

# «Πως θεραπεύω τον ασθενή με καρκίνο στον οποίο προϋπάρχει ή πρωτοεμφανίζεται ΙΦΝΕ;»

Δήμητρα Κοζομπόλη, Ειδικευόμενη Γαστρεντερολογίας,  
ΓΝΑ «Ο Ευαγγελισμός»

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Κλινικής, ΓΝΑ «Ο Ευαγγελισμός»,

# Επιδημιολογικά στοιχεία :

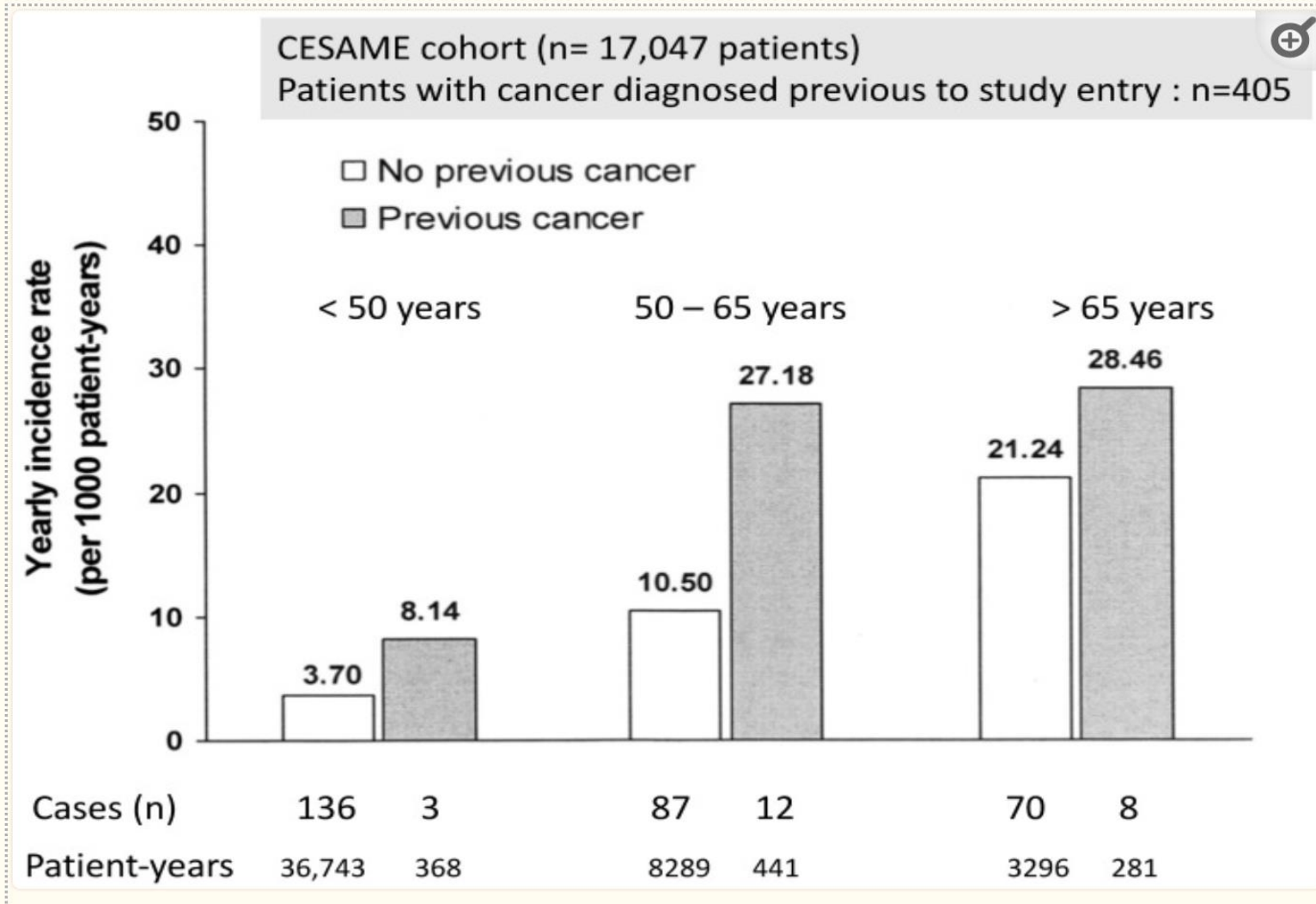
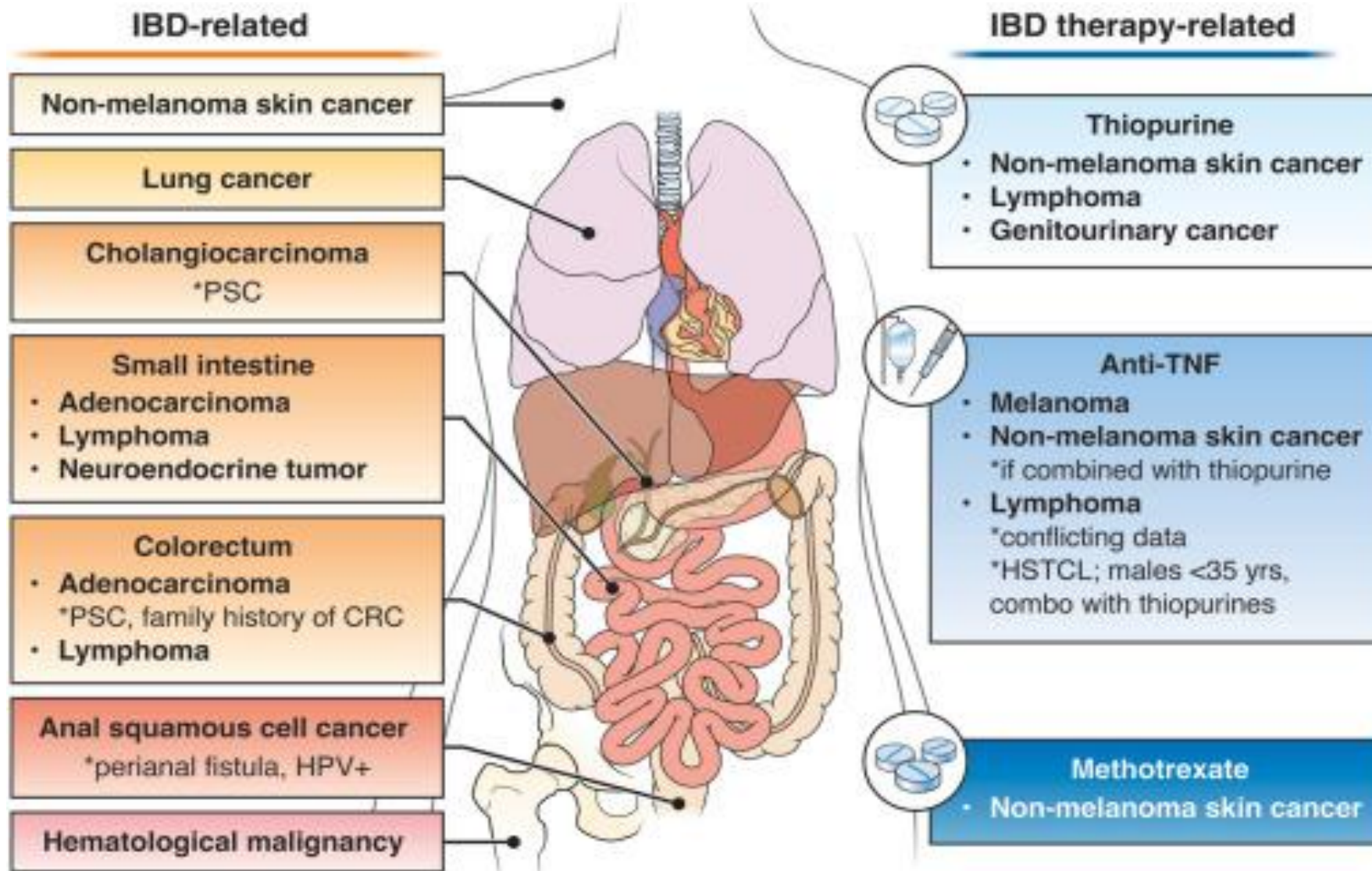


Figure 2

Annual incidence rate of cancer in IBD patients with and without previous cancer [19].

