association with HCV infection | Patients treated with etanercept | Patients treated with infliximab | Patients treated with adalimumab | Patients treated with infliximab or etanercept | Mean duration of anti-TNF- α therapy | References |
|--|----------------------------------|----------------------------------|----------------------------------|--|---|-----------------|
| RA | 59 | 23 | 8 | 5 | 13.15 months | [22-34] |
| PsA | 6 | 1 | 1 | NA | 9.8 months | [21, 30, 35-37] |
| Psoriasis | 8 | NA | NA | NA | 12 months | [38-42, 55, 56] |
| PsA and psoriasis | 8 | NA | NA | NA | 14.5 months | [39-41, 55, 57] |
| CD | NA | 6 | NA | NA | 15.3 weeks | [46-50] |
| AS | NA | 1 | NA | NA | 13 months | [37] |
| Cryoglobulinaemia | NA | 1 | NA | NA | NA | [50] |
| Vasculitis | NA | 2 | NA | NA | 4 weeks | [51] |
| None | 19 | NA | NA | NA | 24 weeks | [52] |
| HCV-related oligo- and polyarthritis | 9 | NA | NA | NA | 3 months | [53] |
| PM | 1 | NA | NA | NA | 14 months | [30] |

NA: not available.

HCV

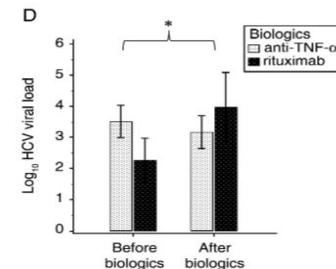
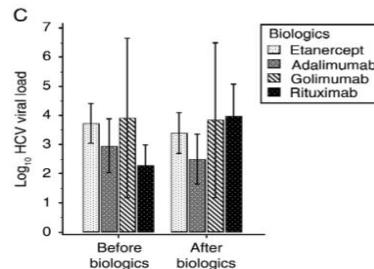
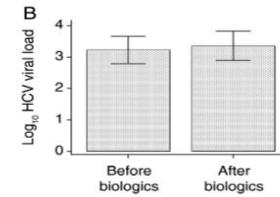
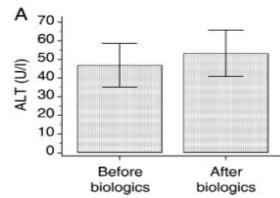
RTX

bDMARDs

26 pts with RA and HCV

20 TNFi and 6 RTX

- Small increases in HCV RNA > TNF



Chen YM et al. Ann Rheum Dis. 2015 Mar;74(3):626-7

HCV

Newer bDMARDs, other drugs

Table 1. Descriptive characteristics of HCV- RNA positive patients

| | n=9 |
|--|--------------|
| Age, years (median, IQR) | 63 (55- 81) |
| Female, n (%) | 5 (55) |
| Inflammatory Arthritis, n (%) | 7 (77) |
| Disease duration, years (median, IQR) | 6.5 (4-13.5) |
| HCV treatment, n (%) | 9 (100) |
| - <i>Sofosbuvir/ledipasvir, n (%)</i> | 3 (33.3) |
| - <i>Sofosbuvir/velpatasvir, n (%)</i> | 2 (22.2) |
| - <i>IFN, n (%)</i> | 2 (22.2) |
| - <i>Dasabuvir, n (%)</i> | 1 (11.1) |
| - <i>other, n (%)</i> | 1 (11.1) |
| HCV treatment duration, months (median, IQR) | 3 (3-7) |
| Hydroxychloroquine, n (%) | 2 (22.2) |
| (b-ts-)DMARDs, n (%) | 5 (55.5) |
| - <i>anti-TNF-a, n (%)</i> | 2 (22.2) |
| - <i>anti-IL-17 or- IL23, n (%)</i> | 2 (22.2) |
| - <i>CTLA4 inh, n (%)</i> | 1 (11.1) |
| Immunosuppressants [^] , n (%) | 3 (33.3) |
| Current prednisolone dose (median, IQR) | 5 (0-15) |
| HCV reactivation *, n (%) | 0 (0) |

[^]*Methotrexate, cyclosporine A*

**HCV reactivation defined as an increase in HCV-RNA of at least 1 logarithm or an increase in liver function tests of at least two times the upper limit of normal*

