

National University of Athens, Greece

# Systemic Autoimmune Diseases towards Stratified and Precision Medicine. The paradigm of Sjogren's Syndrome

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Ioannina October 2024



# Disclosures

- Received Research Grants from Novartis, Pfizer, ABBVIE, Genesis, Eli-Lilly. NONE related to the current presentation
- Coordinator of HarmonicSS, an EU sponsored Research Grant
- Chairman of eSSential, the Study Group of EULAR, devoted to Sjögren's syndrome

# Lecture Outline

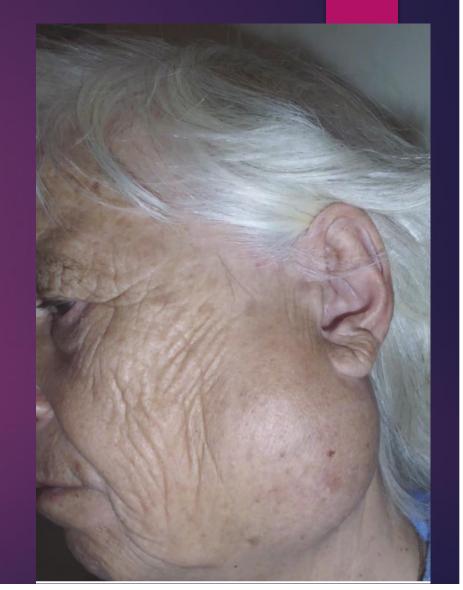
- Sjogren's Disease. Clinical phenotyping based on harmonized integrated data
- ▶ NHL in Sjogren's Disease
- Predictors of Lymphoma development. Historical perspectives
- Predictors of Lymphoma development. Current status
- Conclusions-Work in progress

# SJÖGREN SYNDROME

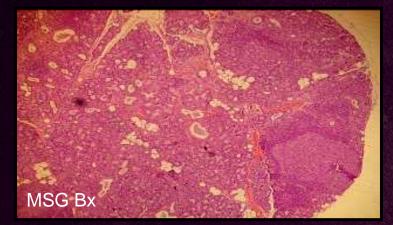
- Female disease
   ♀/♂ :20:1
- Common disease 0,1-0,5 % prevalence
- 4th -5th decade of life
- Slowly progressive and difficult to treat
- Primary or associated with:
   RA
   SLE
  - Dermatopolymyositis
  - □ Scleroderma

2<sup>nd</sup> most common rheumatic disease

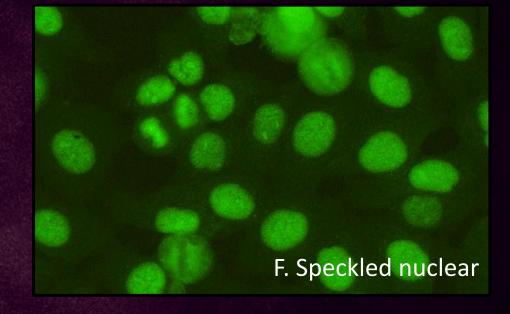
2<sup>nd</sup> most common autoimmune disease affecting women

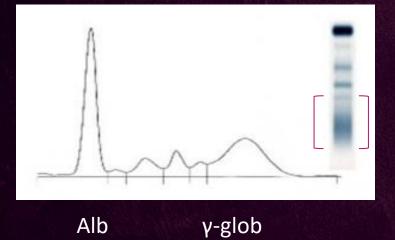


### Sjögren's Syndrome: Immunopathology

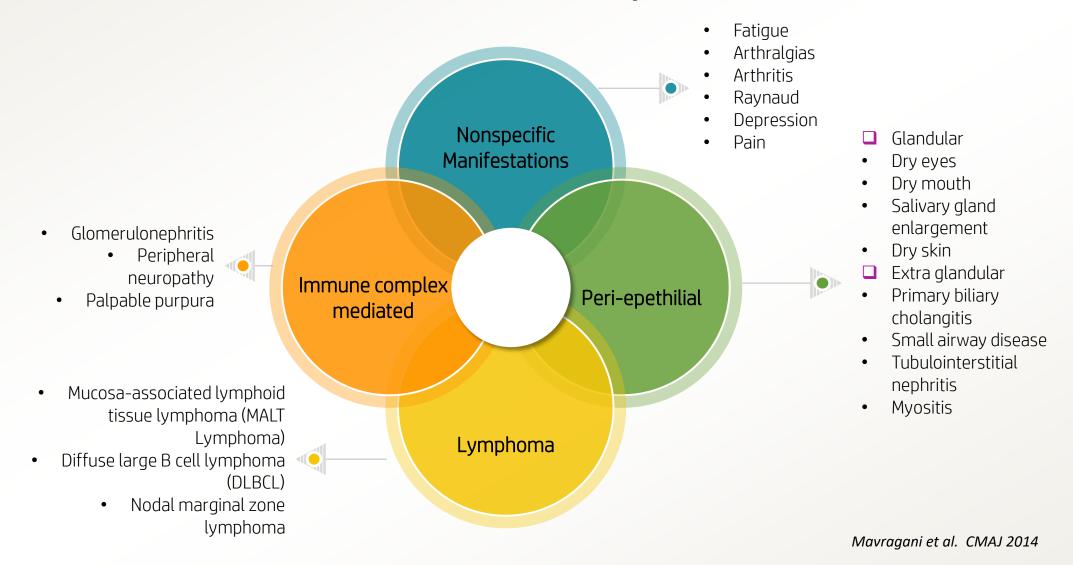


Infiltration by activated T- & B- cells





### Sjögren's Disease Clinical diversity



### Sjögren's Disease: Classification Criteria

	Item	Weight / Score			
01	Labial salivary gland with focal lymphocytic sialadenitis and focus score ≥ 1	3			
02	Anti-SSA (Ro) +	3			
03	Ocular staining score ≥ 5 (or van Bijsterfeld score ≥ 4) on at least one eye	1			
04	Schirmer ≤ 5 mm/5min on at least one eye	1			
05	Unstimulated whole saliva flow rate ≤ 0.1 ml/min	1			

A patient is classified as having SS when she has a score  $\geq 4$ 

> Caroline H. Shiboski et al. 2016 ACR-EULAR Classification Criteria for primary Sjögren's Syndrome: A Consensus and Data-Driven Methodology Involving Three International Patient Cohorts, Arthritis Rheumatol., 2017

### The consortium





# Cohorts Ē Ш О Е Ш В О ١ 1\_i H ID BAPS ULB CHARITÉ OMRF

### HarmonicSS Services and Tools

- Cloud infrastructure
- Semantic interlinking
- Harmonization
- ► Data Governance
- External information source retrieval
- ► Text mining
- ► Big data mining
- Genetics analytics
- Social media analytics
- Health policy impact assessment
- Visual analytics
- Clinical trial patient selection
- Segmentation of imaging tests
- ► Training/Education

### Outcomes

- Network of partners
  Legal and privacy report on data
- sharingIntegrative
- harmonized cohort
- Improved stratification for patient management
- Validation of
   existing biomarkers
- Identification of
   novel biomarkers
- Shared health policy
- Sustainability and expandability plan