- Ο καρκίνος είναι η 2<sup>η</sup> αιτία θανάτου σε ασθενείς με ΙΦΝΕ
- Το 30% των ασθενών με ΙΦΝΕ θα διαγνωστούν με ca

# Συσχέτιση ΙΦΝΕ και καρκίνου:



## Στον ασθενή με ΙΦΝΕ και καρκίνο:

**Πρέπει** να συνεχίσω την ανοσοκατασταλτική/ανοσοτροποποιητική θεραπεία?

**Μπορώ** να ξεκινήσω ανοσοκατασταλτική/ανοσοτροποποιητική θεραπεία?

**Ποιο** είναι το ρίσκο σε κάθε περίπτωση?

Αν διακόψω **πότε** είναι ασφαλές να ξεκινήσω πάλι?

Θα επηρεάσει η **αντικαρκινική θεραπεία** την πορεία τ



## The effect of immunosuppression on pre-existing cancers

I Penn <sup>1</sup>

Affiliations + expand

PMID: 8475546 DOI: [10.1097/00007890-199304000-00011](#)

### Abstract

This study of 939 pre-existing malignancies that occurred in 913 renal transplant recipients showed that in 823 patients the tumors were treated prior to or at transplantation, in 78 after transplantation, at an unspecified time in 20, while 18 received no treatment. Of patients treated

Ισχύει το ίδιο για τις θεραπείες

των ΙΦΝΕ του σήμερα???

of the bladder, colon, vulva, tumors, and carcinomas of the colon, prostate, and breast. In patients treated 25-60 months pretransplantation, and 13% in patients treated > 60 months pretransplantation. Of 78 patients whose cancers were first treated after transplantation, 27% developed recurrences. However, 63% did not do so in follow-ups averaging 53 months. A two-year waiting period between treatment of cancer and transplantation is justified for most neoplasms except for incidentally discovered renal carcinomas, in situ carcinomas, and possibly focal neoplasms (a small single focus), low-grade bladder cancers, and basal cell skin cancers. In these cases no waiting period is necessary. On the other hand, a waiting period > 2 years is necessary for most malignant melanomas, breast carcinomas, and colorectal carcinomas. Conflicting data are presented as to whether immunosuppression affects growth of existing tumor cells but most of the evidence suggests acceleration of neoplastic growth.

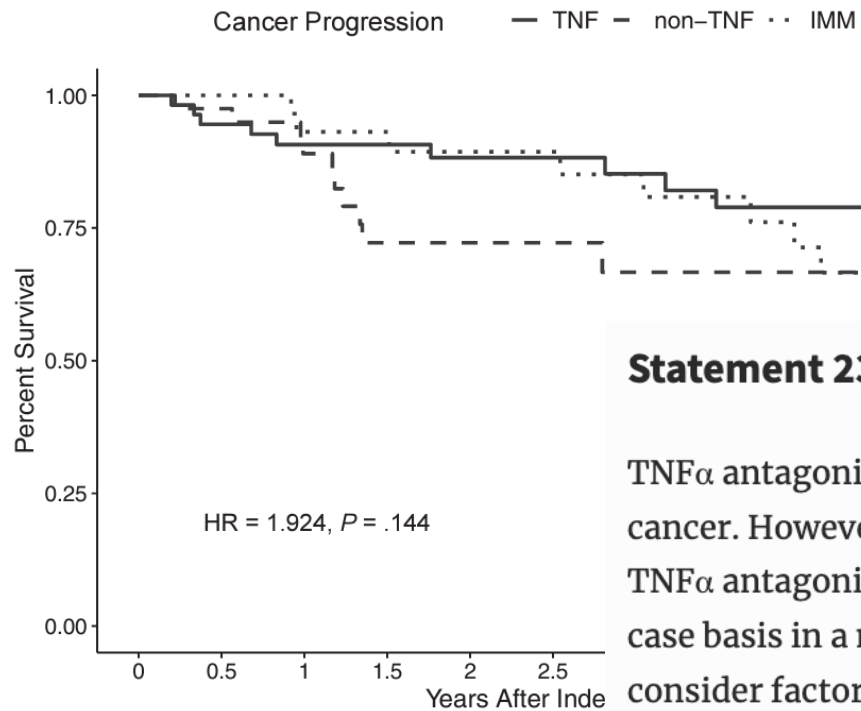
□ Υποτροπή καρκίνου μετά την ολοκλήρωση αντινεοπλασματικής αγωγής:

- 53% τα 2 πρώτα χρόνια

- 34% 2<sup>ο</sup> με 5<sup>ο</sup> έτος

ση για καθυστέρηση μεταμόσχευσης αναλόγως και του καρκινικού τύπου

# Anti TNF και καρκίνος:



## Statement 23

TNF $\alpha$  antagonists may be used in patients with IBD and current or previous cancer. However, data on individual cancer types and timing of treatment with TNF $\alpha$  antagonists are lacking. [EL4] Decisions should be made on a case-by-case basis in a multidisciplinary setting involving oncologists, and should consider factors including current and recent IBD activity and alternative treatment options [EL5] **Consensus: 100%**

- Πολυκεντρική **Αναδρομική** μελέτη
  - **125** ασθενείς με **ενεργό/πρόσφατο** ca
  - Non-TNF: **Vedo, Ustk, IMM**
- ofac  
ty score match

**non-TNF: δε βρέθηκε στην ασφάλεια**

- Χαμηλό κίνδυνο προόδου καρκινικής νόσου και υποτροπής

## Νεότεροι βιολογικοί παράγοντες και καρκίνος:

### Statement 24

IBD patients with a history of prior malignancy do not appear to have an increased risk of cancer recurrence or new cancer when treated with vedolizumab [EL3] or ustekinumab. [EL4] There is insufficient evidence to make recommendations on the use of JAK inhibitors for patients with current or prior malignancy [EL5]

There are insufficient data regarding the safety of vedolizumab, ustekinumab, or JAK inhibitors in patients with active malignancy. Decisions should be made on a case-by-case basis in a multidisciplinary setting involving oncologists, and should consider factors including current and recent IBD activity and alternative treatment options [EL5] **Consensus: 100%**

# Θειοπουρίνες στις ΙΦΝΕ και

## Statement 10

Patients on thiopurine monotherapy are at increased risk for lymphoproliferative disorders [EL1] and myeloproliferative disorders. [EL3] The risk is increased for older patients.