HCV

Practical recommendations

- ❖ In the interest of public health, screening (anti-HCV and if positive HCV-RNA) for HCV is recommended
 - ✿ More intense when risk factors exist
- ❖ Landscape changed with newer anti-virals
- ❖ If HCV-RNA are negative, no further action required
- ❖ Avoid hepatotoxic drugs like Methotrexate/Leflunomide

Recommendations #4-5

Hepatitis B & Hepatitis C

| Recommendations | LoE | GoR | LoA |
|--|-----------|---------|-----------|
| | mean (SD) | | |
| 4. All patients being considered for treatment with csDMARDs, bDMARDs, tsDMARDs*, immunosuppressants* and glucocorticoids (according to dose and duration) should be screened for HBV. | 2a 2b* | C C* | 9.1 (1.3) |
| 5. Screening for chronic hepatitis C should be considered in patients prior to starting csDMARDs, bDMARDs, tsDMARDs*, immunosuppressants and glucocorticoids* (according to dose and duration). Screening is recommended for patients with elevated alanine aminotransferase (ALT) or those with known risk factors. | 2b 5* | C D* | 9.0 (1.3) |

Considering also cost-effectiveness and geographical variations, the threshold for screening should be lower for patients with concurrent HCV risk factors (eg, intravenous use of drugs) and/or abnormal LFTs, especially ALT.

HIV/VZV

Evidence

- ♦ HIV
 - ♦ Only a small study (n=8), CD4 cells>200/mm³ and viral load<60 000 copies/mm³, treated with TNF-inhibitors
 - ♦ showed stable CD4 counts and viral load over a 2-year follow-up
- ♦ VZV
 - ♦ importance of establishing **VZV-immunity status**
 - ♦ a detailed past medical history of previous exposure
 - ♦ Screening in some countries
 - ♦ Vaccination
 - ♦ Patient who are non-immune should be informed about post-exposure prophylaxis
 - ♦ This will change in the update of the recommendations

Recommendations #6-7

Other Viruses (HIV, VZV)

| Recommendations | LoE | GoR | LoA mean (SD) |
|---|-----|-----|------------------|
| 6. Screening for HIV is recommended prior to treatment with bDMARDs and should be considered prior to treatment with csDMARDs, tsDMARDs, immunosuppressants and glucocorticoids (according to dose and duration). | 5 | D | 8.9 (1.6) |
| 7. All patients commencing csDMARDs, bDMARDs, tsDMARDs, immunosuppressants and/or glucocorticoids (according to dose and duration) who are non-immune to VZV should be informed about post-exposure prophylaxis following contact with VZV. | 5 | D | 8.9 (1.5) |

AIIRD: autoimmune inflammatory rheumatic diseases, bDMARDs: biologic DMARDs, csDMARDs: conventional synthetic disease modifying anti-rheumatic drugs, GoR: grade of recommendation, HIV: human immunodeficiency virus, LoA: level of agreement, LoE: level of evidence, tsDMARDs: targeted synthetic DMARDs, NA: not applicable, SD (standard deviation), VZV: varicella zoster virus. *denotes separate LoE and GoR, where this is different from the rest of the statement

PCP

Evidence

Prophylaxis

- GC in **daily doses >15–30 mg of prednisolone or equivalent for >2–4 weeks**
- Data lacking for DMARDs
- Higher risk when Immunosuppressants are co-administered with GC

most commonly used scheme

- TMP-SMX 480 mg/day (single-strength) or 960 mg three times a week;
 - there is some evidence that reduced doses (eg, half-strength, daily) may also be effective

Table 6 Prophylaxis with trimethoprim-sulfamethoxazole for PCP in patients treated with GC

| Author-year/country | Patients (N) | GC scheme | Prophylaxis* N (%) | Outcome of prophylaxis | RoB |
|--|-----------------------|--------------------------------|--------------------|---|-----|
| Park et al ¹⁷⁰ 2018/South Korea | 1092 (1522 episodes†) | ≥30 mg/day for ≥4 weeks | 262 (24.0) | Reduced PCP incidence HR=0.07 (95% CI 0.01 to 0.53), p=0.01 | 8 |
| Honda et al ¹⁶⁸ 2019/Japan | 437 | ≥50 mg/day | 376 (86.0) | Reduced PCP incidence OR=0 (95% CI 0.00 to 0.38), p=0.003 | 7 |
| Park et al ¹⁶⁹ 2019/South Korea | 735 (1065 episodes†) | ≥15 mg and <30 mg for ≥4 weeks | 45 (6.1) | Reduced PCP incidence in high risk-group‡ HR=0.2 (0.001–2.3) | 7 |
| Ogawa et al ¹⁷¹ 2005/Japan | 124 | ≥30 mg/day | 46 (37.1) | Effective in high-risk patients§, p=0.039 | 7 |
| Vanauvrat et al ¹⁷² 2011/Thailand | 132 (138 episodes†) | ≥20 prednisolone for >2 weeks | 59 (44.7) | Reduced PCP incidence, p=0.038 | 6 |