### How it was achieved

FEATURE	%, (1/n)					
GLANDULAR MANIFESTATIONS						
Dry mouth	89,7 (6101/6800)					
Dry eyes	89,0 (6046/6794)					
Salivary gland enlargement	37,4 (1897/5083)					
Parotid gland swelling	42,0 (2227/3843)					
Submandibular swelling	5,0 (139/2787)					
NON-SPECIFIC MANIFESTATIONS						
Raynauds phenomenon	26,5 (1577/5942)					
Fatigue	54,0 (2840/5256)					
Arthritis	16,6 (993/5999)					
EXTRAGLANDULAR MANIFESTATIONS						
Renal disease	2,6 (162/6183)					
Tubulointerstitial nephritis	1,4 (66/4729)					
Glomerulopathy	0,9 (37/4330)					
Pulmonary disease	7,1 (415/5466)					
Small airway disease	3,0 (157/5169)					
Interstitial lung disease	2,5 (112/4414)					
Liver disease	2,4 (131/5431)					
Autoimmune hepatitis	0,85 (40/4722)					
Primary biliary cirrhosis	1,4 (81/5616)					
Nervous System Disease	9,1 (560/6137)					
Peripheral nervous disease	5,4 (267/4979)					
Central nervous disease	2,7 (125/4612)					
Palpable purpura	7,0 (396/5653)					
Muscular System Disease	7,2 (357/4990)					
Inflammatory myopathies	0,3 (10/3852)					
Inclusion body myositis	3,3 (150/4579)					

SEROLOGY						
Anti Ro/SSA	72,8 ( 4564/6268)					
Anti La/SSB	43,2 (2670//6169)					
Rheumatoid Factor	49,1 (2282/4644)					
Antinuclear Antibodies	79,9 (4354/5450)					
Low C4 levels	59,0 (2485/4210)					
Cryoglobulinemia	5,7 (266/4675)					
LYMPHOMA						
Any type of Lymphoma	5,7 (354/6007)					
MALT lymphoma	4,4 (245/5569)					
DLBCL lymphoma	0,8 (45/ 5371)					

7551 Harmonized patients from 20 European cohorts



A Goules et al in preparation

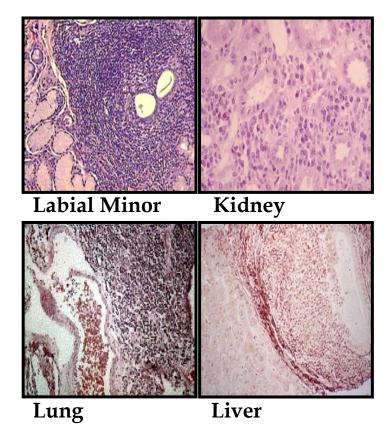
### Sjögren's Disease: Clinical Manifestations

### **Peri-epithelial**

Appear early in the course of the disease

Remain stable for many years

Low frequency of terminal organ damage

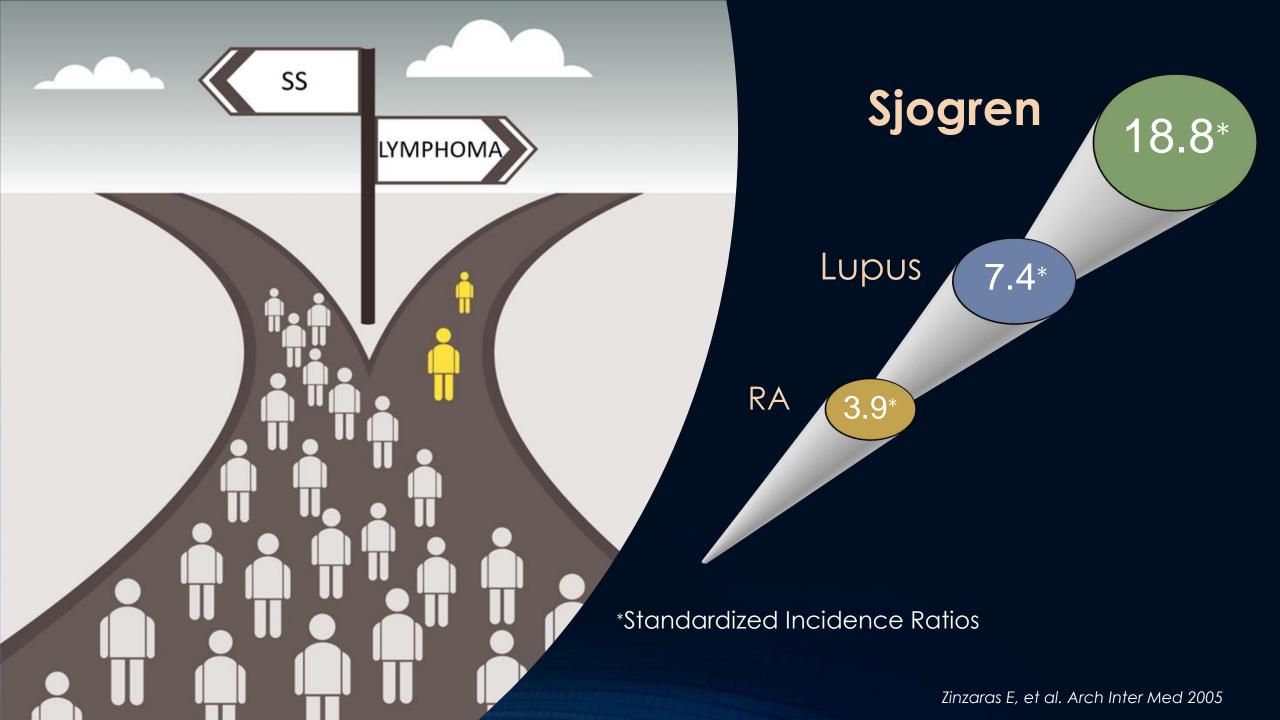


### **Extra-epithelial**

Late clinical sequel

 Severe organ damage if untreated

```
    Predictive factors for
non-Hodgkin lymphoma
development
```

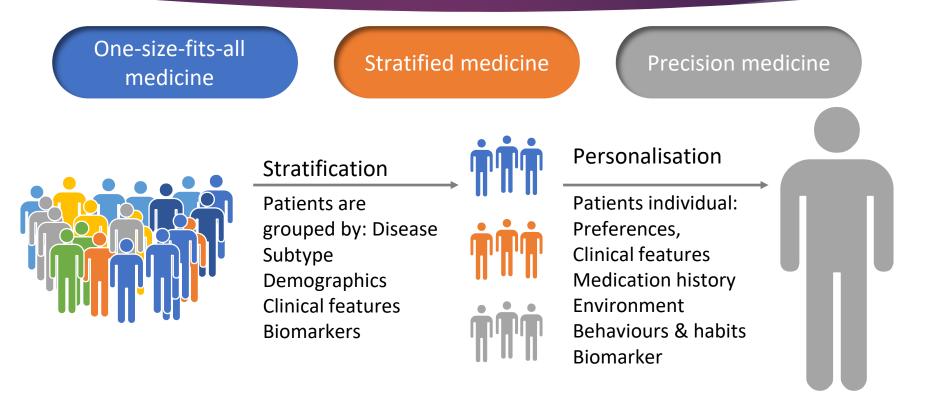


### Mortality in Sjogren's Disease with or without lymphoma

Outcome	SS patients with Lymphoma (53)	SS patients without Lymphoma (531)		
Observed/Expected deaths	6/1.84	41/37.89		
SMR (exact 95% CI)	3.25 (1.32 to 6.76)	1.08 (0.79 to 1.45)		
Follow up, person years	556 1912			
Excess Deaths due to Lymphoma	1.58 /1000 person-years			