Before starting therapy, screening for Epstein-Barr virus [EBV] infection should be considered in young adult male patients; [EL5] in patients negative for EBV IgG, medications other than thiopurines should inform treatment selection, other risks for lymphoma [EL5] Consider


## Statement 21

Thiopurines should preferably be withdrawn in patients with an active cancer diagnosis. [EL5] Patients with non-aggressive BCC or preneoplastic lesions of the cervix may continue thiopurine therapy with close monitoring [EL5]

**Consensus: 100%**

## Statement 20

Current evidence suggests that the risk of lymphoma is increased with thiopurine use in patients with active cancer, but not in patients beyond the known risk associated with this class. However, most observational data are from patients starting treatment with thiopurines more than 5 years after cancer resolution, and in patients with a low risk of cancer recurrence [EL4] **Consensus: 100%**



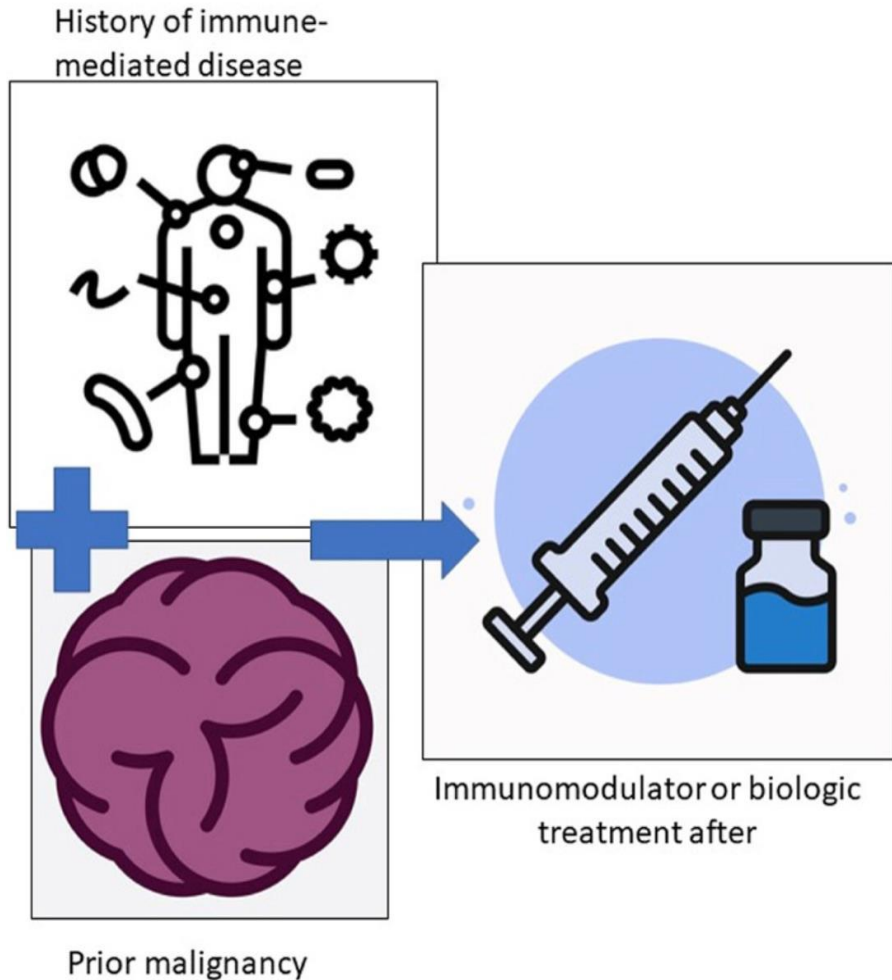
Τοξικότητα στο  
μυελό των οστών



# Θεραπεία ΙΦΝΕ και συγκεκριμένοι τύποι καρκίνου:

Patient with IBD on	Develops	What to do with IBD drug	Comments
Thiopurine	Lymphoma	<u>Stop thiopurine</u>	Most are B-cell lymphomas Increased association with Epstein-Barr virus Risk reverses after stopping thiopurine
Anti-TNF		<u>Consider alternative therapy</u>	Risk not supported in all studies Black box warning
Anti-TNF + thiopurine		Stop thiopurine and consider alternative therapy for anti-TNF	Increased risk of hepatosplenic T-cell lymphoma
Anti-integrin		No change	Limited data
Anti-IL 12/23, Anti-IL 23		No change	Limited data
JAK inhibitor		No change	Limited data
S1P receptor modulator		No change	Limited data
Thiopurine	Other hematologic malignancy	<u>Consider alternative therapy</u>	Limited data
Anti-TNF		No change	
Anti-TNF + thiopurine		No change	
Anti-integrin		No change	Limited data
Anti-IL 12/23, Anti-IL 23		No change	Limited data
JAK inhibitor		No change	Limited data
S1P receptor modulator		No change	Limited data
Thiopurine	Melanoma	No change	
Anti-TNF		<u>Stop anti-TNF</u>	Risk not supported in all studies
Anti-TNF + thiopurine		<u>Stop anti-TNF</u>	Risk not supported in all studies
Anti-integrin		No change	Limited data
Anti-IL 12/23, Anti-IL 23		No change	Limited data
JAK inhibitor		No change	Limited data
S1P receptor modulator		No change	Limited data
Thiopurine	Non-melanoma skin cancer	<u>Stop thiopurine</u>	Stop thiopurine if recurrent and difficult to manage skin cancers
Anti-TNF		No change	
Anti-TNF + thiopurine		Stop thiopurine	Stop thiopurine if recurrent and difficult to manage skin cancers
Anti-integrin		No change	Limited data
Anti-IL 12/23, Anti-IL 23		No change	Limited data
JAK inhibitor		No change	Limited data
S1P receptor modulator		No change	Limited data
Thiopurine	Solid organ malignancy	<u>Consider alternative therapy</u>	Consider cessation if cervical or genitourinary cancer Risk not supported in all studies
Anti-TNF		No change	
Anti-TNF + thiopurine		No change	Limited data
Anti-integrin		No change	Limited data
Anti-IL 12/23, Anti-IL 23		No change	Limited data
JAK inhibitor		No change	Limited data
S1P receptor modulator		No change	Limited data

# Ανοσοτροποποιητικοί/ Βιολογικοί παράγοντες και κίνδυνος για 2<sup>η</sup> κακοήθεια/υποτροπή:

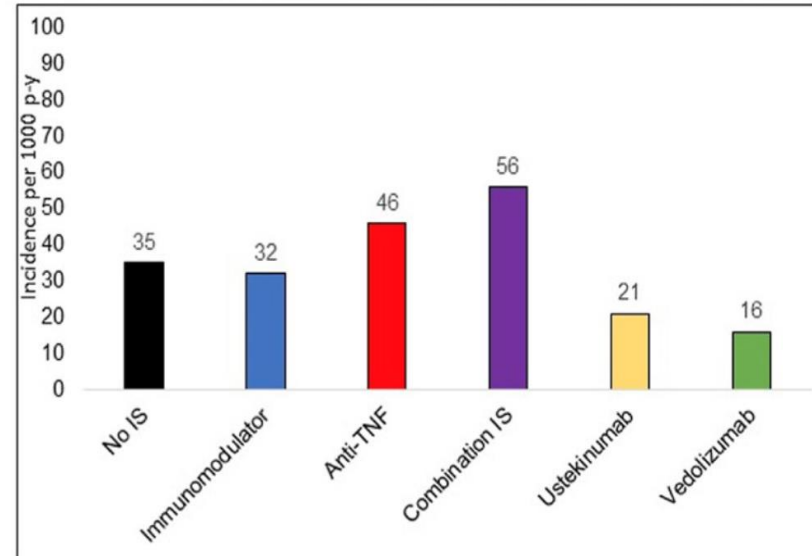


31 studies (17 IBD, 14 RA, 2 psoriasis, 1 AS)  
24,328 individuals  
85,784 person-years of follow-up