*Prophylaxis given in (% episodes): trimethoprim-sulfamethoxazole 480 mg/day or three tablets of 480 mg, weekly.

†Episode: a patient could be treated with these doses of glucocorticoids more than once.

‡High-risk group: GC-pulse treatment and/or lymphopenia.

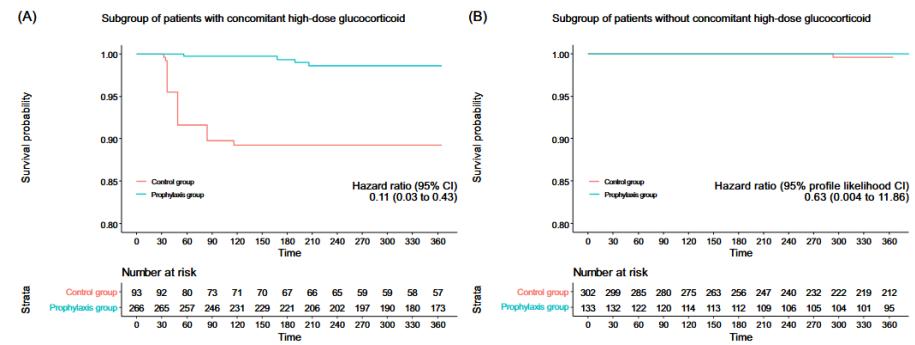
§Risk was calculated using a prediction model.

AIIRD, autoimmune inflammatory rheumatic diseases; GC, glucocorticoids; PCP, pneumocystis pneumonia; RoB, risk of bias.

PCP

Rituximab

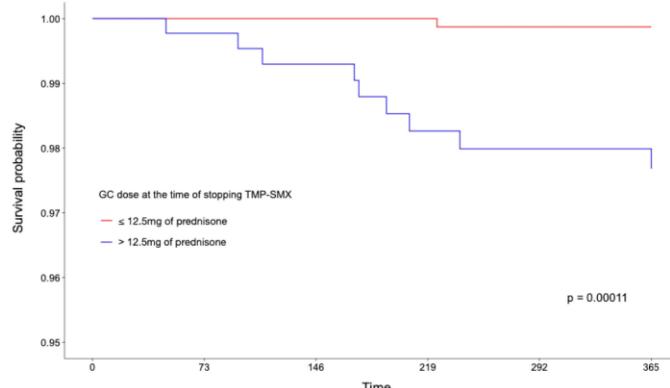
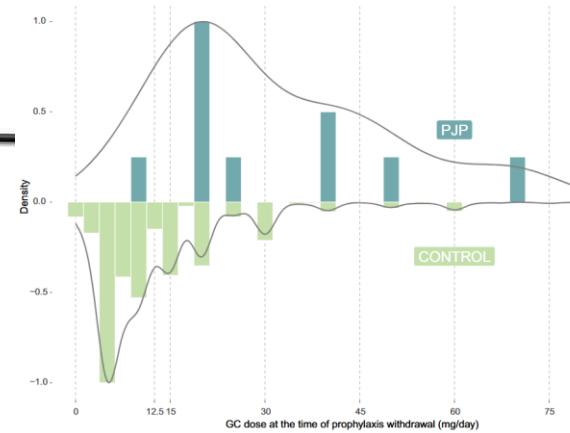
- 818 ARD patients treated with RTX
 - 419 received prophylactic TMP/SMX, the remainder did not
 - 663.1 person-years, there were 11 PCP cases
 - Concomitant use of high-dose GC (≥ 30 mg/day) was the most important risk factor.
 - TMP/SMX reduced the PCP incidence (HR 0.11 [95% CI 0.03–0.43])
 - * NNT to prevent 1 case of PCP (146) was higher than the NNH (86)
 - ✓ NNT fell to 20 (95% CI 10.7–65.7) in patients receiving concomitant high-dose glucocorticoids.