# Precision medicine

VS Traditional Medicine



### **Precision Medicine**

Important prerequisites to achieve meaningful approaches towards Precision Medicine

- Correct clinical phenotyping
- Understanding of pathogenetic mechanisms underlying each clinical phenotype
- High-end –omics technologies
- Identification of clinically relevant biomarkers

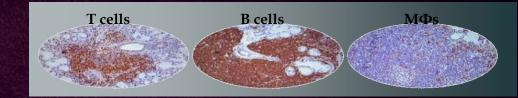
### Sjögren's Disease

# A conceptual step-wise categorization

Clinical stratification

### **CLINICAL PHENOTYPING**

### Histologic stratification



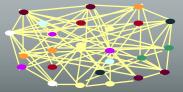


Homogenous patient groups for targeted therapy





### System biology approach



### Candidate Biomarkers

- Preliminary
- Clinical utility
- Sensitivity

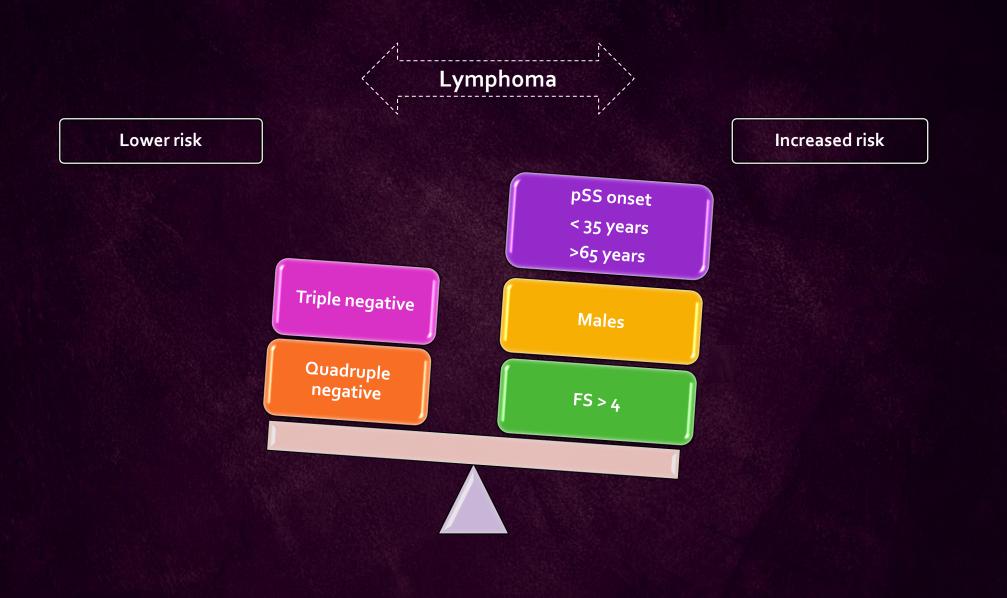
### Current perspectives in Clinical phenotyping

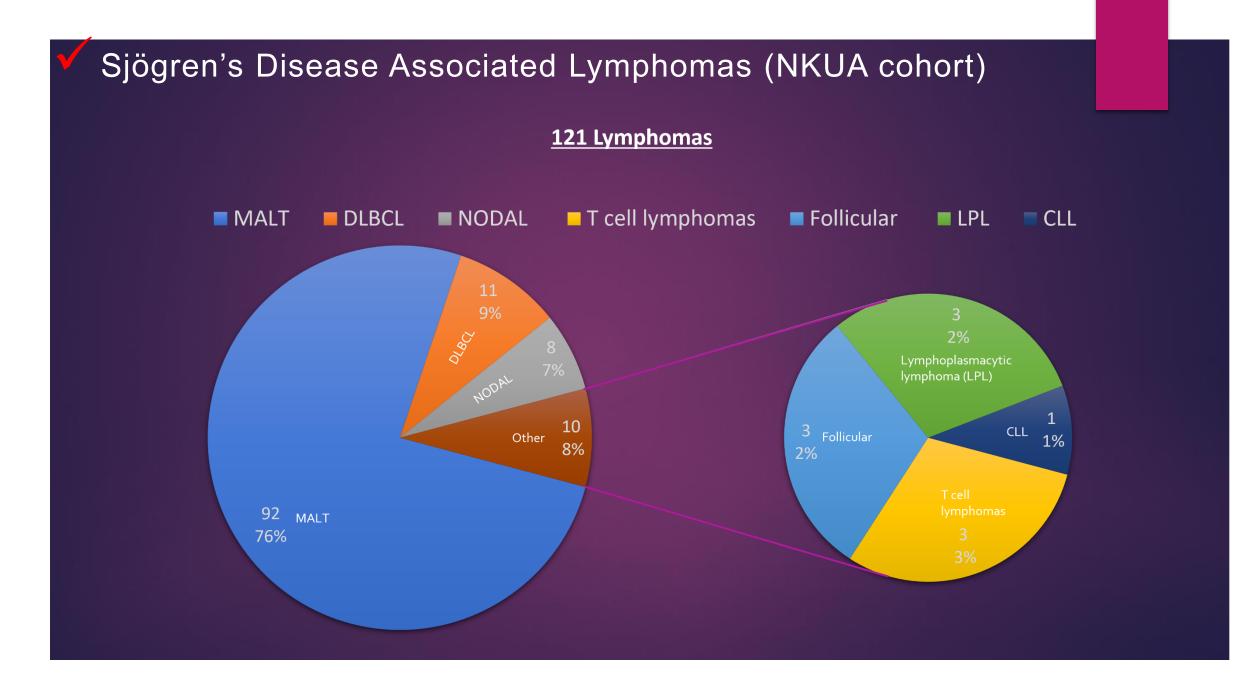
- ► SS in Male patients
- SS in patients with early and late disease onset
- ► The predictive role of minor salivary gland Bx
- Cryoglobulinemic vasculitis
- Sicca negative SS
- Autoantibody negative SS
- Non-Hodgkin's lymphoma

Chatzis et al J Clin Med 2019 Chatzis et al Frontiers Immunol 2020 Argyropoulou et al Sem Arthritis Rheum 2020 Goules et al J Autoimmunity 2020 Chatzis et al Clin Exp Rheum 2021 Chatzis et al Clin Exp Rheum 2022