3,778 incident cancers on follow-up

- 2,133 new primary cancer
- 1,112 recurrent cancer
- 533 unclassified

No difference in cancer incidence between the different treatments



Clinical Gastroenterology  
and Hepatology

## Προβληματισμοί :

❑ Οι RCTs **αποκλείουν** τους ασθενείς με πρόσφατη κακοήθεια

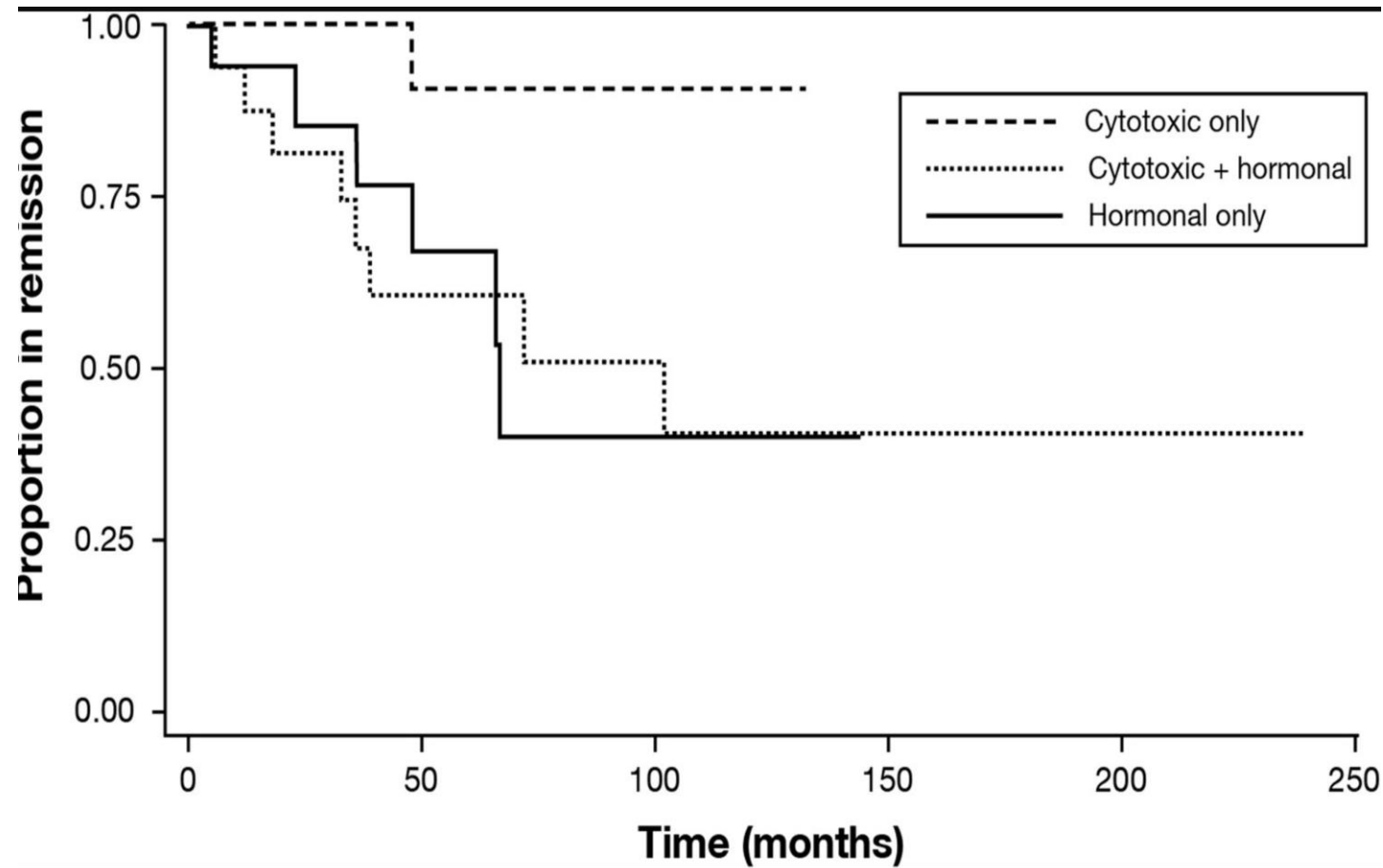
❑ Τα δεδομένα προέρχονται από **αναδρομικές μελέτες**

- **Μικρός** αριθμός δείγματος
- **Σχετικά** βραχεία παρακολούθηση των ασθενών
- Δυσκολία ελέγχου **συγχυτικών παραγόντων**
  - ✓ Προ-θεραπείας **ενεργότητα** IΦNE
  - ✓ Λήψη **περισσοτέρων από μία βιολογικών/ ανοσοτροποποιητικών** θεραπειών στη πορεία της IΦNE για **ποικίλο** χρονικό διάστημα
  - ✓ Διακοπή ανοσοτροποποιητικών/βιολογικών παραγόντων για τουλάχιστον 2-5έτη μετά την ολοκλήρωση της θεραπείας για τον καρκίνο



Πώς **επηρεάζει** η θεραπευτική αντιμετώπιση του καρκίνου την πορεία της υποκείμενης ΙΦΝΕ?

## Χημειοθεραπεία και ΙΦΝΕ:



- **67% (10 ασθενείς)** αυτών με ενεργό ΙΦΝΕ → ύφεση με κυτταροτοξική ΧΜΘ
- Προγνωστικός παράγοντας το **είδος** της αντικαρκινικής θεραπείας
- **90%** με ΙΦΝΕ σε ύφεση που έλαβαν ΧΜΘ παρέμειναν σε ύφεση (παρακολούθηση 5 έτη)
- Προτεινόμενος μηχανισμός:  
**Μείωση T λεμφοκυττάρων**

## Hormone Therapy for Cancer Is a Risk Factor for Relapse of Inflammatory Bowel Diseases

Jordan E Axelrad<sup>1</sup>, Ahmad Bazarbashi<sup>2</sup>, James Zhou<sup>3</sup>, Daniel Castañeda<sup>4</sup>, Amandeep Gujral<sup>5</sup>, Dylan Sperling<sup>6</sup>, Jason Glass<sup>7</sup>, Manasi Agrawal<sup>8</sup>, Simon Hong<sup>9</sup>, Garrett Lawlor<sup>10</sup>, David Hudesman<sup>11</sup>, Shannon Chang<sup>11</sup>, Shailja Shah<sup>12</sup>, Vijay Yajnik<sup>5</sup>, Ashwin Ananthakrishnan<sup>5</sup>, Hamed Khalili<sup>5</sup>, Jean-Frederic Colombel<sup>13</sup>, Steven Itzkowitz<sup>13</sup>; New York Crohn's and Colitis Organization

Affiliations + expand

PMID: 31302306 PMCID: PMC7354097 DOI: 10.1016/j.cgh.2019.06.042

### Abstract

**Background & aims:** Exposure to hormone contraception has been associated with an increased risk of relapse of inflammatory bowel diseases (IBDs). Little is known about the effects of cancer therapies, specifically hormone therapies, on the course of IBD.