PCP

at which dose to stop?

- 1294 prophylactic episodes in 1148 patients with various ARDs
- Primary outcome
 - 1-year incidence of PCP
 - Incidence rate of 0.85/100 person-years
 - Discontinuing TMP-SMX while on a GC dose >12.5 mg/day increased the risk of PCP
 - adjHR 13.84; 95% confidence interval, 1.71–111.80



Recommendation #8

Pneumocystis Jirovecii

| Recommendations | LoE | GoR | LoA |
|--|----------|---------|-----------|
| | | | mean (SD) |
| 8. Prophylaxis against PCP should be considered in patients with AIIRD in whom high doses of glucocorticoids are used, especially in combination with immunosuppressants* and depending on the risk-benefit ratio. | 2b 5* | B D* | 9.2 (1.1) |

AIIRD: autoimmune inflammatory rheumatic diseases, bDMARDs: biologic DMARDs, csDMARDs: conventional synthetic disease modifying anti-rheumatic drugs, GoR: grade of recommendation, LoA: level of agreement, LoE: level of evidence, PCP: *pneumocystis jirovecii* pneumonia, tsDMARDs: targeted synthetic DMARDs, NA: not applicable, SD (standard deviation), VZV: varicella zoster virus. *denotes separate LoE and GoR, where this is different from the rest of the statement

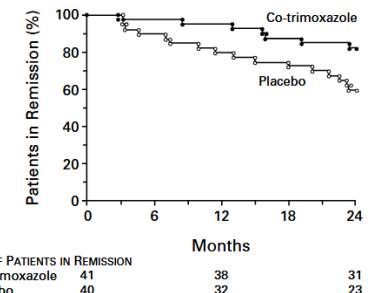
EULAR recommendations for the management of ANCA-associated vasculitis: 2022 update

✉ Bernhard Hellmich ¹, Beatriz Sanchez-Alamo ², Jan H Schirmer ³, ✉ Alvise Berti ^{4, 5}, Daniel Blockmans ⁶, ✉ Maria C Cid ⁷, Julia U Holle ⁸, Nicole Hollinger ¹, Omer Karadag ⁹, Andreas Krobichler ^{10, 11}, Mark A Little ¹², Raashid A Luqmani ¹³, Alfred Mahr ¹⁴, ✉ Peter A Merkel ¹⁵, ✉ Aladdin J Mohammad ^{11, 16}, ✉ Sara Monti ^{17, 18}, ✉ Chetan B Mukhtyar ¹⁹, Jacek Musial ²⁰, Fiona Price-Kuehne ¹¹, Mårten Segelmark ²¹, ✉ Y K Onno Teng ²², ✉ Benjamin Terrier ²³, ✉ Gunnar Tomasson ^{24, 25}, ✉ Augusto Vaglio ²⁶, ✉ Dimitrios Vassilopoulos ²⁷, Peter Verhoeven ²⁸, ✉ David Jayne ¹¹



| | | | | | |
|----|--|----|---|-----|---------|
| 17 | For patients with AAV receiving rituximab, cyclophosphamide and/or high doses of glucocorticoids, we recommend the use of trimethoprim–sulfamethoxazole as prophylaxis against <i>Pneumocystis jirovecii</i> pneumonia and other infections. | 3b | B | 100 | 9.5±1.1 |
|----|--|----|---|-----|---------|

- ▶ Prophylactic use of TMP/SMX
 - ◆ Has been associated with lower frequency of severe infections (HR 0.30, 95% CI 0.13 to 0.69)
- ▶ Therapeutic dose of TMP/SMX
 - ◆ Associated with fewer relapses
 - ◆ Lower frequency of infections ($p=0.005$)



Krobichler A et al Ann Rheum Dis 2018

Stageman et al NEJM 1996

Research agenda

Box 1 Research agenda

General

- ⇒ Does the risk of opportunistic and chronic infections differ between the different classes of disease-modifying antirheumatic drugs (DMARDs) or immunosuppressive drugs?
- ⇒ What is the dose and duration of glucocorticoids above which the risk of opportunistic and chronic infections starts to increase compared to those patients not receiving glucocorticoids? Does this differ by pathogen?
- ⇒ How often should people with autoimmune inflammatory rheumatic diseases (AIIRD) receiving antirheumatic therapies be rescreened for chronic and opportunistic infections?
- ⇒ Is screening and prophylaxis for opportunistic and chronic infections in people with AIIRD receiving antirheumatic therapies cost-effective?