Sjögren's Disease: different Sjogren's Disease groups display different risk for lymphoma development

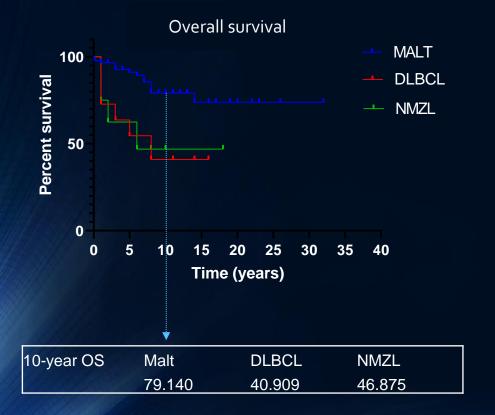


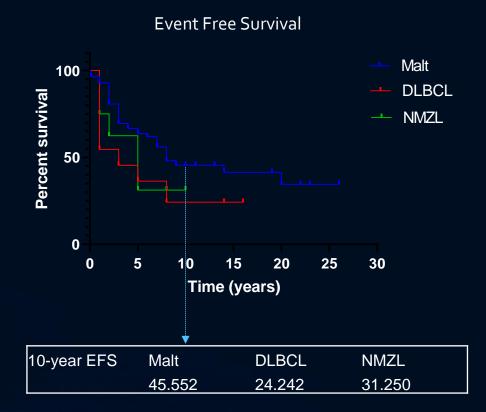




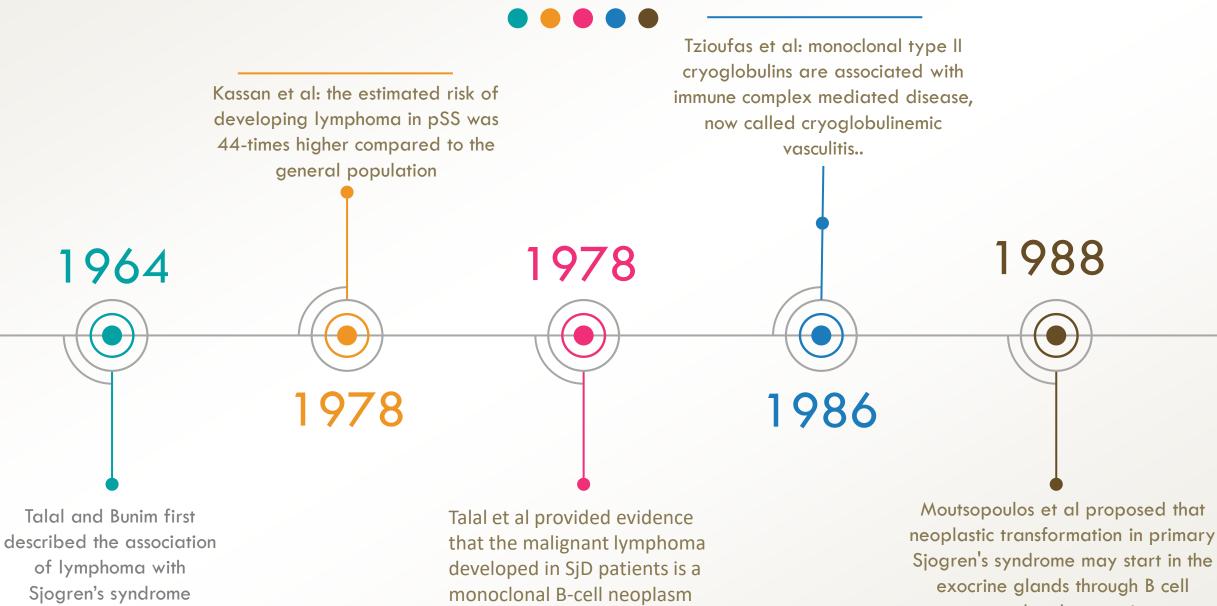
Event Å

- Disease progression
- Lymphoma relapse
- Histologic transformation
- Starting treatment after a watch and wait approach
- Death from any cause



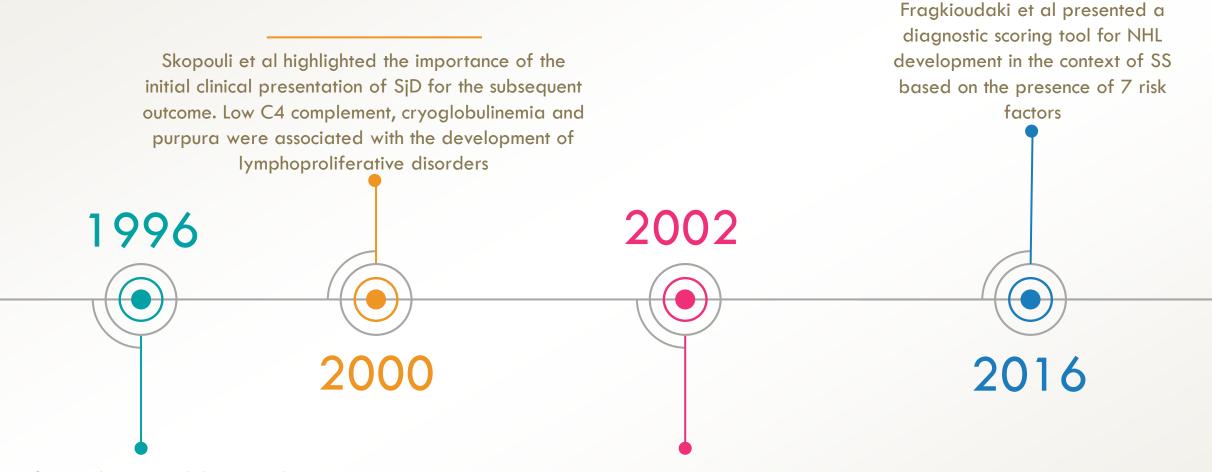


# **Historical perspectives**



monoclonal expansion

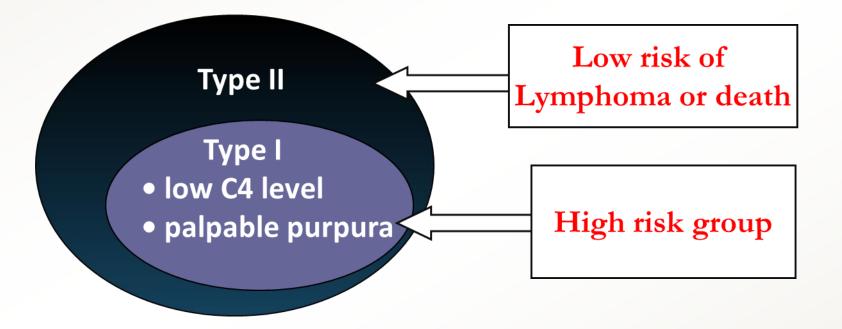
# Historical perspectives



Tzioufas et al proposed that mixed monoclonal cryoglobulinemia may serve as a predictive factor for lymphoma development