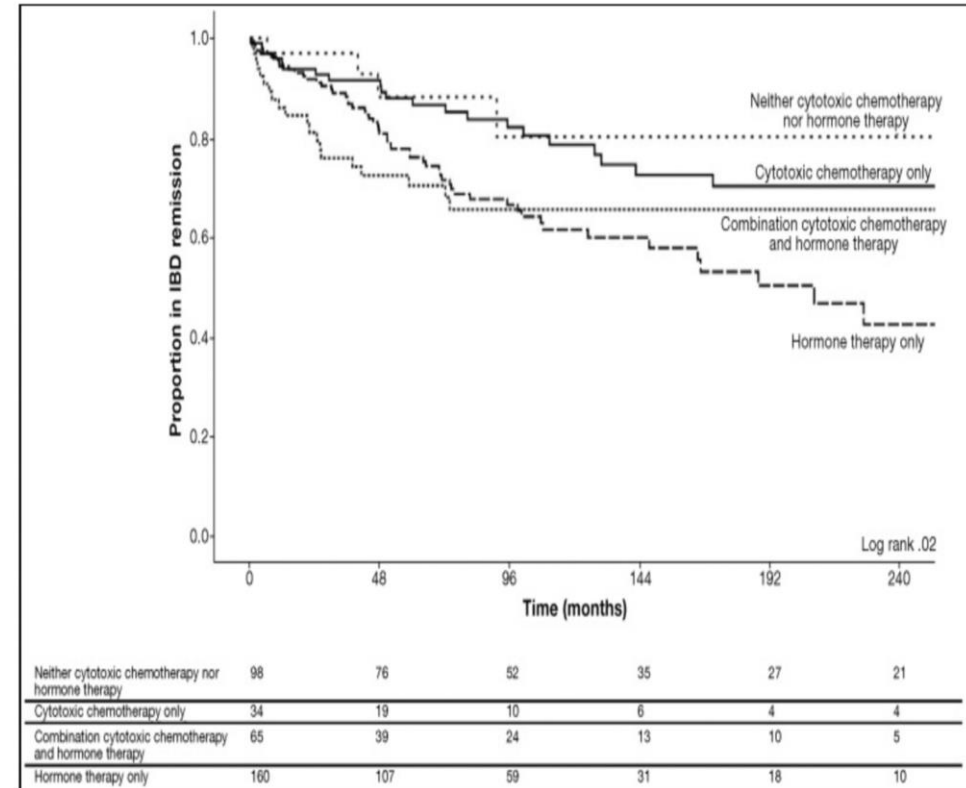
**Methods:** We conducted a retrospective cohort study, collecting data from 5 medical centers, on patients with IBD who received a subsequent diagnosis of breast or prostate cancer from 1997 through 2018. For patients with quiescent IBD at their cancer diagnosis, the primary outcome was relapse of IBD. For patients with active IBD at their cancer diagnosis, the primary outcome was IBD remission.

**Results:** Our analysis included 447 patients with IBD (44% with Crohn's disease, 53% with ulcerative colitis, and 3% with IBD unclassified) who had either breast (78%) or prostate (22%) cancer. At their cancer diagnosis, 400 patients (90%) had inactive IBD, and 47 (10%) had active IBD. Among patients with inactive IBD, 112 (28%) developed active IBD. Previous exposure to steroids, immunomodulators, or biologics was associated with IBD relapse after a cancer diagnosis (hazard ratio [HR] for steroids, 1.79; 95% CI, 1.18–2.71; HR for immunomodulators, 2.22; 95% CI, 1.38–3.55; HR for biologics, 1.95; 95% CI, 1.01–5.36). Hormone monotherapy (HR, 2.00; 95% CI, 1.21–3.29) and combination cytotoxic and hormone therapy (HR, 1.86; 95% CI, 1.01–3.43) was associated with IBD relapse. Among 34 patients who received only cytotoxic chemotherapy, 75% remained in remission from IBD at 250 months compared with 42% of those who received hormone monotherapy (log rank, 0.02). Among patients with active IBD at their cancer diagnosis, 14 (30%) entered remission from IBD, but there were no significant factors of achieving IBD remission.

**Conclusions:** In a multicenter retrospective study, we found that patients with IBD and breast or prostate cancer who receive hormone therapy have an increased risk for relapse of IBD and related adverse outcomes.

**Keywords:** CD; UC; disease flare; long-term outcome.

Figure.

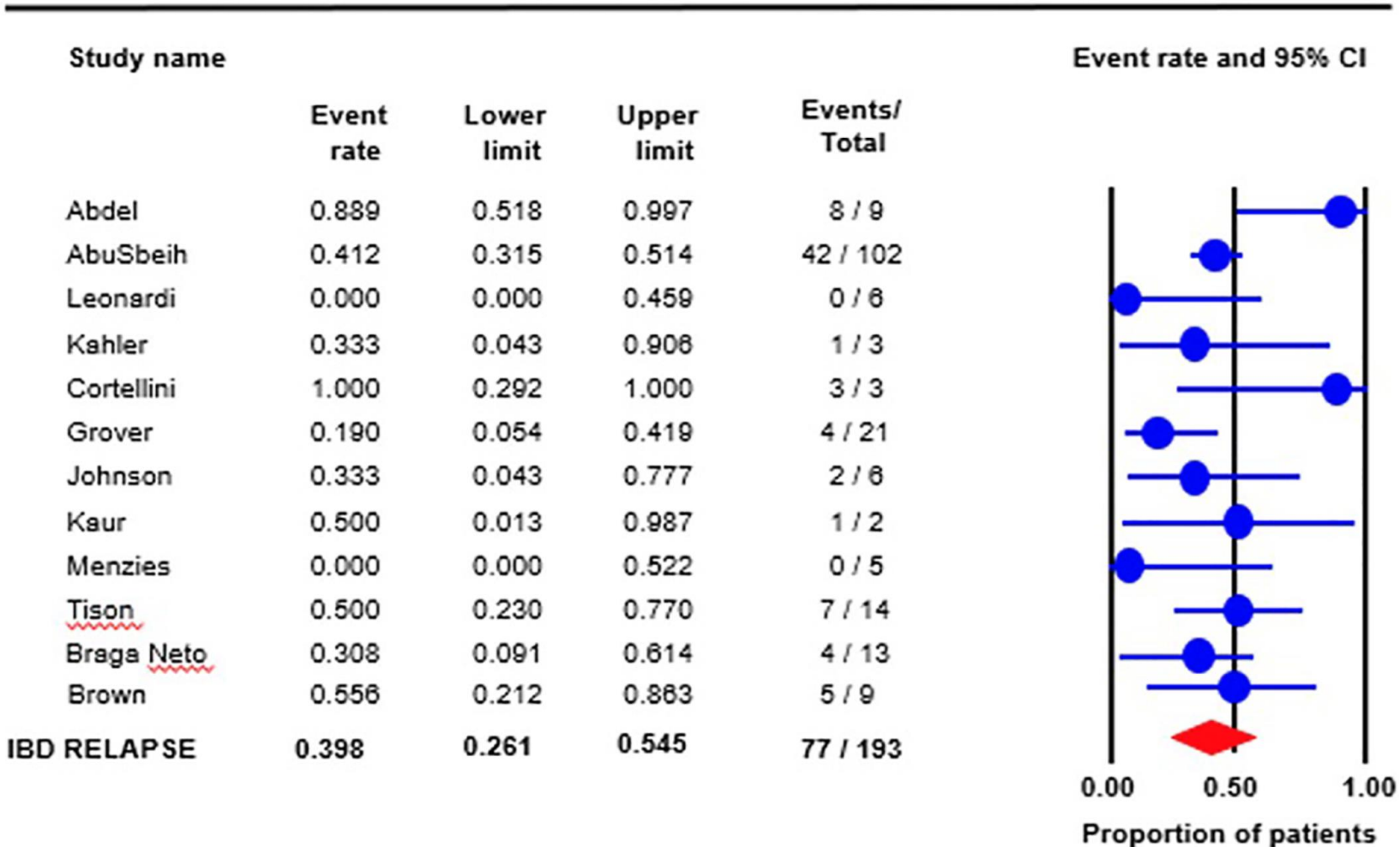


Time to IBD-related surgery, hospital admission, disease complication, steroid prescription, or endoscopic recurrence requiring a change in IBD management stratified by chemotherapeutic regimen.