Tuberculosis

- ⇒ Should patients starting immunosuppressants (eg, cyclophosphamide) be screened routinely for latent tuberculosis (TB)?
- ⇒ Should patients starting antirheumatic therapies be screened for non-tuberculous mycobacteria? What is the most effective way to screen for these infections?
- ⇒ How often should patients who have already been tested for tuberculosis, be rescreened? In relation to that, is there a need to rescreen patients who switch biological DMARDs or targeted synthetic-DMARDs?

Hepatitis

- ⇒ When should hepatitis antiviral treatment be started in people living with AIIRD commencing antirheumatic treatment found to be at risk of hepatitis reactivation?
- ⇒ For how long should hepatitis antiviral prophylaxis be continued in patients at risk for hepatitis reactivation after antirheumatic treatment is stopped?
- ⇒ Should patients with chronic or resolved hepatitis B also be screened for hepatitis D?

Other viruses

- ⇒ Is it safe to treat people living with HIV with antirheumatic treatments?
- ⇒ When should antiviral prophylaxis be considered in people with AIIRD who have recurrent herpes zoster infections?
- ⇒ Is postexposure prophylaxis for patients non-immune to VZV who are exposed to VZV beneficial?
- ⇒ Should patients with AIIRD starting antirheumatic therapy be screened for cytomegalovirus?

Task Force Members

Convenors: Kimme Hyrich, James Galloway

Methodologists: Elena Nikiphorou (senior),
Delphine Courvoisier (junior)

Fellows: George Fragoulis (main), Mini Dey (co-fellow), Steven Zhao (co-fellow)

TF Members: Laurent Arnaud, Fabiola Atzeni, Georg Behrens, Hans Bijlsma, Peter Boehm, Costas Constantinou, Silvia Garcia-Diaz, Meliha Kapetanovic, Kim Lauper, Mariana Luis, Jacque Morel, Gyorgy Nagy, Eva Polverino, Jef van Rompay, Marco Sebastiani, Anja Strangfeld, Annette de Thurah

- 22 members, from 15 different countries
- Rheumatologists/epidemiologists (including two EMEUNET members)
- 2 patient research partners
- 2 health-care professionals in rheumatology
- 2 infectious disease doctors with an interest in rheumatology
- 1 pulmonologist

Thank you for your attention ☺



30 | 1
to 1 | 2
2026

1st International Skills Meeting in SPONDYLOARTHRITIS

Welcome General Information ▾ Committees ▾ Program ▾ Registration Sponsors & Exhibitors ▾ Contact Us

Friday, 30 January

- 16:00 Arrival
- 17:00 Welcome and introduction
- 17:30 Keynote Lecture | Treatment recommendations of PsA – the same as RA?
Laure Gossec
- 18:30 Disease Interception in PsA
Dennis McGonagle
- 19.30 Dinner and dinner talk | SpA in the era of AI
Diego Benavent

Sunday, 1 February

- 09.30 Syndemics in inflammatory arthritis. Current and future concepts
Elena Nikiphorou
- 10.30 Treatment recommendations of axSpA – where are we and what can we expect?
- 11:30 Break
- 12:00 Imaging workshop in axSpA / PsA
Nikos Kougkas, Apostolos Karantanas
- 13:30 End of workshop & Evaluation

Saturday, 31 January

- 09:00 Comorbidities in SpA. Affecting treatment choice
George Fragoulis
- 10:00 National registries and the application of knowledge in daily practice
Pedro Machado
- 11.00 Break
- 11:15 D2T concepts in PsA and AxSpA. What are they? Why we need them?
Ennio Lubrano
- 12:15 Screening algorithms for early detection of axSpA
Victoria Navaro
- 13:15 Lunch
- 14:00 Axial SpA vs. axial PsA: one entity, different entities or just semantics?
Xenofon Baraliakos
- 15:00 Workshops: main aspects in diagnosis and treatment of extra-musculoskeletal manifestations. What the rheumatologist needs to know
 - Uveitis and SpA | Dimitris Ladas
 - Inflammatory bowel disease and SpA | Konstantinos Karmiris
 - Dermatological aspects of SpA | Elena Sotiriou
 - Management of cardiometabolic risk in SpA | Stefan Siebert