Ioannidis et al. found that the 10-year risk of lymphoma was 4%, while the lifetime risk is estimated to be 5–10%. Palpable purpura and low C4 levels distinguishes high-risk patients from patients with an uncomplicated disease course

# Sjögren's disease Stratification risk for lymphoma development



Ioannidis JP, et al. Arthritis Rheum 2002

### Independent risk factors for lymphoma

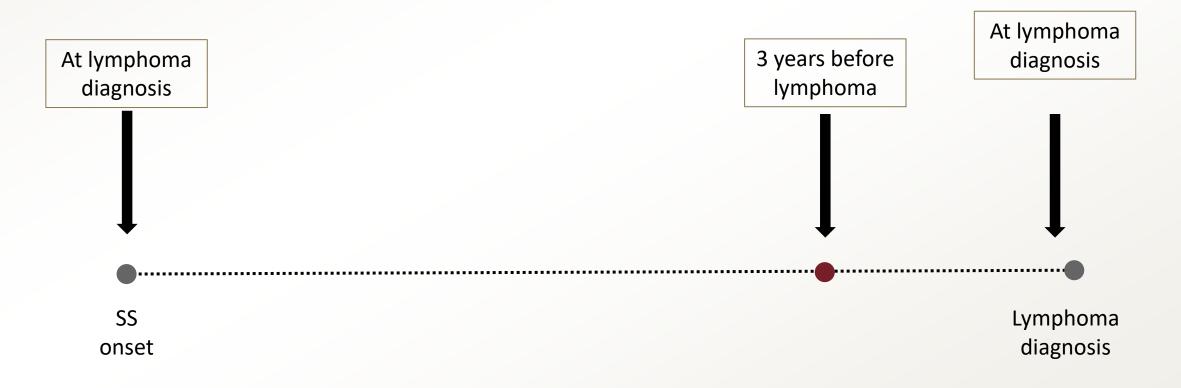
- Salivary gland enlargement
- Lymphadenopathy
- Raynaud's phenomenon
- Anti-Ro/SSA and/or anti-La/SSB positivity
- Rheumatoid factor positivity
- Monoclonal gammopathy
- C4 hypocloplementemia

	No of risk factors						
120,00%							
100,00%							
80,00%							
60,00%							
40,00%							
20,00%							
0,00%	2	3-6	7				

Fragkioudaki et al. Medicine 2016

### Unmet needs

- Previous studies recruited patients with Sjögren's disease and lymphoma of mixed histological types
- Absence of a temporal distance between lymphoma diagnosis and Sjögren's disease diagnosis leads to confusion regarding the real predictors or merely manifestations of lymphoma



# Identification and evolution of predictors of Sjögren's disease-associated mucosa-associated lymphoid tissue lymphoma development over time: a case-control study



### THE LANCET Rheumatology

Andreas V Goules, Loukas Chatzis, Vasilis C Pezoulas, Markos Patsouras, Clio Mavragani, Luca Quartuccio, Chiara Baldini, Salvatore De Vita, Dimitrios I Fotiadis, Athanasios G Tzioufas

## Sjögren's Disease Lymphomagenesis-Predictors

### **Study Design**

- Three SjD centers: NKUA, Pisa, Udine
- SjD-MALTLs patients with the following criteria were identified: i) MALT lymphoma diagnosis was according to the WHO classification criteria, ii) MALT lymphoma diagnosis was > 3 years from SjD diagnosis and iii) no other systemic autoimmune disease was present
- Matched in 1:1 ratio, according to age, sex, disease duration from SjD diagnosis to last follow up and treatment modalities
- 3 time points: V1/at the time of SjD diagnosis, V2/3-4 years before lymphoma diagnosis and V3/0.5-1.5 years before lymphoma diagnosis

# **Domain weights of original ESSDAI**

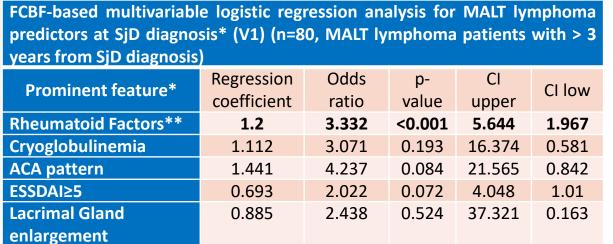
DOMAIN	ESSDAI
Constitutional (0-2)	3
Lymphadenopathy (0-3)	4
Glandular (0-2)	2
Articular (0-3)	2
Cutaneous (0-3)	3
Pulmonary (0-3)	5
Renal (0-3)	5
Muscular (0-3)	6
Peripheral nervous system (0-3)	5
Central nervous system (0-3)	5
Hematological (0-3)	2
Biological (0-2)	1
Range of total score	0-123

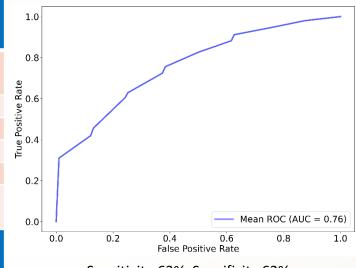
## Sjögren's Disease Lymphomagenesis-Predictors

### **Study Design**

- Lymphoma patients whose SjD diagnosis was 3-4 years from lymphoma diagnosis were utilized once and were included in the V1 dataset
- 33-34 features/variables for each dataset
- Features with missing values more than 10% during the quality control were excluded from the analysis of each dataset
- Data driven analysis: FCBF/LR and 10-fold cross validation

## Sjögren's Disease Lymphomagenesis-Predictors





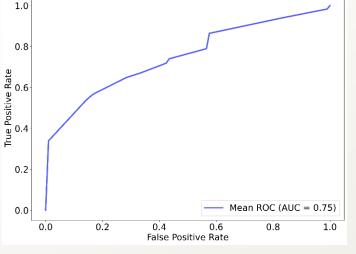
Sensitivity:63%, Specificity 62%

\* 33 Features/Variables analysed by the FCBC algorithm: sex, age at SjD diagnosis, dry mouth, dry eyes, salivary gland swelling, lacrimal gland enlargement, Raynaud's phenomenon, arthritis, arthralgias, palpable purpura, lymphadenopathy, renal diseaseglomerulopathy, renal disease-tubulointerstitial nephritis, pulmonary disease-small airways disease, interstitial lung disease, liver disease-autoimmune hepatitis, primary biliary cirrhosis, peripheral nervous system disease, central nervous system disease, autoimmune thyroiditis, ANA, ACA pattern, anti-La antibodies, anti-Ro antibodies, rheumatoid factors, cryoglobulinemia, low C4, anemia, leukopenia, neutropenia, lymphopenia, thrombocytopenia, ESSDAI≥5
\*\* < 0.05 (95% confidence interval)</p>

FCBF-based multivariable logistic regression analysis for lymphoma predictors at 3-4 years (V2) before lymphoma diagnosis\* (n=68, MALT lymphoma patients with > 3 years from SjD diagnosis)