## Ανοσοθεραπεία και ΙΦΝΕ:

- CTLA-4 (Ipilimumab, Tremelimumab)
- PD-1 (Pembrolizumab, Nivolumab)
- PD-L1 (atezolizumab, durvalumab, avelumab)

### Risk of Relapse of IBD with Checkpoint Inhibitors

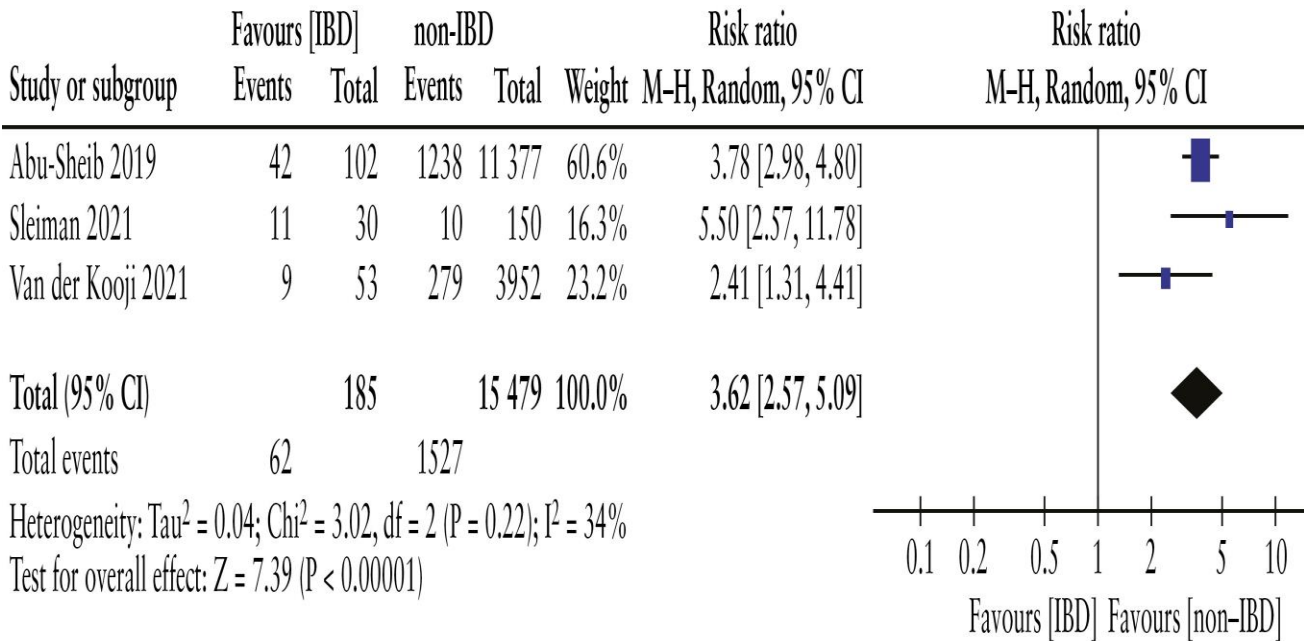


Έξαρση IBD στο **40%** των ασθενών (95% CI, 26.1-54.5), **I<sup>2</sup>: 66%**)

#### Αντιμετώπιση:

- 76% κορτικοστεροειδή
- 37% βιολογικό παράγοντα
- Το 35% διέκοψε ICI

# ICI τοξικότητα ΓΕΣ σε ασθενείς με vs χωρίς ΙΦΝΕ :



☐ **Αυξημένος σχετικός κίνδυνος** τοξικότητας ΓΕΣ

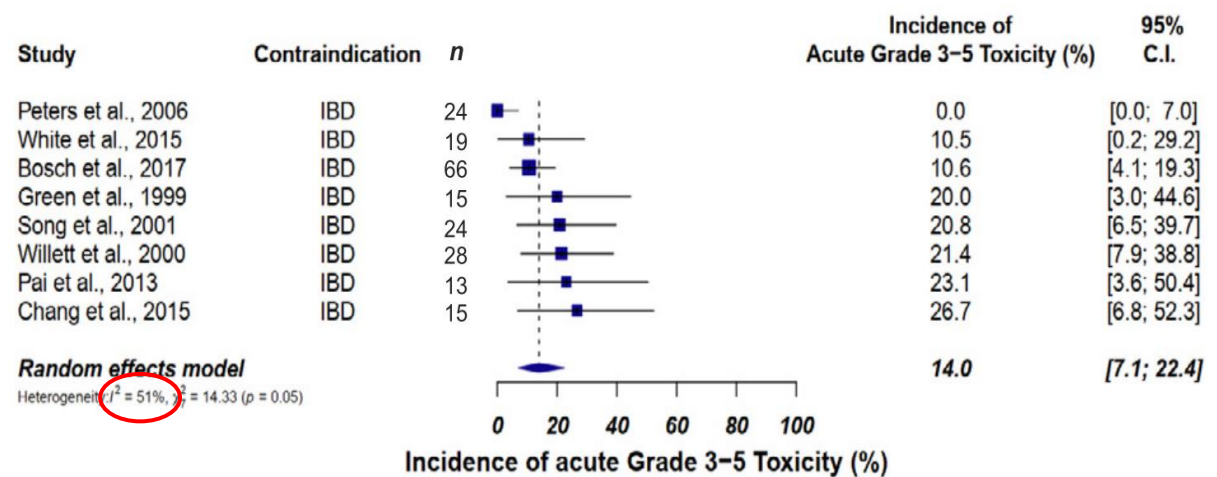
RR **3.62** (95% CI 2.5–5.09,  $I^2 : 34\%$ ,  $p < 0.01$ )

☐ **Όμως:**

- Μικρός αριθμός μελετών
- Δεν ελήφθη υπόψη η προ-θεραπείας ενεργότητα ΙΦΝΕ



# Ακτινοβολία και ΙΦΝΕ



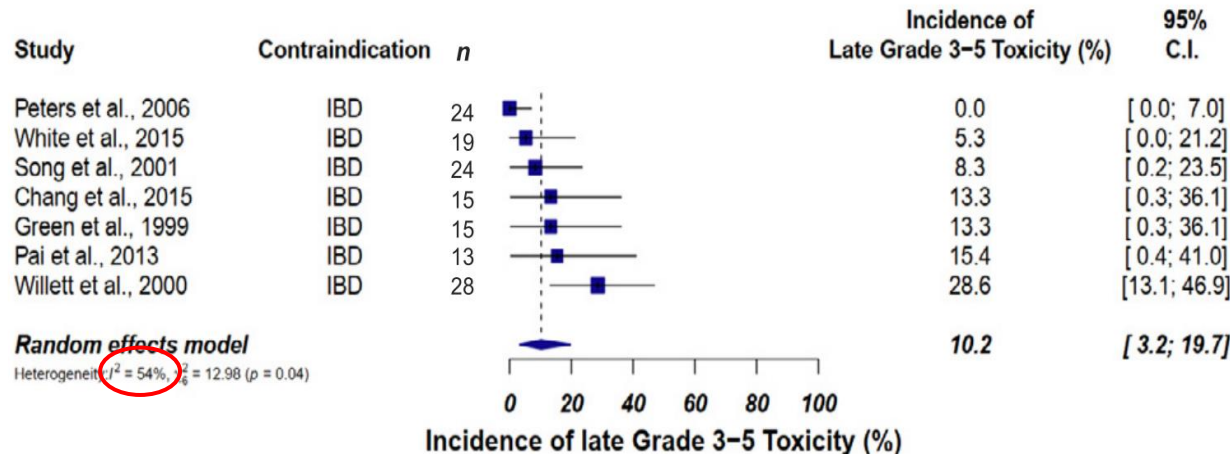
❑ Οξεία τοξικότητα 3-5<sup>ου</sup> βαθμού στο 14%

❑ Καθυστερημένη τοξικότητα 3-5<sup>ου</sup> βαθμού 10.2%

**Όμως**

- Ασθενείς με ποικίλα:
- Χαρακτηριστικά ΙΦΝΕ και ενεργότητα
  - Τύπους καρκίνου
  - Δόσεις ακτινοθεραπείας