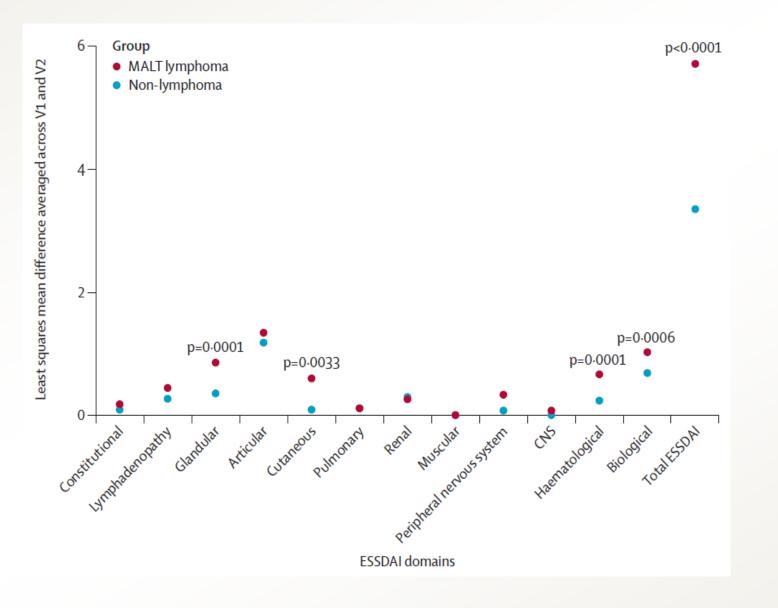
Prominent feature*	Regression	Odds	p-	CI	CI low	
Prominent leature <sup>1</sup>	coefficient	ratio	value	upper		
ESSDAI≥5**	1.342	3.871,	0.002	8.852,	1.694,	
Rheumatoid Factors**	1.294	3.683,	< 0.001	6.467,	2.097	
ACA pattern	1.382	3.995	0.107	21.246	0.763	

\* 34 Features/Variables analysed by the FCBC algorithm: sex, age at SjD diagnosis, disease duration until V2, dry mouth, dry eyes, salivary gland swelling, lacrimal gland enlargement, Raynaud's phenomenon, arthritis, arthralgias, palpable purpura, lymphadenopathy, renal disease-glomerulopathy, renal disease-tubulointerstitial nephritis, pulmonary disease-small airways disease, interstitial lung disease, liver disease-autoimmune hepatitis, primary biliary cirrhosis, peripheral nervous system disease, central nervous system disease, autoimmune thyroiditis, ANA, ACA pattern, anti-La antibodies, anti-Ro antibodies, rheumatoid factors, cryoglobulinemia, low C4, anemia, leukopenia, neutropenia, lymphopenia, thrombocytopenia, ESSDAI≥5
\*\* < 0.05 (95% confidence interval)</p>



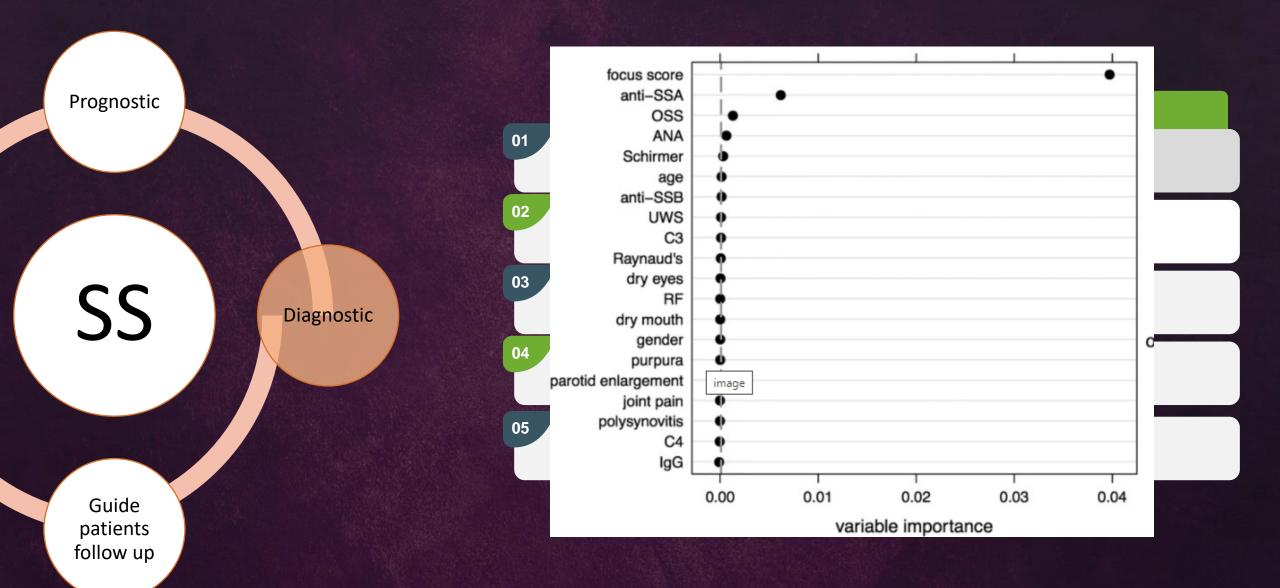
### Sensitivity:65%, Specificity 71%

### The evolution of systemic disease activity as a MALT lymphoma predictor across V1 and V2



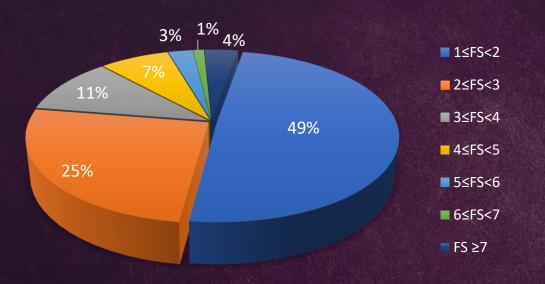
# Sjögren's Disease and Predictors of Lymphoma-Concluding remarks

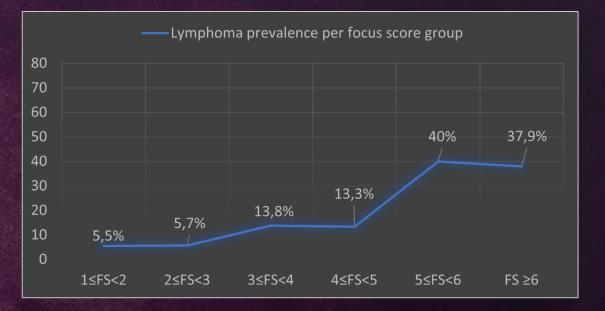
- RFs are the most persistent and chronically distant MALTL predictor
- The addition of cutaneous, glandular, hematologic and biologic manifestations define a definite time point of lymphomagenesis
- Cryoglobulinemia and salivary gland enlargement are findings of underlying or future lymphoproliferative disorder



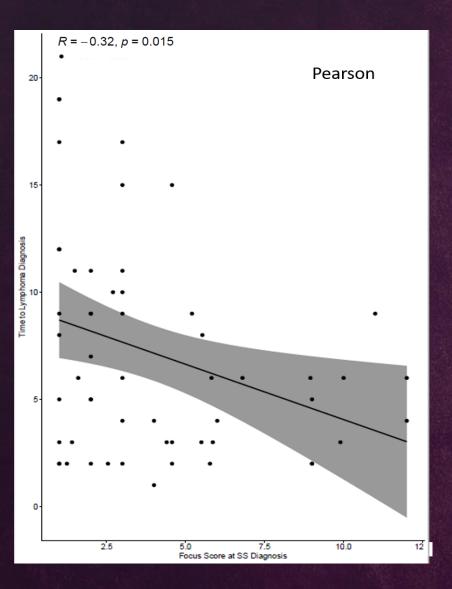
Caroline H. Shiboski et al. 2016 ACR-EULAR Classification Criteria for primary Sjögren's Syndrome: A Consensus and Data-Driven Methodology Involving Three International Patient Cohorts, Arthritis Rheumatol., 2017 Focus score

### PATIENTS FOCUS SCORE ALLOCATION





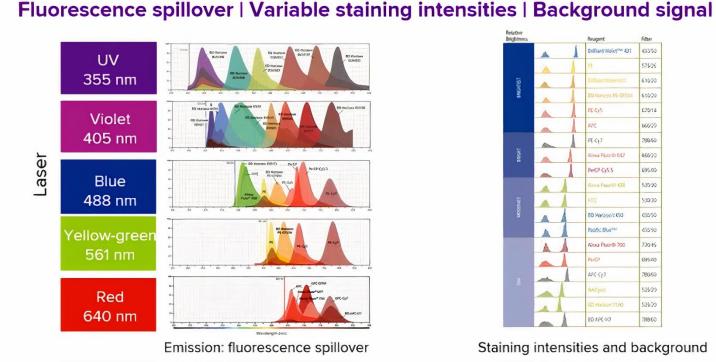
Chatzis LG et al A biomarker for lymphoma development in Sjogren's syndrome: Salivary gland focus score. J Autoimmun. 2021



Sequential algorithm for time	interval from SS until lymphoma
diagnosis for each FS threshol	ld
FS range	P Value*
FS≥2 ∨s FS<2	0,0795
FS≥3 ∨s FS<3	0,0956
FS≥4 vs FS<4	0,0080
FS≥5 ∨s FS<5	0,0857
FS≥6 ∨s FS<6	0,1820
FS≥7 ∨s FS<7	0,2004
FS≥8 ∨s FS<8	0,2004
FS≥9 ∨s FS<9	0,1716
FS≥10 ∨s FS<10	0,9005
FS≥11 ∨s FS<11	0,9146

# Antibody-mediated multiparameter protein detection

 Fluorochrome-conjugated antibodies are widely used but have limited utility for high-parameter studies. Theses limitations contribute complexities into experimental design and interpretation





Staining intensities and background



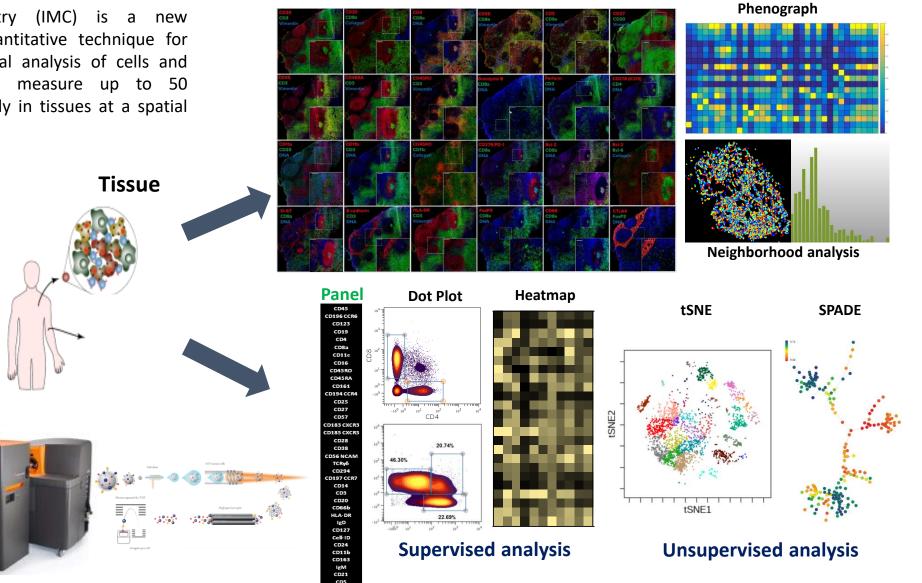


Imaging mass cytometry (IMC) is a new multiparametric and quantitative technique for phenotypic and functional analysis of cells and tissue sections. It can measure up to 50 parameters simultaneously in tissues at a spatial resolution of  $1 \mu m$ .

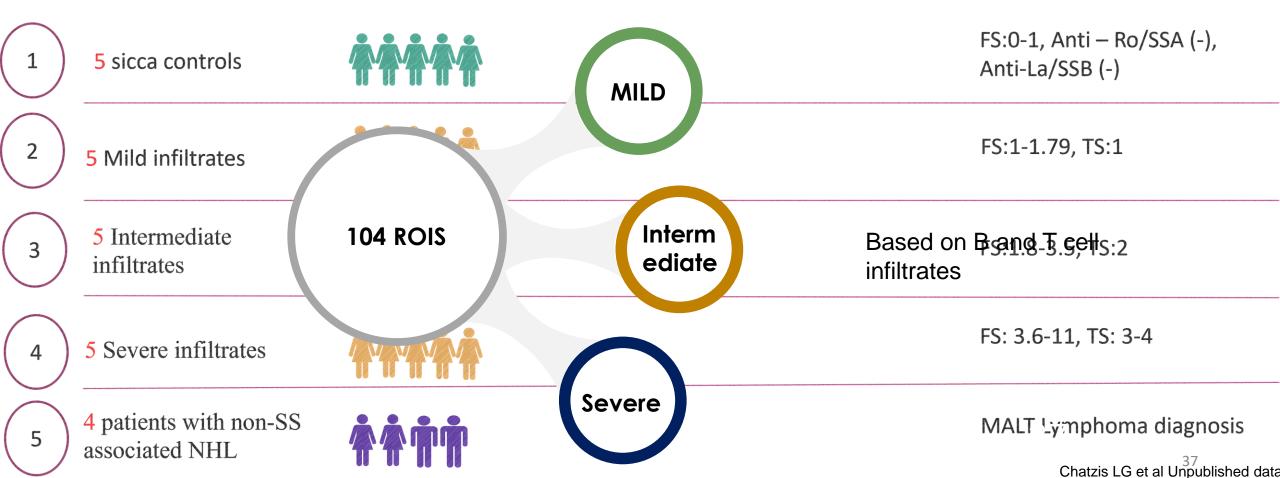
Plateforme de cytométrie en flux et de masse