D



**και**

- Δυσκολία ΔΔ έξαρσης ΙΦΝΕ vs τοξικότητα ακτινοβολίας
- Διαφορετικά συστήματα ταξινόμησης τοξικότητας

## Προβληματισμοί :

- Ομαδοποίηση** των αντινεοπλασματικών θεραπειών με βάση τη γενικότερη δράση τους **χωρίς** να εξετάζεται κάθε φάρμακο ξεχωριστά
- Συχνά χορηγείται **συνδυασμός** παραγόντων
- Διαφορετικοί τύποι καρκίνου
- Πολλά αντινεοπλασματικά φάρμακα έχουν ΓΕΣ τοξικότητες και συνεπώς δυσκολία **ΔΔ** από έξαρση ΙΦΝΕ
- Η **διακοπή των βιολογικών/ανοσοτροποποιητικών** φαρμάκων είναι συγχυτικός παράγοντας
- Δε** λαμβάνεται πάντα υπόψη η ενεργότατα ΙΦΝΕ προ της έναρξης ΧΜΘ
- Συχνά λαμβάνουν και **κορτικοειδή** ως μέρος του σχήματος θεραπείας



Ο ασθενής με κακοήθεια και πρωτοεμφανιζόμενη  
ΙΦΝΕ- **τι παραπάνω θα λάβω υπόψιν?**

## Ο ασθενής με κακοήθεια και πρωτοεμφανιζόμενη ΙΦΝΕ?

IBD Mimics presented at IBD LIVE, 2018–2023

Category	Mimic	n =	Diagnoses
Systemic diseases	CD	21	Vasculitis (7), CVID (2), Sweets (1), EGPA (1), CHAI (1), BADAS (1), Behcet's (1), eosinophilic esophagitis (1), carcinoid (1), histoplasmosis (1), sarcoidosis (1), amyloidosis (1), PIK3cd (1), adrenal insufficiency (1)
Ileal disorders	CD	15	BCL (4), IMHMV (2), follicular lymphoma (1), T-cell lymphoma (1), Kaposi's sarcoma (1), Meckel's diverticulum (1), pouchitis (1), appendicitis (1), carcinoid (1), tropical sprue (1), collagenous sprue (1), and autoimmune enteropathy (1)
Medication-induced	UC/CD	7	<b>UC:</b> Immune checkpoint inhibitor (Pembrolizumab [1], Ipilimumab + Nivolumab [2]) <b>CD:</b> Chemotherapy (Encorafenib + Binimetinib [1]), Olmesartan (1), Mycophenolate (1), mu-opioid receptor agonist (Kratom) + GABA-mimetic (Phenibut; 1)
Colonic inflammation	UC	4	Ischemic colitis (1), diversion colitis (1), CMV colitis (1), STI proctitis (1)
Diverticular disease + colitis	CD	2	SCAD (2)
Polyposis disorders	UC	2	Cronkhite-Canada syndrome (1), juvenile polyposis syndrome (1)
Obstruction	CD	2	Abdominal actinomyces (1), cecal volvulus (1)
Perianal disease	CD	1	Cryptoglandular abscess (1)
No diagnosis made	UC/CD	11	Unclear at time of IBD LIVE (9), presumed C-MUSE (1), presumed congenital tailgut cyst (1)

[Case Rep Gastrointest Med.](#) 2020; 2020: 6135425.

Published online 2020 Mar 23. doi: [10.1155/2020/6135425](https://doi.org/10.1155/2020/6135425)

PMCID: PMC7128061

PMID: [32328317](https://pubmed.ncbi.nlm.nih.gov/32328317/)

## Ulcerative Colitis in Hematological Malignancies: Paraneoplastic Manifestation or Coincidental Bystander?

[Gregorios Christodoulidis](#),<sup>1</sup> [Konstantinos Perivoliotis](#),<sup>1</sup> [Anastasios Manolakis](#),<sup>2</sup> [Alexandros Diamantis](#),<sup>1</sup>  
[Apostolos Koffas](#),<sup>2</sup> [Dimitrios Magouliotis](#),<sup>1</sup> [Vasiliki Pappi](#),<sup>3</sup> and [Dimitrios Zacharoulis](#)<sup>1</sup>

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[J Inflamm Res.](#) 2023; 16: 3319–3327.

Published online 2023 Aug 8. doi: [10.2147/JIR.S418733](https://doi.org/10.2147/JIR.S418733)

PMCID: PMC10422985

PMID: [37576158](https://pubmed.ncbi.nlm.nih.gov/37576158/)

## A Case of Ulcerative Colitis Induced by Paraneoplastic Syndrome?

[Tao Zhang](#),<sup>1</sup> [Zhu-Bin Pan](#),<sup>1</sup> [Wen-Jia Tong](#),<sup>2</sup> [Yu-Liang Zhou](#),<sup>1</sup> [Yuan Cheng](#),<sup>1</sup> [Dan-Qun Jin](#),<sup>2</sup> [Shi-Qin Qi](#),<sup>1</sup> and  
[Zhen-Qiang Zhang](#)<sup>1</sup>

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# The LIR!C study..

## Research in context

### Evidence before this study

Treatment of patients with ileocaecal Crohn's disease in whom conventional therapy fails is commonly scaled up to biological agents. However, surgery can offer excellent short-term and long-term results. We searched PubMed and Embase from March 14-17, 2017, with the following terms: "laparoscopic ileocaecal resection", "infliximab", "anti-TNF", "Crohn's disease", and "quality of life". Publications in English between Jan 1, 1990, and Jan 1, 2017, were accepted.

### Added value of this study

Effectiveness of laparoscopic ileocaecal resection and infliximab in restoring quality of life has previously been shown, but no randomised controlled trials had compared these strategies