HYPE Research in Immunology and ONcology

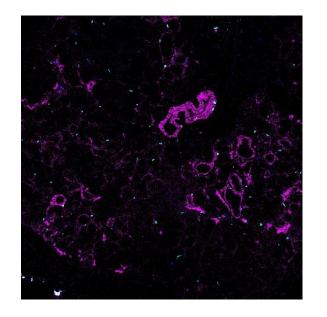


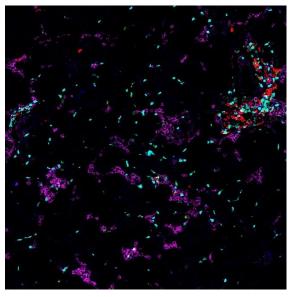
# Background

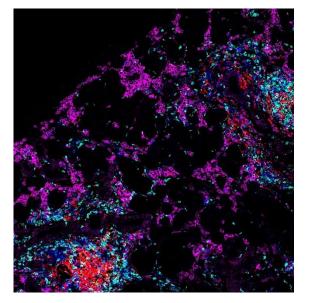


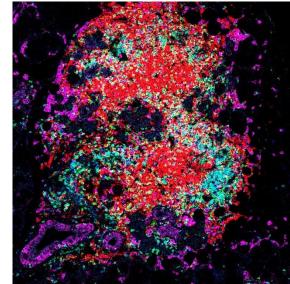
### 2 Antibody Panels

General Panel	Properties	General Panel	Properties	>>>>>>	B cell panel	Properties
CD38	Plasma cells, Immature/ transitional b cells, effector T cells	Bcl6	GC B cells and T follicular helper cells		CD45RB	Memory B cells, Cd38 positive B cells outside of GM
CD204	M2 macrophage	CD20	B lymphocytes		Vimentin	Mesenchymal cells
Vimentin	Mesenchymal cells	CD8a	Cytotoxic T cells		Tbet	Th1 T cells
CD14	Macrophages, dendritic cells, neutrophils	CD138	Plasma cells		Pan-Keratin	Epithelial cells
Tbet	Th1 T cells	MPO	Neutrophils		Ki-67	Proliferation
CD34	Hematopoietic progenitor cells, stem cells	Flt3Ligand	T cells		lgD	Mantle zone B cells
CD163	M2 macrophages	CD56	NK cells		FoxP3	T regulatory cells
Pan-Keratin	Epithelial cells	CD127	Memory and Effector T cells not on Treg, Precursos B cells		CD4	T helper cells
CD11b	Monocytes, B1 B cells, natural killer	Collagen	Collagen type I		CD68	M1 Macrophages
	(NK) cells, and dendritic cells, cDC2	CD3	T cells		Bcl6	GC B cells and T follicular helper cells
TSLP	Lymphoma, Epithelial cells		Memory T cells (except an effector		CD20	B lymphocytes
CD31	Endothelial cells in blood vessels, platelels	CD27	memory population), B cells (not effector), Plasmablasts (High) NK		CD8a	Cytotoxic T cells
Ki-67	Proliferation		cells		CD138	Plasma cells
lgD	Mantle zone B cells, naive B cells	Caspase-3	Cell apoptosis		МРО	Neutrophils
IgM	Mantle zone B cells, naive B cells	Podoplanin	Follicular DCs, Lymphatic endothelial cells		PD-1	T follicular helper cells
FoxP3	T regulatory cells	HLA-DR	Dendritic cells, macrophages, B cells, stimulated epithelial cells		Collagen	Collagen type I
Cd4	T helper cells	pS6	Akt/PI3K/mTOR pathway related proliferation		CCR6	Bmem
cKit	Cancer, Stem cells	Flt-3	Plasmacytoid DCs, B progenitor cells		CD3	T cells
CD68	M1 Macrophages	CXCL13	Follicular dendritic cells		CD27	Memory B cells (except an effector memory population), T cells (not effector), NK cells
IgA	Plasma cells and germinal center immunoblasts	СХСЗ	Activated Th1 cells, CD8 effector cells, Nk cells, proinfilmmatory B cells		Podoplanin	Follicular DCs, Lymphatic endothelial cells
AID	Somatic hypermutation and immunoglobulin class switch				SMA	Smooth muscle antibodies
	recombination				CD38	Plasma cells, Immature/transitional B cells, effector T cells 38
					AID	Somatic hypermutation and immunoglobulin class switch recombination

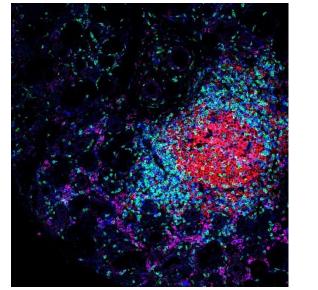


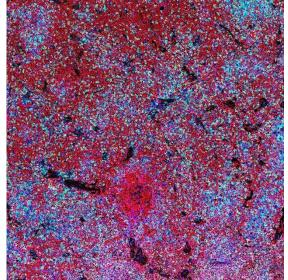


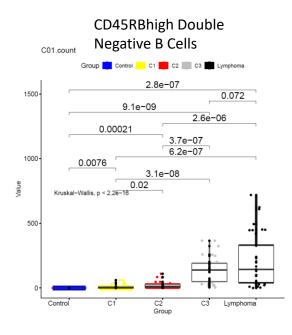




# CD20 CD3 CD4 CD8 CD138

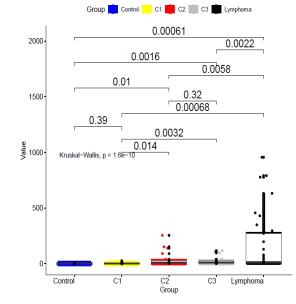


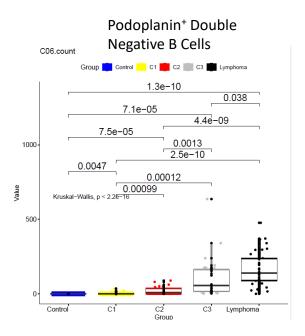


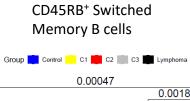


#### Double Negative B cells

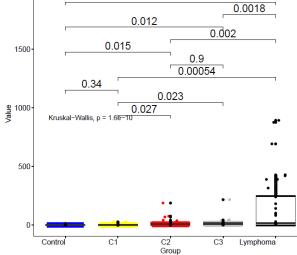
C10.count







C12.count



# Next steps

- Definition of pathogenetically relevant biomarkers in tissue injury and peripheral blood, per disease phenotype, using:
- Integration of multi –omics technologies
- Validation
- "Sensitivity to change" after treatment to define clinically relevant cells/molecules
- Definition of next generation biomarkers per disease phenotype (new targets, new stratification tools, advanced treatment selection strategies)



National and Kapodistrian University of Athens







### Acknowledgements

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- Salvatore De Vita
- Dimitris Fotiadis
- Vasilis Pezoulas