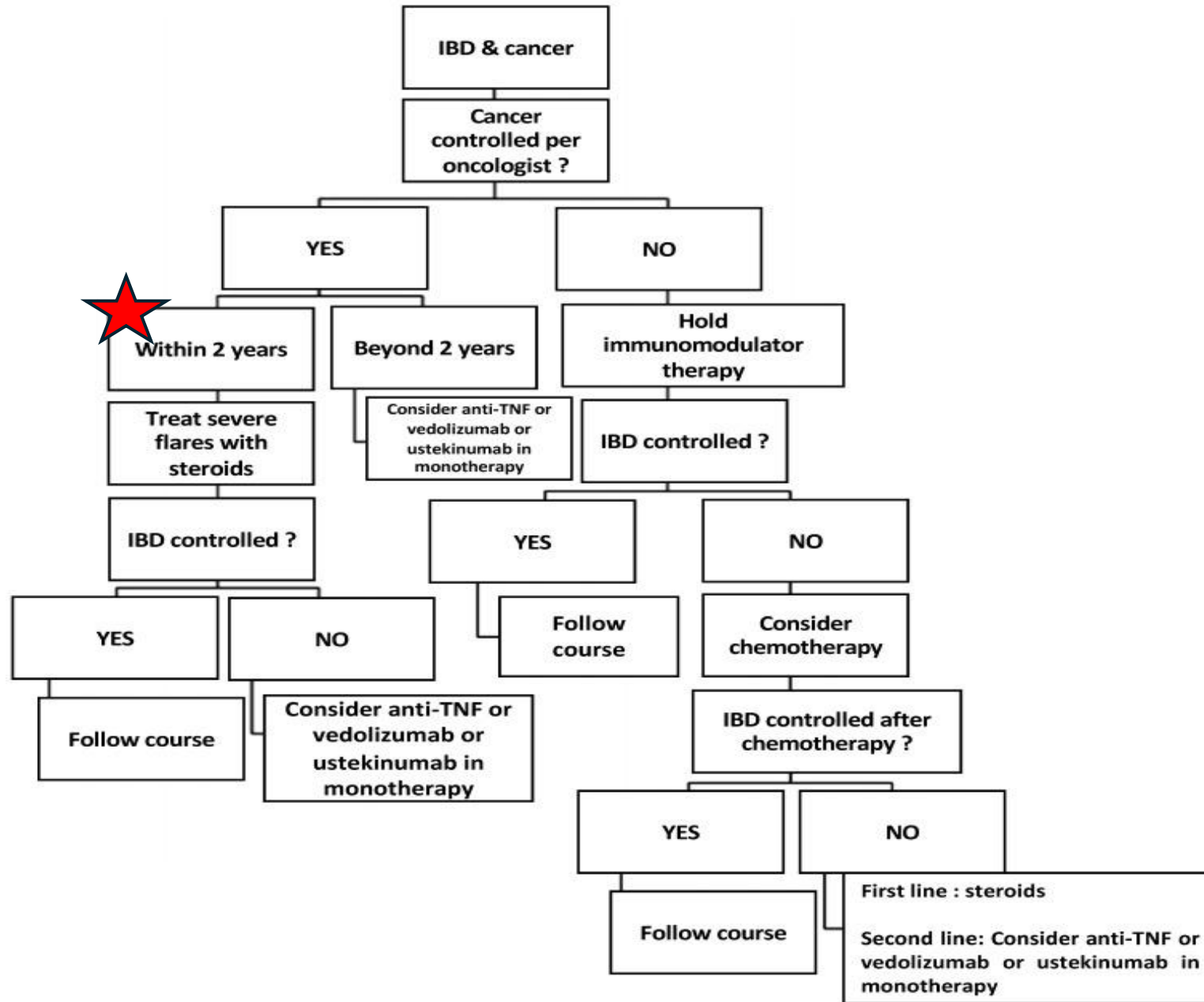
directly. We showed that laparoscopic ileocaecal resection did not improve quality-of-life scores to a significantly greater extent than infliximab treatment, but results in similar quality-of-life scores and is not associated with more serious adverse events. Long-term follow-up data indicated that more than a third of the patients who started on infliximab required an ileocaecal resection within a few years, whereas only one in four patients who initially had resection needed anti-TNF therapy later.

### Implications of all the available evidence

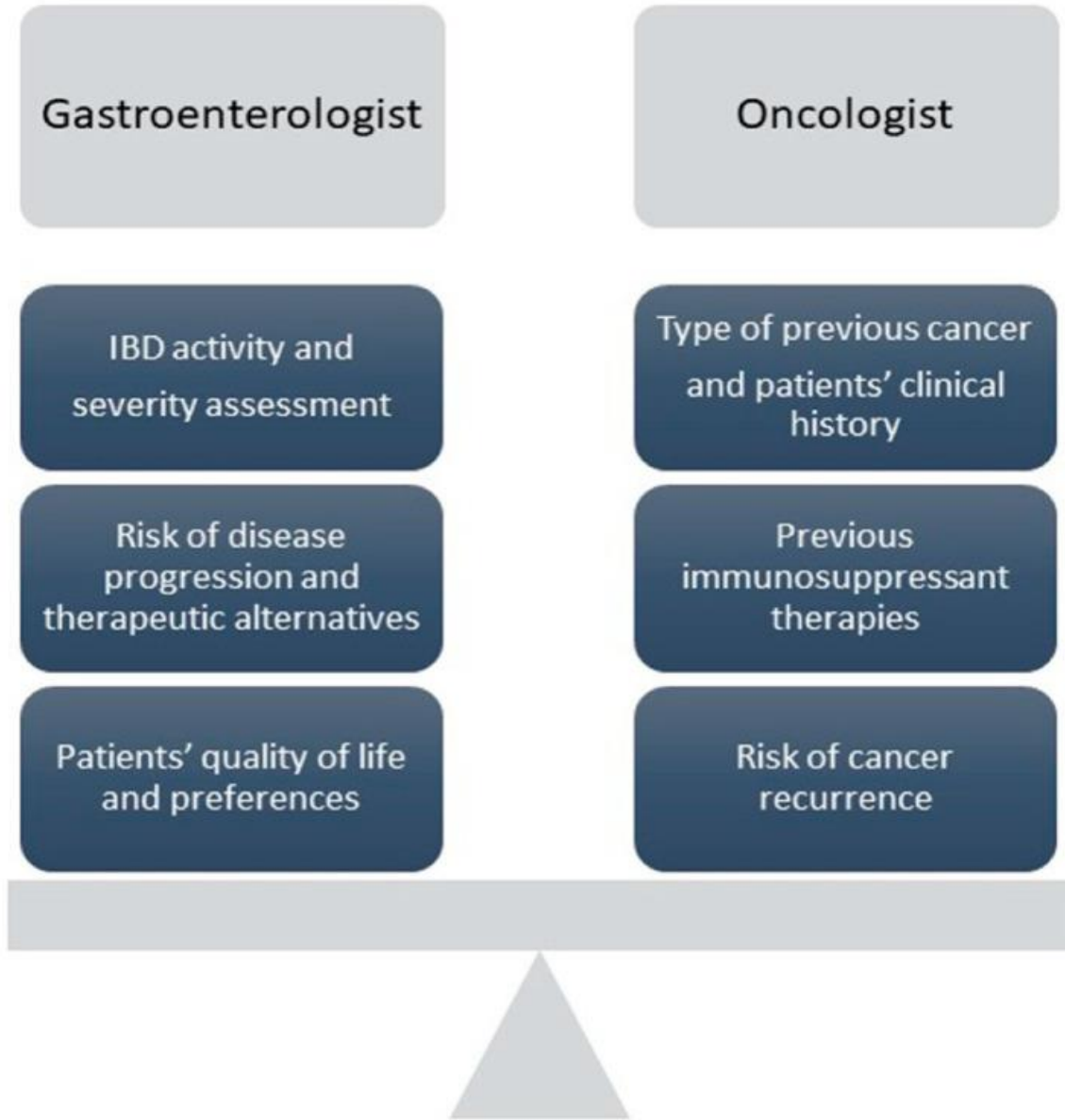
Based on this trial, we conclude that laparoscopic ileocaecal resection is a reasonable alternative to infliximab in patients with limited, non-stricturing, ileocaecal Crohn's disease in whom conventional therapy fails.

- ❑ Πολυκεντρική RCT
- ❑ Infliximab vs Laparoscopic Ileocecal resection
- ❑ Ασθενείς με ενεργό ειλεΐτιδα <40εκ και αποτυχία σε 3 μήνες θεραπεία με γλυκοκορτικοειδή/θειοπουρίνες/MTX
- ❑ Συγκρίσιμα αποτελέσματα στον 1 χρόνο
- ❑ Στα 5 χρόνια:
  - 1/69 resection group → 2° χειρουργείο
  - **20% δε χρειάστηκε φαρμακευτική αγωγή**
  - 1/3 infx group → χρειάστηκε χειρουργείο

# Αλγόριθμος αντιμετώπισης ασθενών με ΙΦΝΕ και καρκίνο:



## Συμπερασματικά:



- Κατά περίπτωση προσέγγιση ασθενούς
- MDT που να περιλαμβάνει και ογκολόγο και γαστρεντερολόγο **με ειδικό ενδιαφέρον στις ΙΦΝΕ**
- Ο ασθενής **ενημερώνεται** για τους κινδύνους και **συμμετέχει** στις αποφάσεις



**Ευχαριστώ για την προσοχή σας!**



## Ενδεικτική Βιβλιογραφία:

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